

THE GROWING CRISIS OF OPIATE ABUSE IN THE NORTHWEST

2013 MINDING YOUR BODY
(CROSSFIT x DALAI LAMA x DERBY GERMS)

P.12

Save Money. Win Prizes.

Win Dutch Bros. & Fred Meyer Gift Cards

Register at DriveLessConnect.com
and log your trips to WIN!



bike



bus



pool



walk



Drive less. Connect.
Matching people with places.



Drive less.
Save more.

Life OF THE MIND

INSIGHT SEMINARS at the UNIVERSITY OF OREGON

Spring 2013

Modernist Fiction

Professor Paul Peppis (English)
Saturdays, April 6, 13, 20, 27 (9:30 a.m.–noon)
Browsing Room, 106 Knight Library, 1501 Kincaid Street
Cost: \$99

This seminar will focus on reading key works of fiction of the “Modernist Movement” of the first half of the 20th century: short stories and novels by James Joyce, Virginia Woolf, Ernest Hemingway, and Nella Larsen. How did these authors, writing in different places and times, respond to the belief that the twentieth century demanded new kinds of fiction, not only new stories about living in a new, modern world, but stories in new, modern forms?

The Sonnet and Its Moments

Professor Leah Middlebrook (Comparative Literature)
Saturdays, May 4, 11, 18, and June 1 (9:30 a.m.–noon)
Browsing Room, 106 Knight Library, 1501 Kincaid Street
Cost: \$99

A song meets an argument. Their connection is instantaneous, alchemical, and of their union is born . . . modern wit! Not your conventional, run-of-the-mill notion of the sonnet, perhaps. But as this class will demonstrate, the thirteenth century origins of the sonnet form have something to do with the flexibility, the astonishing durability, and the perennial “modernity” of this most conventional, most iconic—and yet so often, this most surprising and innovative poem. This class will examine contemporary sonnets alongside earlier examples from the European Renaissance. By the end of the course, you may feel stirred to compose a sonnet or two of your own.



LIBRARIES
University of Oregon

To register, call 541-346-1889, or online at:
libweb.uoregon.edu/administration/insight.html

EO/AA/ADA institution committed to cultural diversity. © 2013 University of Oregon DES 052ae

*“LTD lets me enjoy my
freedom and independence
by allowing me to go
when I want and arrive
on time, every time.”*

Ed Necker
LTD Customer
Since 1998



ltd.org



Lane Transit District
541-682-6100 (voice)
7-1-1 (TTY-Oregon Relay)

Kids Dress Shoe Sale ...in time for Easter!



Hush Puppies Bowtina
Reg. \$60 **Sale \$29.97**
Girls 8.5-1
pink pearl, white pearl

Joseph Allen
Reg. \$40 **Sale \$24.97**
Boys 11-7 black

They outgrew last year's, right?

It's the perfect time to grab this year's size...ON SALE NOW! Smart, charming styles in all the fits that make small feet feel good. Hurry in!

Sale ends April 3.

Men's & Women's
dress shoes also on sale



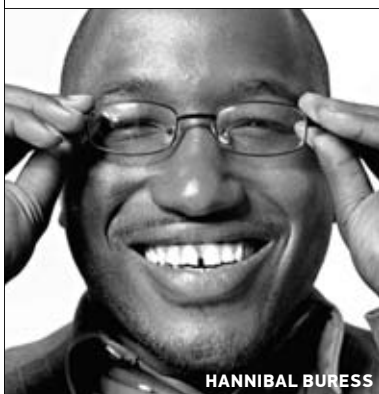
burch's kids

16 Oakway Center, Eugene, OR | 541.683.4115 | burchsshoes.com

CONTENTS

MARCH 28 - APRIL 4, 2013

- 4 Letters
- 8 News
- 11 Slant
- 12 Feature:
Getting Clean in Eugene
- 18 Minding Your Body
- 22 Calendar
- 26 Galleries
- 27 Visual Arts
- 27 Movies
- 28 Music
- 33** Comedy
- 34 Classifieds
- 38 Personals



HANNIBAL BURESS

WHO YOU GONNA BLAME?

EDITORIAL

EDITOR Ted Taylor
ASSOC. EDITOR/REPORTER Camilla Mortensen
FEATURES & NEWS REPORTER Shannon Finnell
ARTS EDITOR Alexandra Notman
CALENDAR EDITOR Andy Valentine
CONTRIBUTING EDITOR Anita Johnson
CONTRIBUTING WRITERS Anne Bridgman, Brett Campbell, Rachael Carnes, Ulrick Casimir, Rachel Foster, Kayla Godowa-Tufti, Anna Grace, Mark Harris, Natalie Horner, William Kennedy, Rick Levin, Brian Palmer, Ephraim Payne, Aaron Ragan-Fore, Vanessa Salvia, Sally Sheklow, Lance Sparks, Mark Sullivan, Molly Templeton, Jackie Varriano, David Wagner, John Williams, Dante Zúñiga-West
INTERNS Nick Poust, Kevin Piaskowski, Amy Schneider

ART DEPARTMENT

ART DIRECTOR/PRODUCTION MANAGER Todd Cooper
TECHNOLOGY/WEBMASTER James Bateman
GRAPHIC ARTISTS Trask Bedortha, Sarah Decker
CONTRIBUTING PHOTOGRAPHERS Paul Neevel, Rob Sydor
PHOTO INTERN Athena Delene

ADVERTISING

DISPLAY SALES MANAGER Mark Frisbee
NATIONAL SALES MANAGER Rob Weiss
DISPLAY MARKETING CONSULTANT Sharon Burnett, Michelle Naidoo
CLASSIFIED MANAGER Jayme Fuller
CLASSIFIED SALES Maggie Pitcher

BUSINESS

DIRECTOR OF SALES & MARKETING Bill Shreve
CIRCULATION MANAGER/CONTROLLER Paula Hoemann
DISTRIBUTORS Bob Becker, Mary Lee, Pedaler's Express, Susan And David Lawson, Richard Hunt, Mike Goodwin, Quick Draw, Gwen Bailey & Rodney Jim
PRINTING Signature Graphics

HOW TO REACH US BY E-MAIL:

(editor): editor@eugeneweekly.com
(letters): letters@eugeneweekly.com
(advertising): ads@eugeneweekly.com
(classifieds): classys@eugeneweekly.com
(personals): info@wink-kink.com
(calendar listings): cal@eugeneweekly.com
(music/clubs/special shows): music@eugeneweekly.com
(art/openings/galleries): visualarts@eugeneweekly.com
(performance/theater): performance@eugeneweekly.com
(literary arts/readings): books@eugeneweekly.com
(movies/film screenings): movies@eugeneweekly.com
(circulation): circulation@eugeneweekly.com

EUGENE WEEKLY OFFICE

1251 LINCOLN ST. EUGENE, OR 97401
541-484-0519 • FAX 541-484-4044

EW subscriptions: send name, address and check to
1251 Lincoln St., Eugene, OR 97401-3418.

\$25/3 mos. \$40/6 mos. \$70/12 mos. Printed on recycled paper.
Eugene Weekly is published every Thursday by What's Happening Inc. Application to mail at periodical postage rates is pending at Eugene, OR. Postmaster: Send address changes to Eugene Weekly, 1251 Lincoln St., Eugene, OR 97401-3418.
©2013 What's Happening Inc. All rights reserved.



525 HIGH ST.
EUGENE
541-683-1999
Over 80 Varieties of locally made,
original soups

-Custom Salads
-Gourmet Sandwiches
-Full Espresso Bar
-Sourdough Bread Bowls
-Try a Soup Sampler!
-Frozen Quarts to go
-Gift Cards Available!



Check Us Out @
www.soupnationeugene.com
Like us on Facebook and see our daily menu!



HEAR YE,
HEAR YE !!

LEGAL NOTICES

Place your legal notices
in the Eugene Weekly!
FAST, EFFICIENT SERVICE

call Jayme 541.484.0519 ext 10

e: legals@eugeneweekly.com

FAX: 541.484.4044

Eugene Weekly qualifies for posting legal ads

Make a Lasting Impression This Summer!



UNIVERSITY
OF OREGON

UO Summer Session June 24–September 6

See schedule online now!
Registration begins in May.

Learn something meaningful
to you this summer at the
University of Oregon.

uosummer.uoregon.edu
facebook.com/uosummer
541-346-3475

EO/AA/ADA institution committed to cultural diversity. © 2013 University of Oregon DES 189ac

BEST-KEPT SECRET

Fourteen years ago, my wife and I struggled to find the best 4J high school for our oldest daughter. We lived just inside the east boundary of the Churchill district, but South Eugene was only a 15-minute walk away. We attended the International High School (IHS) information meeting, but concluded that our very intelligent daughter would not be happy in that program. She wanted to be on a high school newspaper staff, but South's newspaper was the product of a journalism class that required junior status. We were at a loss until we met Pat Latimer, then principal at North Eugene.

Latimer told us North had the best-kept secret in Eugene — North was producing more AP credits per student than any other high school in 4J. At the time, North was the only 4J high school that did not offer IHS, and the local hype claimed that all of the smart kids enrolled in IHS.

We were sold by Latimer's enthusiasm and enrolled our daughter. It was the best decision we ever made. Blessings followed until Latimer left and the new principal discarded North's secret when he opened the doors to IHS, then accepted the Gates Foundation offer to fund a Small Schools program. Fortunately, our youngest daughter graduated before the magic faded.

North's secret was a four-period schedule. The five-period schedule now being contested in 4J is not the same

as the schedule that brought magic and accomplishment to North during Latimer's time. The difference between the two is like black and white.

4J would be wise to model its high schools after the UO. A UO student has full-time status at 12 credit hours a term. Usually, one class earns four credits. Students taking 16 credits are working very hard. Taking 20 credits destroys their ability to learn anything.

Latimer no doubt pondered these things; the result was a beautiful simplicity. North had a four-period schedule in a quarter system. Students had the same three or four classes every day for nine weeks. Class time was available to do homework while the teacher was in the room. Classmates could easily help each other with homework and group projects could be worked on conveniently during class.

The magic was a normal full-year course was completed in half a year. Two years of math in one year was doable. At most, students had homework from just three or four classes. At most, a teacher taught just three different groups of students each term and had one class period per day for other purposes. Who loses in that arrangement? Nobody!

Both of our daughters thrived at North, and both of them earned full-ride academic merit scholarships to the UO as a result. My advice: Do what Pat Latimer did.

Steven A. Sylwester
Eugene

A HEALTHY ALTERNATIVE

Forestry pesticides have long been a human health issue for rural Oregonians. What brought attention to this issue first was *Citizens Against Toxic Sprays v. Clarke* in 1983 in southern Oregon. This lawsuit was won by CATS and banned the use of pesticides on federal forests. Currently there is the ongoing Hwy. 36 exposure investigation. It is widely known that the use of pesticides on clearcuts is the cheapest way to kill invasive species (maple trees, blackberries, etc.), and the quickest way to poison neighbors. One helicopter can spray hundreds of acres of clearcut in a matter of hours, exposing many unsuspecting neighbors to cancerous concoctions of pesticides.

By adopting federal management regulations on private timber lands, the giant timber corporations would be forced to hire crews to manually remove the invasive species. More jobs means more taxable revenue and a stimulated local economy. These same logging companies (owning more than 5,000 acres) are exempt from paying most of the timber and harvest taxes that a small mom and pop family would pay if they were to cut their trees.

But the greatest thing that will come out of ending forestry pesticides is ending the 40-year human health emergency in western Oregon.

Peter DeFazio, in 1985, called upon

Congress to enact a moratorium on the use of pesticides in all of western Oregon, fearing a human health emergency. Now Congressman DeFazio wants to treat the O&C lands in Oregon like private lands, opening them up to clearcuts followed by repeated pesticide applications.

We will create many more jobs and taxes for local communities by ending forestry pesticides and forcing timber barons to pay the same timber harvest tax as small family woodlots.

Justin Workman
Board member of STOP,
Standing Together to Outlaw
Pesticides

THE CLOCK IS TICKING

The March 14 *Weekly* had an interesting and important article about the Farmers Market. I, along with many other downtowners, really want the farmers to stay downtown on a permanent basis. They bring a lot to our neighborhood and to the entire city. They are very positive contributors to the community.

There is, unfortunately, an important thing to note. The article states: "the how-to-expand debate has continued for more than a decade, with no timeline for a solution in sight." The first part is true. The second part really isn't.

I'm a member of the Expenditure Review Panel; we track the expenditures for the Downtown Urban Renewal District

HOT AIR SOCIETY BY TONY CORCORAN

Pope Retires to Waldo Lake

BUT THE LEGISLATURE GRINDS ALONG

As Spring arrives, the 77th Hot Air Society is devolving into Salem's version of our national political gridlock. Republicans are showboating with an unacceptable PERS reform proposal and refusing to negotiate over new taxes. Meanwhile, Democrats are hiding the ball on specific PERS reforms, quite understandably, until the Ways and Means picture is clearer. Anyone who thinks Oregon can *adequately* fund education, *adequately* fund public safety, *adequately* fund programs for seniors, the disabled and the poor, without new revenue, simply by PERS reform, should go back to their little girl fantasy tea party. The negotiated settlement for this session has left PERS reform and budget bottom lines tightly intertwined. I'm not sure that is such a good idea, but maybe it's inevitable given the cards each caucus has to play. My preference would be to see a special joint committee dealing solely with PERS reform as opposed to a silly dog-and-pony show that will only lead to a lot of empty saber rattling. I can mix my metaphors if I want.

Luckily for us here in Lane County, with one notable exception, this is arguably one of the most talented delegations we've sent to Salem since I began following Oregon politics in the '70s. I've already talked about Floyd Prozanski and his work on public safety as chair of Senate Judiciary. Springfield's Lee Beyer, a seasoned veteran leader formerly in the House and now in the Senate, a close confidant of Senate President Peter Courtney, is chair of Business and Transportation. Chris Edwards, another rising star, continues his strong work on two Ways and Means subcommittees, chairing the Subcommittee on Natural Resources.

In the House we have Lane County's newest star, Majority Leader Val Hoyle. As mentioned before, in only her second election cycle, Val has assumed a higher leadership position than any Lane County Democrat since Grattan Kerans was speaker of the House and Ed Fadeley was Senate president in the late 1980s. Remember last column, when I asked you who chaired the all-important House Revenue Committee, the guy who could tax anything that moved? Phil Barnhart is the man; no revenue measure reaches the floor without his help. Everything will be up for negotiation: repeal tax loopholes, lottery retailers, sin taxes on cigarettes and beer and wine, sales tax, corporate and personal income tax.

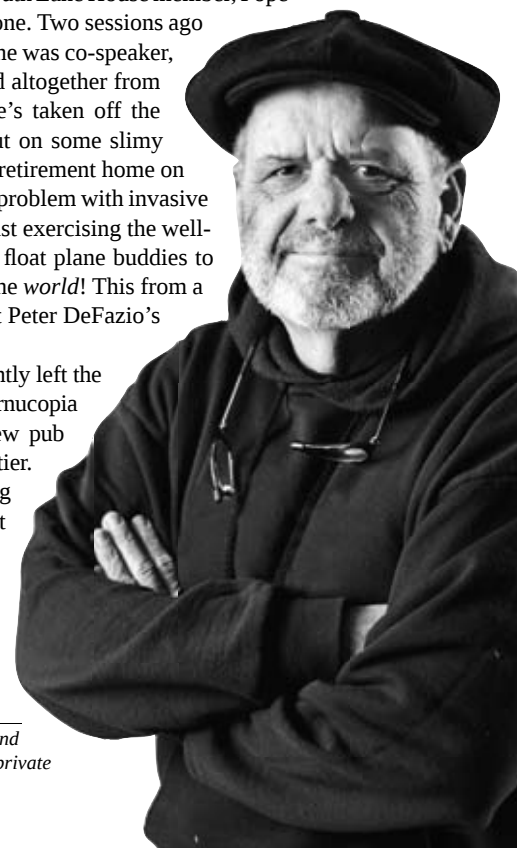
Maybe even a small tax on those leashes the lobbyists use on legislators — couldn't hurt. Phil's been through the revenue battles each session; he is both passionate and pragmatic.

Paul Holvey, the man who brought you clean air through his field burning wars, is back again as chair of the House Consumer Protection and Government Efficiency Committee — otherwise know as the Oxymoron Committee. He'll have his hands full this cycle with genetically modified everything, from canola to fish. Nancy Nathanson continues her hard work in the Ways and Means process: She's co-vice chair and a member of three subcommittees, including being co-chair of the critical Ways and Means Subcommittee On Human Services. Nancy is well respected on both sides of the aisle for her diligence and fairness. And John Lively is a great addition. His longtime experience as a local government leader and economic development guru will serve us well.

The only disappointment is my own South Lane House member, Pope Hanna the 16th. He has abdicated his throne. Two sessions ago he was speaker of the house, last session he was co-speaker, with Arnie Roblan. This year he resigned altogether from Republican leadership in the House. He's taken off the white robe and the little red slippers, put on some slimy Mucks and hopped on a floatplane to his retirement home on Waldo Lake. Biology, schmiology. Got a problem with invasive species? Buy some bug spray. Bruce is just exercising the well-established civil right of he and his rich float plane buddies to lay waste to one of the cleanest lakes in the world! This from a guy who's been rumored to be looking at Peter DeFazio's seat or even the governorship? Really?

Finally, our local Hot Air Society recently left the safely circled wagon train at Eugene's Cornucopia and ventured out into the new microbrew pub land beyond Glenwood's scary frontier. We met at Springfield's newest watering hole, called Plinktown. It's the perfect existential fit for downtown Springtucky. You bring in your own firearms to plink at empty beer bottles — thus the name. And it's located right downtown conveniently next door to a few titty bars and the jail. Now that's culture!

Tony Corcoran is currently a state employee and his observations in this column are those of a private Oregon citizen.



THIS MODERN WORLD

by TOM TOMORROW



grants such as the \$500,000 grant for infrastructure improvements to the Park Blocks mentioned in the article. I need to point out that there is a deadline for the Farmers Market to use the urban renewal funds.

The \$500,000 will not be available to the farmers after the Downtown District expires, which is estimated for June 30, 2018. This may sound far off, but it really isn't. Losing the grant wouldn't be the end of Farmers Market, I'm sure. It would, however, really limit their options.

I hope they find a solution soon.

David Mandelblatt
Eugene

HOLLER-WORTHY

Once again the aging citizenry is blamed for whatever is wrong. In "Opera: Not Dead" (EW, March 14) I read, "pandering to an aging core audience with endless recyclings of the same top 10 operatic/

symphonic warhorses." I do not remember myself or anyone I know over 65 being asked. I've been waiting for a production of the Swedish space opera *Aniara*, and, not long ago, relished the Fonz-like Don Giovanni packing a pistol instead of a longsword or épée.

Sitting on my hemorrhoid donut and suckling my Metamucil, I found *Dead Man Walking* uplifting. I wanted to holler out Olé! ... or is it Bravo!? Oh my, the aging memory.

Jim Wood
Eugene

STUDENTS IN NEED

I am deeply troubled by 4J's decision to cut the 3.5 FTE mental health specialist positions at the end of this year. In my opinion it is absolutely essential to maintain this core program for the benefit of the 4J students, their families and the broader Eugene community.

Eugene Cares? more like Eugene Scares
hold 'em just so long
till we get the cash

Libraries
Pools
Police & fire
Human services
Cahoots van
etc.

voteno20-211.org

They promise to save the services for only one year, but you will be paying the price forever **Vote NO City Fee**
Paid for and authorized by Citizens for Truth, Justice, and the American Way- treasurer, David Monk

The Shedd Institute

www.theshedd.org - 541-434-7000

The Eye Center

John H. Haines, MD
Kent A. Karren, MD

The Contemporary Songbook Project

Evyne Hollens
Shirley Andress
Shannon Coltrane
Bob Cross
Bill Hulings
Tyler Ankenman

Evyne Hollens

Friday & Sunday
April 5 & 7

eugene URGENT CARE

HOME COMFORT

hey bayles! farm

Molly Ringwald
Friday April 12

ISLER CPA
CERTIFIED PUBLIC ACCOUNTANT & BUSINESS ADVISOR

**Taj Mahal
Shemekia Copeland**
Tue, Apr 23 Hult 682-5000

ISLER CPA
CERTIFIED PUBLIC ACCOUNTANT & BUSINESS ADVISOR

The district's mental health specialists provide the students with extremely important guidance and perspective. They help students struggling to cope with various forms of anxiety, eating disorders and emotional issues. They are well known to the students and have earned their trust over time through their regular encounters in the schools. When the inevitable tragedy occurs, such as drownings at the coast, teen suicides or devastating automobile accidents, these mental health specialists provide essential support to the students and help facilitate the healing and grieving processes. If these highly experienced, caring individuals are no longer around to do their important work, then students in need can easily fall through the cracks.

If left unchecked, unresolved mental health issues can lead to behavioral problems in the classrooms, disengaged and troubled youth or much worse. We are all aware of how bad it can get. When will the hemorrhaging in the district stop? What will it take to realize the enormity of the risk that 4J is taking in cutting these essential positions?

Jared G. Rubin
Eugene

JUST MORE HOSTILITY

With the recent video emerging of police breaking up a "noise complaint," along with spring break upon us, I wanted to communicate my continued frustration with the city's representation of the student body. I want to specifically discuss my issues with the "social host" ordinance, as I have found it to only create more hostility and distrust between students and not only the police force, but the city's elected officials, too.

I'm writing with the hope that solutions other than instituting fines that target students may be explored. I believe that police officers should be focused on solving problems, not acting as party patrol or even enforcing the laws necessarily. If the police are called to respond to a noise complaint, where's the need in handing out multiple thousand-dollar citations? Besides, the law is so vague that I call into questions bars and block parties. What would happen if I were a neighbor and were to call in a bar on a night that a band is playing? Or during the Whiteaker Block Party? Would they receive social host citations?

I'm simply asking that we look for alternative solutions not only to combating the partying, but also simultaneously trying to improve the relations between

students and officers. Solutions like that of the University of Colorado, where students register parties ahead of time with the local officers, or alternatives to partying should be made available to students and taken into consideration and deliberated.

Let's do this smarter. Let's get this right.
Aidan R. Smith
Eugene

BUTTERFLY TOO STEEP

Much thanks to Shannon Finnell for a comprehensive, clear article [3/14] about the space issues of the Lane County Farmers Market (LCFM). Shannon's article made it apparent how a simple goal of farmers selling local food can become quite complex. LCFM appreciates the community's understanding and discussion around this increasingly-important topic.

A simple space solution that often gets passed around is using the existing "butterfly" parking lot for the Farmers Market. We wish it were so easy. The slope of the surface exceeds ADA limitations.

For consumers currently looking for a spacious and quiet stroll past fresh veggies, fish, nuts, plant starts and preserves, LCFM operates every Saturday from 10 am to 2 pm at its 8th and Oak location from the first Saturday in February until the main-

season market opens the first Saturday in April.

April 6 is the opening day of the main-season Saturday market this year. Though farmers hope for more spacious vending conditions in the near future, this season will start as usual with operating hours of 9 am to 3 pm.

Sarah Hucka, president,
LCFM Board of Directors

WIC SAVES MONEY

Women, Infants, and Children (WIC) is a federal money saving service to guide the health of low income pregnant women through childbirth and the first five years of the child's life. It is preventive health care. The government's plan to cut this program will have more mothers and babies needing hospitalization and expensive medical care.

Our country is already at the bottom of the list for healthy babies and now we have discovered that we have more women under the age of 49 dying — two times as many dying under 49 years as any other industrial country. Contact your member of Congress to keep our WIC health service. It is past time for universal health care!

Ruth Duemler
Eugene

SHE WHO WATCHES BY KAYLA GODOWA-TUFTI

Warm Springs Canoe Family

HEALING FROM HISTORICAL TRAUMAS

People have had an intimate relationship with water. Not only is it our bodies' life source and without it nothing on Earth could grow, but also it has been utilized as a means of transportation all over the world prior to industrialization. Our waterways were once our highways. All across North America varying kinds of canoes were tailored to fit the type of water they would be used on. These canoe-carving skills were acquired through years of trial and error and passed down through family lineage. The canoe was a vessel for transport and an essential part of our everyday lives. We had sacred bonds with our canoes, which gave them a spirit all their own — a spirit that almost died and has now been resurrected.

A journey to awaken the spirit of the canoe and to bring about the healing of our people known as the "Paddle to Seattle" began with nine canoes in 1989. As in ancient times, the paddlers can take weeks to reach their destination. The celebration has been reawakening Indigenous, Native American and First Nation cultures since. Elders believe that through canoe-pulling, a tribe achieves perfect harmony and balance. Great healing occurs.

On my mother's side, the Klamath people of southern Oregon used our canoes for everything from seasonal food gathering, transportation along rivers, through marshes and across lakes, to ceremonial burial. My father's side comes from the Columbia River Gorge. Many canoes plied the Columbia prior to white settlement, hauling goods and people up and down the river, which served as the transportation backbone of a vibrant regional trade network.

Our canoes were also used for seasonal food gathering and for ceremonial burial. Burial islands on the Columbia River were a sacred, holy place of final destination — a place where finely crafted canoes adorned scaffoldings as a way to show high honor for an individual who had passed on. Our ancestors were buried in their finest and shown the utmost respect when making their final journey. Columbia River Gorge tribes of the Warm Springs Indian Reservation referred to the river, our sacred place, as We'Muł (Kiksht), N'Chi Wana (Ichishkin) and Pabahuudu (Numu).

Relocation in 1855 from the mighty Columbia Gorge to reservations left works of art and tools for gathering like basketry, pottery, petroglyphs and canoes along

the river where they had resided for thousands of years. The establishment of dams on the river forced relocation upon Indigenous peoples by flooding thousand-year-old villages, burial and fishing sites, virtually erasing thousands of years of historical memories, our close relationship to the land, water and our culture. The river is an environmental and social justice issue, and dam construction has infringed upon countless treaty rights. To this day, many spirits remain unsettled beneath the murky waters of historical trauma.

Decades after forced relocation to reservations, in 2009, the Confederated Tribes of Warm Springs acquired a 36-foot canoe, named N'chi Wana in March 2010 and currently resting at The Museum at Warm Springs. Our intent is to revitalize cultural history and practices and share these teachings with generations amid a circle of sobriety and prevention. The N'chi Wanapum Canoe Family has since journeyed to the Native Nations of the Makah, Swinomish and Squaxin Island. The Canoe Journey is now more than 100 tribal canoes annually from throughout the Northwest and beyond. This will be Warm Springs' fourth journey and our third year in existence. N'chi Wanapum departs their ancestral waters of the Columbia Gorge July 18 to land on the western Washington shores of the Quinault Indian Nation July 31, traveling 310 miles. Landing will be followed by a week of cultural exchange and feasting amongst the hundreds of tribes in attendance.

The need for help continues to grow for our youth to partake in the life-changing experience. N'chi Wanapum's participation has grown from 39 people in 2010 to 79 in 2012, the fastest growing project on the Warm Springs Indian Reservation. Community-wide participation has grown to over 225 in only three years and this year's journey will require vehicles for 80 members.

Yet the volunteers, funds and assets to sustain such a growing group of youth and elders have not been able to keep up. Cultural gifts and donations are exchanged along the journey among host communities and nations, followed by their largest giveaway at their final destination. Tax-deductible financial gifts to the project can be made through The Museum at Warm Springs. The group is also seeking a large passenger bus, several passenger vans and a 4x4 pickup for towing the canoe. Also needed are weatherproof coats, bandanas, sweatshirts and sweatpants.

N'chi Wanapum meets weekly to discuss the annual Canoe Journey. They hope to one day establish their own nonprofit status along with a cedar strip canoe and a canoe carved from a whole cedar log. The ambitions of the family currently require a canoe shed large enough to house such works of art and an office.

The Warm Springs Canoe Family sincerely invites you and your families to attend Canoe Journey. Canoe families and Native Nations unite from throughout the Northwest to partake in this monumental event. You will have the honor in witnessing a journey of spirituality and ceremony as we reintroduce the canoe to our people of Warm Springs.

Kayla Godowa-Tufti is a member of the Confederated Tribes of Warm Springs of Oregon.

Healthy Water is ESSENTIAL for a Healthy Body

When chlorine is consumed in tap water, it destroys the natural microflora throughout the body, adversely affecting natural immunity and dramatically increasing the risk for immune disorders and cancer.

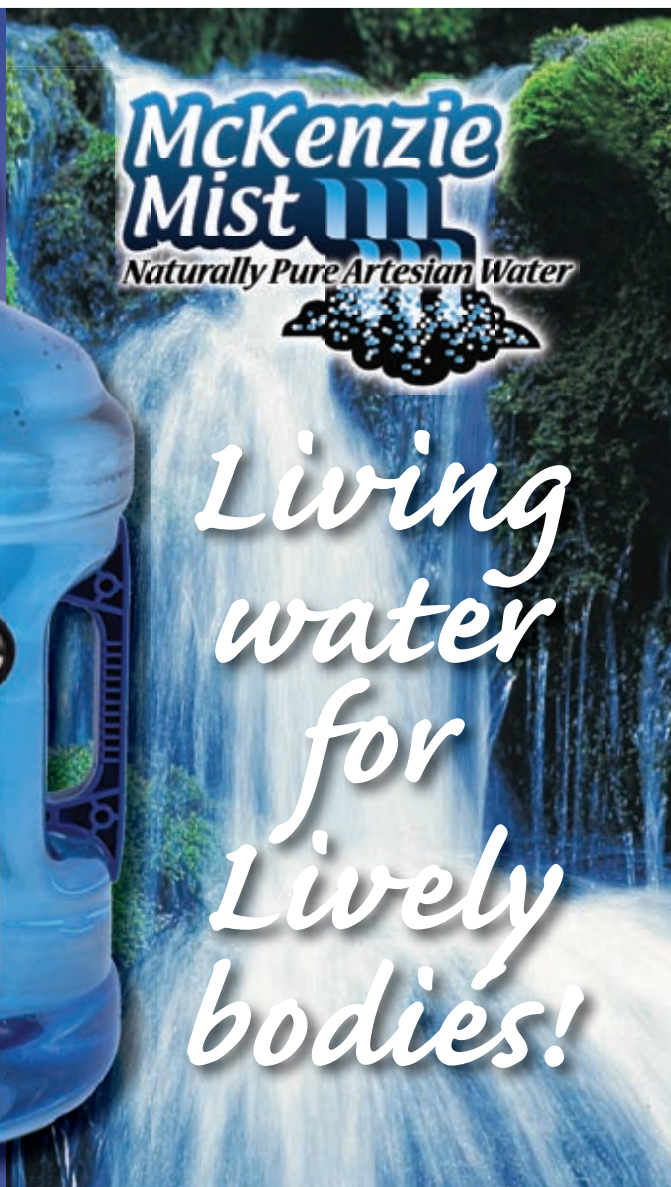
"Individuals who consume chlorinated drinking water have an elevated risk of cancer of the bladder, stomach, pancreas, kidney and rectum as well as Hodgkin's and non-Hodgkin's lymphoma." — Dr. Michael J. Plewa

The President's Council on Environmental Quality states "there is increased evidence for an association between rectal, colon and bladder cancer and the consumption of chlorinated drinking water."

Breast cancer affects **1** in every **8** women in North America. A Hartford, CT study found "women with breast cancer have 50–60% higher levels of chlorination byproducts in their breast tissue than women without breast cancer."

By law, municipal tap water is disinfected with chlorine—all the way to your faucet!

McKenzie Mist—Naturally Pure Artesian Water is bottled fresh daily—from our private and protected, 280-foot deep artesian well, located high in the Cascades—and is never treated with chlorine.



*Living
water
for
Lively
bodies!*

Call **541-747-8072** Visit us at **4040 W. 11th Avenue in Eugene**, or visit **www.mckenziemist.com** to learn more

**Medical Marijuana has helped
thousands of people reduce their
use of prescription pain medication.**

If you suffer from Migraines,
Chronic Nausea, Fibromyalgia,
Degenerative Disc Disease,
Neuropathy, Arthritis or any
chronic pain condition, it's
possible that you qualify for your
Oregon Medical Marijuana Card.

**DO YOU QUALIFY FOR YOUR
MEDICAL MARIJUANA CARD?**

To find out, call us at **888.920.6076**
Visit us online at **OMMPCARD.COM**

**It's Your Medicine It's Your Right
GET LEGAL!**

Phone: 888.920.6076 • Fax: 541.482.2581
247 W. 10th Ave • Eugene OR 97401



Northwest
Alternative Health

Your **OMMP** Advocate

NEWS

SCHOOL BOARD TO SEEK MORE INPUT AFTER SPRING BREAK

The 4J School Board heard more public testimony March 20 both in support of and in opposition to the district's move to a common high school schedule, and against cuts to health and library programs. And the board's chair proposed holding more feedback sessions with teachers and community members.

At the start of the meeting, Board Chair Jennifer Geller acknowledged that "in retrospect, we understand and believe that more could have been done to work with additional stakeholders and our teachers to understand the perceived and real issues" regarding the schedule change. After spring break, she said, the board would like the district to convene discussions with parents and teachers. The board also wants the Eugene Education Association (EEA) to set a weekly time for teachers to talk to board members about any issue.

Expecting a large turnout, the board reduced the time members of the public could speak from three minutes each to two.

Public comment about the schedule change ranged from continued requests to delay implementation to concern about teachers not supporting moving ahead. Some 91 percent of teachers at North Eugene High School, 81 percent of teachers at Sheldon High School and 74 percent of teachers at South Eugene High School have signed a petition expressing their concerns about the change and requesting a delay in implementation.

"This is a year when we are facing a very large budget shortfall," said parent T.J. Forrester. "It's not the time to be implementing a new program when you do not have a handle on potential problems." Forrester mentioned a 2011 study of Superintendent Sheldon Berman's former district, which moved a number of schools to a 3x5 schedule. The study, "The Structure of Time: How Trimester Schedules Impact Teaching and learning in the Jefferson County Public Schools of Louisville, Kentucky," showed what Forrester terms "mixed results."

"We need to study, we need to quantify and learn from the academic and financial effects of the schedule change at Churchill High School after the completion of the school year, instead of relying on anecdotal evidence," he said.

Alex Thies, a recent North graduate, cited several reasons he opposes the 3x5 schedule, but his comments about teacher-student relationships struck a chord amid proposals to cut programs. "Teachers will have less time to learn about their students, and thus be ill equipped to look for the warning signs of problems arising in each of their student's lives," he said. "This reduced observation time taking place while we simultaneously cut our mental health professionals will surely lead to students falling through the cracks and being left behind."

EEA President Tad Shannon said he was disappointed that the board's work session on the common schedule failed to include a single teacher.

Several people spoke in favor of the schedule change.

South Principal Randy Bernstein said a common schedule won't end site-based decision-making. "Teachers in every school will continue to be the creative and innovative professionals that they've always been," he said.

Others spoke against cutting mental health services, closing high school clinics and curtailing library services. These have been suggested as ways 4J can trim its anticipated \$10 million budget shortfall next year. But even with such cuts, increases in class size and more furlough days are expected. — Anne Bridgman

OLIVE STREET CLOSING BETWEEN 12TH & 13TH

Attention, fans of downtown Olive Street's businesses and organizations: It's time to re-route your paths for the next six months. The city is closing Olive Street between 12th and 13th avenues for the construction of Capstone's student housing project from approximately April 1 until phase one is completed in September.

City Traffic Engineer Tom Larsen says that while a year-long, one-block closure isn't a small one, the scale of the project and its use of overhead cranes means the closure is a safety necessity. "There really is not a way that we could allow traffic and pedestrians that would protect a pedestrian from falling sheetrock that weighs 3 or 4 tons," he says. "The safest thing is to close the street."

When phase one of the Capstone project opens in September, Larsen says that the city will close one lane of 13th Avenue for construction staging during phase two of the project.

Larsen says that most traffic takes two to three days to adjust to a closure, but he says that most businesses and their customers will adapt.

The most recent example of something similar in scale is the downtown LCC building, and its construction blocked one lane of 10th Avenue for six months. — Shannon Finnell

DISC GOLF COURSE TO OPEN AT CITY PARK

The grand public opening of the new Disc Golf Course at Alton Baker Park has been set for Monday, April 1, following the finale of the Willamette Valley Winter Series of disc golf tournaments to be held on the course Saturday, March 30.

"When Eugene's only disc golf course was installed in Westmoreland Park in 1988, there were less than 250 disc golf courses in the world," says organizer Andrew Rich, who will be the concessionaire for the course. "Today, there are over 4,000 disc golf courses in the U.S., but still just one in Eugene. That will change on April 1 when the new disc golf course in Alton Baker Park is officially opened to the public."

Rich says he's been working on the Alton Baker Park course for four years, along with Tournament Director Matt Benotsch and many others involved in the Eugene Disc Golf Club. The group has held numerous events, such as the Ice Bowl and the Food Toss, which raise money and also support FOOD for Lane County. Benotsch says the Ice Bowl is held by disc golf organizations around the country to raise money for food banks around the time of the Super Bowl.

"During the public planning process for the disc golf course, the city of Eugene required that the course not come at any expense to the budget for Parks and Open Space," says Rich. "The decision was made to contract a concessionaire for the course who would be responsible for construction and maintenance of the facility." Rich was the successful bidder for the disc golf course operations, under the business name Pure Disc Golf, LLC. Players at Alton Baker Park will pay a daily fee of \$3 to use the course and yearly passes are available. The course will have an onsite pro shop with equipment and refreshments.

Rich says that unlike the operation of Laurelwood Golf Course, which receives a subsidy from the city, the Alton Baker disc golf course will be required to make payments to the city of Eugene of \$400 per month and an annual 1 percent of gross revenue. The revenue percentage will go to 2 percent in the second year and 3 percent for the

CONTINUED P. 10 >>>



PEGGY SOOMIL

"My life has been a journey across the U.S.," says choreographer Peggy Soomil, who grew up in a five-story tenement a mile from the Empire State Building. She took her first ballet class at age 5, studied modern dance in her teens and auditioned for Julliard at the suggestion of her gym teacher. "It was a tough place to be," she says. "Out of 100 who started, only five of us graduated." She spent four years as a member and soloist in the Anna Sokolow Company, and six years with her own Peggy Cicierska Dance Company. She left New York in 1975 for a year in Cleveland with members of her company, then joined forces with dancer Kim Arrow for performance and teaching gigs in numerous Western cities, from Boulder to Bellingham, until 1983. She taught choreography at UCLA and earned an MA. She married Steve Soomil, a musician and composer, in 1984 and they adopted Dan, a Peruvian child. They departed L.A. in 1991 and found a house on a wooded South Eugene hillside. "Six months later, we started this studio," says Soomil, who currently teaches dance and conditioning classes for adults three evenings a week in the pentagonal room among the tall firs. Check YouTube for some recent videos of her choreography. Soomil's husband, Steve, who shared the studio space, died of cancer in 1998. Her son Dan is a student at LCC.

CITY BUDGETS TO BE RELEASED IN MAY, JUST BEFORE ELECTION

In fiscal year 2013 (which began July 1, 2012), the city of Eugene's budget was a whopping 408 pages — without its glossary and definition of acronyms. Citizens and advocacy groups who want to comb through the proposed fiscal year 2014 budget prior to voting on the proposed city service fee will have to consume the budget, decipher it and get their messages out in three weeks or less, and that's to converse with voters who might remain undecided until the last minute.

This year the city manager's office plans to release two budgets in early May, one with the city service fee and one without. Ballots will be mailed May 3, and the election is May 21. Unofficial ballot return data from the Nov. 6, 2012, election indicates that 23,060 Lane County ballots were returned by Oct. 24.

"The timing gives them enough time to use it to advocate for their fee campaign, but not enough time for citizens to analyze it," says Bonny Bettman McCornack, co-director of

'The city manager controls the assumptions used to project the numbers'

- BONNY BETTMAN MCCORNACK

based on assumptions, and the city manager controls the assumptions used to project the numbers," she says. "There are stated variables composing the methodology used by the manager, but he gets to weight those variables."

The audited numbers for general fund revenue will be forecasted in the Comprehensive Annual Fiscal Report (CAFR), which the city releases at the end each fiscal year in June.

Chris Wig, campaign manager for pro-fee group Eugene Cares, says he doesn't think the May release of the budgets is too short a time frame for voters. "I don't think that that is necessarily the most relevant detail as to the city fee itself," he says. Instead, he says he's focusing on the potential for losing important services and the creation of an exemption process for low-income people.

Mayor Kitty Piercy, who is in favor of the fee, says that the city budget is transparent, but due to dedicated or constrained funds, some money can't lawfully be moved from account to account. "We think the public has and will continue to have very transparent information regarding the city budget, and each of us as budget committee members, staff or electeds are always ready to answer questions," she says. "I don't think that a critique of the city's budget process or of the workings of the budget committee is relevant, necessarily," Wig says. "There is a budget shortfall. That's a fact."

Bettman McCornack disagrees, saying "As far as I can tell, since Ruiz gets to pick the numbers he uses, give or take several million here and there, for both revenue and expenditure projections, releasing the budget can be a powerful political tool for the city. Especially in the absence of the audited numbers in the CAFR." — Shannon Finnell

anti-fee PAC Citizens for Truth, Justice and the American Way. Bettman McCornack says that the budgets out in May won't have the audited numbers she would trust to make a decision. "The budgets are proposed budgets

FINDING BALANCE CAN BE REWARDING.

\$0 NO BALANCE TRANSFER FEE

10,000 REWARD POINTS

WITH FIRST QUALIFIED PURCHASE, BIG or SMALL

NORTHWEST REWARDS



\$0 BALANCE TRANSFER FEE

\$0 ANNUAL FEE

LOW RATES

FINDING FINANCIAL BALANCE IS NOW MORE REWARDING THAN EVER.

www.nwcu.com/rewards

Northwest COMMUNITY

Northwest of Banking

All loans subject to approval. Rates, terms, and conditions are subject to change without notice and may vary based on creditworthiness. Visit www.nwcu.com/about_us/disclosures/northwest-rewards-visa/ for more information on rates, fees, and other cost information, as applicable.

CU SERVICE CENTERS
The Member-Friendly Financial Network

CO-OP
NETWORK

CONSTRUCTION STARTS AS EARLY AS APRIL 1ST

OR 58 Salt Creek Tunnel and Half Viaduct Project, Milepost 56 Spring to mid-October 2013

Project Location



OR 58 Suggested Alternate Routes



Nighttime highway closures

Monday — Thursday from 8 p.m. to 6 a.m.

Open to a single lane of travel weekdays

Monday — Thursday from 6 a.m. to 8 p.m.

Open to a single lane day and night on weekends

Friday at 6 a.m. until Monday at 8 p.m.

Other travel impacts:

- Pilot cars will escort motorists
- Expect 20 minute delays
- Oakridge will always be open from the west
- Crescent Lake and Willamette Pass will always be open for business from the east

Know Before You Go

To learn more about the construction project and schedule, visit the project website at www.58tunnel.com.

For the latest road conditions, visit www.TripCheck.com or call 511.

Oregon Department of Transportation



Eugene Bicycle Works is a new nonprofit community bike shop in Eugene. It partners with local retail bike stores to collect used bike parts as part of the Bucket Full O' Parts project at the Center for Appropriate Transport. Donated parts are used to build affordable bikes for youth and people with limited resources. The public can drop off used bike parts at any of the participating shops, such as Arriving by Bike, Collins Cycle Shop, Hutch's Bicycles, Life Cycle Bike Shop, Paul's Bicycle Way of Life, REI, Simply Cycle or 10/10 Cycles. See catorgeon.org or call Noah Roberts at 683-3397.

Dates have been set for the 30th annual **Art and the Vineyard Festival** at Alton Baker Park. The festival is always associated with the Fourth of July and last year the holiday was on Wednesday, which complicated scheduling. This year is better. The Fourth falls on a Thursday so that day and that evening's Freedom Festival Fireworks will kick off the popular art, wine and music event, which will run through Saturday, July 6. The festival is a major fundraiser for the Maude Kerns Art Center, supports regional artisans and attracts about 30,000 people. The deadline for applications for artists who want to participate is March 29. For information on sponsorship, vending, performance and volunteering, call 345-1571 or visit mkartcenter.org.

The Many Rivers Group **Sierra Club** will have its first official office in Eugene starting in early April, according to Sally Nunn, club chairperson. The office will be in

the Growers Market building, 454 Willamette St. No phone number yet, but to volunteer in the office, contribute or otherwise help out, email sally.nunn@oregon.sierraclub.org or find the local chapter at oregon.sierraclub.org.

Kitsch-22, the vintage clothing store and art gallery at 1022 Willamette St. in Eugene, will have a grand opening under its new ownership from 6 to 9 pm during the First Friday Artwalk April 5. Featured works will be from local artists Richard Quigley, Wendi Kai, and Marie Slatton-Valle. New owners are Allison Ditson, Rebecca Welton and Norman Lent. Kitsch was bought in December from Mitra Chester of Deluxe and Aaron Chester of Perk Espresso. It was renamed Kitsch-22 by the new owners.

We mentioned Springfield Farmers Market in this column back on March 7, but failed to say that it changed its name last fall to **Marketplace@Spout!** It's located at 4th and A streets in Springfield and is open from 3 to 7 pm on Fridays. Sprout! is planning a "Stalkholder Meeting" from 4 to 8 pm Saturday, April 20, with lots of food, beverages, live music, dancing, auction and prize giveaways. Suggested donation is \$5.

SheerID is a new national business based in Eugene providing merchants and service providers with opportunities to offer discounts to verified active duty military personnel and their families, and other targeted groups. David Shear, Marci Hansen and Jake Weatherly are co-founders. "We are a team of marketing geeks, programming whiz kids and creative account advisors who are transforming the world of ecommerce," reads the company's mission statement at sheerid.com.

NEWS

>>> CONTINUED FROM P. 8

third, fourth and fifth years. More information about the course (including a map and video) can be found at www.eugenediscgolf.com or email purediscgolf@yahoo.com — *Ted Taylor*

LATINO FORUM TALKS EDUCATION, EQUITY

Between tuition equity and local school budget cuts, Latinos will have a lot to talk about at the second Lane Latin@ Leadership Forum: "Latin@s and the Education System" on April 4. (The @ symbol is a gender-inclusive way to write "Latino.") Organizer Phillip Carrasco says that the forum will include a couple of potential questions, but the format will emphasize an open dialogue between five panelists and the audience.

Carrasco says that the Oregon Legislature's passage of a tuition equity bill is "probably the hottest thing to talk about" right now. The bill made it possible for certain undocumented students to pay in-state tuition in the Oregon University System. It applies to those who have attended school in the U.S. for at least five years, studied at an Oregon high school for at least three years and graduated, and plan to become a U.S. citizen or lawful permanent resident.

There's also likely to be a lot of discussion of cutbacks at schools, Carrasco says, including concern from parents about physical education and music programs being cut. "There are plenty of proposals through the city that have started to gain notoriety, and that might come up," he says.

Panelists include Carmen Urbina, parent, family and diversity coordinator at 4J; Juan Cuadros, principal of Buena Vista Spanish Immersion School; Edward M. Olivios, associate professor and department head of education studies at UO; Michael Sámano, coordinator of ethnic studies and project director of Integration of Vets in Education at LCC; and Anselmo Villanueva, board member of Lane County Education Service Dis-

trict. Support for the program was provided by Associated Students of LCC, Carniceria Mi Tierra and MEChA.

Carrasco says that the many leaders and community members at the event will show how younger generations in the Latino community bring new ideas to the table while older people provide the community with wisdom and experience.

The forum begins with a 6 pm social half-hour with the forum following. For more info, see wkly.ws/1fx or email carrasco.philipanthony@gmail.com — *Shannon Finnell*

HONDURAN PRIEST TO SPEAK IN EUGENE

Visiting Honduran Jesuit priest Father Ismael Moreno Coto, known as Padre Melo, will speak about the violence and corruption in Honduras and Latin America at 7 pm Tuesday, April 2, at the Friends Meeting House, 2274 Onyx St. in Eugene.

The crisis in Honduras is rooted in the Central American wars of the 1980s, according to Lucy Edwards of Ashland, who will be accompanying Padre Melo. "During the Reagan administration, Honduras, under the influence of the CIA, became the primary base for Contras waging war against Nicaragua under its democratic Sandinista regime," she says. "The U.S. also actively supported violent authoritarian regimes in neighboring El Salvador and Guatemala. A coup in 2009 brought on a new rash of violence."

Padre Melo has been on the receiving end of death threats and intimidation as director of Radio Progreso serving northern Honduras. He also directs a social research and action center in the region (eric-rp.org/content). Edwards is an international human rights volunteer with the Honduras Accompaniment Project. She lived in Nicaragua with Witness for Peace for two years and is former news director for Jefferson Public Radio. Edwards can be contacted by email at westerndesk@yahoo.com.

CORRECTIONS/CLARIFICATIONS

- Regarding our news brief March 14, "Liberals Support Logging Plan?" we heard from the House Majority Office in Salem that Rep. Val Hoyle was *not* one of the chairs of the committee that drafted Senate Joint Memorial Resolution 6. Rep. Hoyle is co-chairing the House Task Force on O&C Counties, but this group was not involved with the plan discussed in the story. The House Majority Office tells us it believes the task force "is looking for a solution to the same issues SMJ 6 deals with." Joint committee members can be found at wkly.ws/1fw

- Our story March 21 on Mercedes Russell, star basketball player for the Springfield Millers, had the wrong ranking for the team's season. The Millers came in second in the state and went on to lose to Willamette in the state tournament.

Reed&Cross

floral & gifts



*Flowers say so much...
they need to be the best...
at any time*

*Unique and Fresh...say it
with flowers from Reed&Cross*

737 W 6th Ave, Eugene, OR 97402
541-484-1244 • reedcross.com



thank you for voting us eugene's
BEST THAI
for five years in a row
2008-2013

gluten-free options • vegetarian-friendly • no dairy • no msg

TARARIN

thai cuisine

eugene
1200 oak street
541.343.1230

two locations
open seven days a week
monday-friday
lunch 11 am-3 pm
dinner 4:30 pm-10 pm
saturday-sunday
12 noon-10 pm
www.tararinthai.com

springfield
1410 mohawk blvd
541.505.8987

completely remodeled
now featuring full bar

pleasant atmosphere
great for large party dining

SLANT

- The report on the audit of the Eugene Police Department's **Property Control Unit** (PCU), which revealed 1,116 missing items including guns, drugs and jewelry, was quite an eyebrow raiser. We met with Police Chief Pete Kerns and the civilian employee who requested the audit, and they said some policies and procedures have been ignored for years, leading to disorganization. Further investigations will hopefully determine whether the missing items are really gone from "The Vault" at EPD or just misplaced, and whether any criminal activity has taken place. EPD will be conducting its first-ever PCU inventory of all its items, and EPD is in the process of implementing the reforms in policy and procedure that the audit recommended.

Would this embarrassment have happened if the city had an independent performance auditor on board years ago when it was highly recommended by a citizen charter review committee in 2002? An independent performance auditor would have eyeballed every aspect of EPD, the city's biggest department, including whether best practices and standards were being followed. Would an auditor have helped the city avoid a \$6 million budget shortfall next year?

- It's disturbing to hear **five mental health professionals** on staff in the 4J School District might lose their jobs if and when school health centers are shut down as a budget-cutting measure, and because of cumbersome new

state regulations. We heard from one of the psychologists that the community and School Board are being advised that these five mental health professionals cannot function independently from the school health centers, but he says that's not true — all they need are offices. We understand the district's plan is to hire more nurses to help make up for the expensive health centers and mental health professionals, and perhaps contract out mental health crisis services. But is that the best way to deal with the hundreds of students, some suicidal, who are getting high-level, ongoing professional counseling at school? We have our doubts. We queried the 4J administration about these issues, but alas, everyone's on spring break for their mental health.

- Last week in Slant we wrote about **Joann Ernst** and her intention to run against County Commissioner Faye Stewart in 2014. Now we hear **Jose Ortal** of Blue River might also be on the ballot. Ortal tells us he's still exploring his options, but he's tired of county politics "being driven by the McDougal Brothers of the world," a reference to the conservative loggers who have become wealthy developers through less-than-enlightened land-use practices. Ortal has a master's degree in history from UCLA and extensive credentials in higher education and Latino issues. Anybody else out there want to join the race? Stewart is considered vulnerable following a series of issues in which he's stood up for big business interests over the citizenry, but booting him out won't be easy. He has name recognition and big-buck backing. But having multiple candidates on the May ballot might split the vote and lead to a runoff in November. Stewart needs 50 percent of the

votes plus one to stand alone on the November ballot. Another tongue-twister for ya: Faye's days fading away? Stewart's seat's susceptible.

- You don't need to like basketball to have fun with the **sports psychology** that's going into March Madness and the Oregon Ducks' dive into it. How does the coach prepare a 12-seeded team, Oregon, to beat the overwhelming tourney favorite, 1-seed Louisville? We'll see at 4:15 pm Friday, March 29, on national TV. Nate Silver, better known for his remarkably accurate political odds-making, writes in *The New York Times* that "Oregon has only about a 5 percent chance of winning that game." Forget the odds. Let's give Oregon a 3-point win for out-psychoing Louisville and turning it over to the final eight.

- Back on Dec. 27 we wrote about **David Oaks** and his nasty tumble from a ladder. He broke his neck and is facing a long and difficult recovery. Oaks is founder and director of Mind Freedom International with headquarters in Eugene, and he continues to be a strong advocate for mental health care reform. He tells us he spent some time at Craig Hospital near Denver, a center for spinal cord injury rehabilitation. At Craig he learned to use a wheelchair and to strengthen his arms with virtual reality exercise equipment. His wife, Debra, is supervising the remodeling of their home to make it more accommodating. The family's financial needs are great and a fund has been set up at David W. Oaks Irrevocable Trust, c/o Chase Bank, 1100 Willamette St., Eugene 97401. Donations can also be made online at davidoaks.com where he writes about his recovery, lessons he's learned, and his specific needs.

ACTIVIST ALERT

- The annual recruitment for **Eugene city boards**, committees and commissions is wrapping up with the deadline for applications March 29. Vacancies are on the Budget Committee, Planning Commission, Civilian Review Board and several others. See eugene-or.gov/bcc or stop by the city manager's office for paperwork. Interviews will take place in May, the City Council will make the appointments in June and terms officially begin July.

- **Occupy Eugene** and Occupy BankBusters will present a benefit showing of *The Secret of Oz* at 6 pm Monday, April 8, at Cozmic, 8th and Charnelton in Eugene. The Occupy groups are also planning for events around May Day.

- Sen. **Chris Edwards** and Rep. **Nancy Nathanson** are hosting a "constituent coffee hour" at 10 am Friday, March 29, at New Day Bakery, 449 Blair Blvd. in Eugene. They will talk about the first half of the current legislative session and answer questions.

SLANT INCLUDES SHORT OPINION PIECES, OBSERVATIONS AND RUMOR-CHASING NOTES COMPILED BY THE EW STAFF. HEARD ANY GOOD RUMORS LATELY? CONTACT TED TAYLOR AT 484-0519, EDITOR@EUGENEWEEKLY.COM

REGAL CINEMAS

A REGAL ENTERTAINMENT GROUP COMPANY

Bargain Shows In () ✓ No Bargain Night Specials
★ Pass / Discount Restrictions Apply

VALLEY RIVER CENTER STADIUM 15

Delta Hwy. between I-5 & Beltline
ALL DIGITAL SOUND! 800-FANDANGO 1764#

Adv. Tix on Sale **EVIL DEAD**
Adv. Tix on Sale **OBLIVION**

IMAX: GI JOE: RETALIATION IN 3D (PG-13) ★
Fri. - Sat. 11:15 200 445 730 1015

GI JOE: RETALIATION IN REAL D 3D (PG-13) ★
Fri. - Sat. 6:30 PM 915 PM

GI JOE: RETALIATION [CC,DV] (PG-13) ★
Fri. - Sat. (1045 130) 415 700 945

THE HOST (PG-13) Fri. - Sat. (1215 330) 645 955

TYLER PERRY'S TEMPTATION [CC,DV] (PG-13)
Fri. - Sat. (1235) 400 640 920

ADMISSION (PG-13) Fri. - Sat. (1115 150) 435 720 1010

OLYMPUS HAS FALLEN [CC,DV] (R)
Fri. - Sat. (1135 210) 450 740 1030

THE CROODS [CC,DV] (PG) Fri. - Sat. (1130 205) 430 655 930

THE CROODS IN REAL D 3D [CC,DV] (PG) ★
Fri. - Sat. (1200 230) 500 735 1000

SPRING BREAKERS (R) Fri. - Sat. (1155 235) 455 725 1020

THE INCREDIBLE BURT WONDERSTONE [CC,DV] (PG-13)
Fri. - Sat. (1120 155) 425 710 940

THE CALL [CC,DV] (R) Fri. - Sat. (1225 255) 515 750 1025

OZ: THE GREAT AND POWERFUL [CC,DV] (PG)
Fri. - Sat. (1150 250) 635 935

OZ: THE GREAT AND POWERFUL IN REAL D 3D [CC,DV] (PG) ★
Fri. - Sat. (1220 350) 705 1005

JACK THE GIANT SLAYER IN REAL D 3D [CC,DV] (PG-13) ★
Fri. - Sat. (1230 PM 345 PM)

THE SILVER LININGS PLAYBOOK [CC] (R)
Fri. - Sat. (1140 240) 625 925

ALBANY 7

Next to Fred Meyer 800-FANDANGO 309#

Adv. Tix on Sale **EVIL DEAD**

THE HOST (PG-13) Fri. - Sat. (100) 415 715 1015

GI JOE: RETALIATION (PG-13) ★
Fri. - Sat. 4:00 PM 7:00 PM 9:40 PM

GI JOE: RETALIATION IN REAL D 3D (PG-13) ★
Fri. - Sat. (130) 430 730 1010

OLYMPUS HAS FALLEN (R) Fri. - Sat. (140) 440 740 1020

THE CROODS (PG) ★ Fri. - Sat. (1245 PM 315 PM) 620 PM

THE CROODS IN REAL D 3D (PG) ★
Fri. - Sat. (115 345) 645 925

OZ: THE GREAT AND POWERFUL (PG)
Fri. - Sat. (335 PM) 945 PM

OZ: THE GREAT AND POWERFUL IN REAL D 3D (PG) ★
Fri. - Sat. (1245 PM) 650 PM

JACK THE GIANT SLAYER (PG-13) Fri. - Sat. (110 PM)

IDENTITY THIEF (R) Fri. - Sat. 1010 PM

9TH ST. CINEMAS 4

Behind Skippers 9th St 541-928-7469
800-FANDANGO 312#

ADMISSION (PG-13) Fri. - Sat. (115) 415 700 945

SPRING BREAKERS (R) Fri. - Sat. (145) 430 730 955

THE CALL (R) Fri. - Sat. (130) 400 715 935

THE INCREDIBLE BURT WONDERSTONE (PG-13)
Fri. - Sat. (100 350) 650 925

Times For 03/29 - 03/30© 2013 www.REGmovies.com

CINEMARK

Purch Adv Tix @ cinemark.com
800-326-3264 + Exp #

CINEMARK 17

Gateway Mall - Beltline @ Gateway • Exp Code 1131#

ADMISSION (DIG) PG-13
11:35, 2:10, 4:45, 7:25, 9:55

THE CALL (DIG) R
12:15, 2:35, 4:55, 7:15, 9:35

THE CROODS (3D) PG
SPECIAL EVENT PRICING: \$3.00
UPCHARGE ALL TICKETS
11:50, 1:30, 2:20, 4:50, 6:30, 7:20, 9:50

THE CROODS (DIG) PG
12:40, 3:10, 4:00, 5:40, 8:10, 9:00, 10:40

GI JOE: RETALIATION (3D) PG-13
SPECIAL EVENT PRICING: \$3.00
UPCHARGE ALL TICKETS
11:30, 1:20, 2:15, 4:05, 5:00, 6:50, 7:45, 9:35, 10:30

GI JOE: RETALIATION (DIG) PG-13
12:25, 3:10, 5:55, 8:40

THE HOST (2013) (DIG) PG-13
1:20, 4:20, 7:20, 10:20

INCREDIBLE BURT WONDERSTONE, THE (DIG) PG-13
11:45, 2:15, 4:40, 7:15, 9:45

JACK THE GIANT SLAYER (3D) PG-13
SPECIAL EVENT PRICING: \$3.00
UPCHARGE ALL TICKETS
2:05, 7:25

JACK THE GIANT SLAYER (DIG) PG-13
11:25, 4:45, 10:05

OLYMPUS HAS FALLEN (DIG) R
11:55, 1:15, 2:45, 4:10, 5:35, 7:00, 8:25, 9:50

OZ: THE GREAT AND POWERFUL (3D) PG
SPECIAL EVENT PRICING: \$3.00
UPCHARGE ALL TICKETS
1:10, 4:10, 7:10, 10:10

OZ: THE GREAT AND POWERFUL (DIG) PG
2:40, 8:25

SNITCH (DIG) PG-13
11:55, 5:40

SPRING BREAKERS (DIG) R
12:20, 2:45, 5:10, 7:35, 10:00

TYLER PERRY'S TEMPTATION (DIG) PG-13
12:00, 2:40, 5:20, 8:00, 10:40

MOVIES 12

Gateway Mall - Beltline @ Gateway • Exp Code 1428#

ARGO R
11:40, 2:20, 5:00, 7:35, 10:10

DJANGO UNCHAINED R
12:00, 3:30, 7:30

HANSEL AND GRETEL: WITCH HUNTERS R
1:10, 3:25, 5:45, 8:05, 10:15

HANSEL AND GRETEL: WITCH HUNTERS (3D) R
SPECIAL EVENT PRICING: \$2.00
UPCHARGE ALL TICKETS
7:40, 10:05

HOBBIT: AN UNEXPECTED JOURNEY, THE PG-13
12:20, 4:00, 8:00

THE IMPOSSIBLE PG-13
11:45, 2:15, 4:45, 7:15, 9:45

JACK REACHER PG-13
3:45, 9:50

LES MISERABLES PG-13
12:10, 3:55, 7:45

LINCOLN PG-13
12:30, 4:05, 7:55

MONSTERS, INC. (2012) (3D) G
SPECIAL EVENT PRICING: \$2.00
UPCHARGE ALL TICKETS
12:05, 2:30, 5:05

RISE OF THE GUARDIANS PG
11:50, 2:10, 4:50, 7:10, 10:00

SIDE EFFECTS R
12:25, 7:00

WRECK-IT-RALPH PG
1:20, 3:50, 6:20, 8:50

WRECK-IT-RALPH (3D) PG
SPECIAL EVENT PRICING: \$2.00
UPCHARGE ALL TICKETS
11:55, 2:25, 4:55, 7:25, 9:55

CC Assistive Listening and Captioning System Avail

THRIVE! Chiropractic

Increase vitality
Improve mobility
Promote internal function
Resolve/evolve pain

Live well. Naturally.

EUGENE WEEKLY HEALTH AND WELLNESS SPECIAL

40% OFF INITIAL!
CALL FOR DETAILS 541.913.8300

NEW DOWNTOWN LOCATION
777 HIGH STREET, SUITE 270
EUGENE, OR • 541.913.8300
www.thrivechiro.us

VOTED #1 BY EW READERS

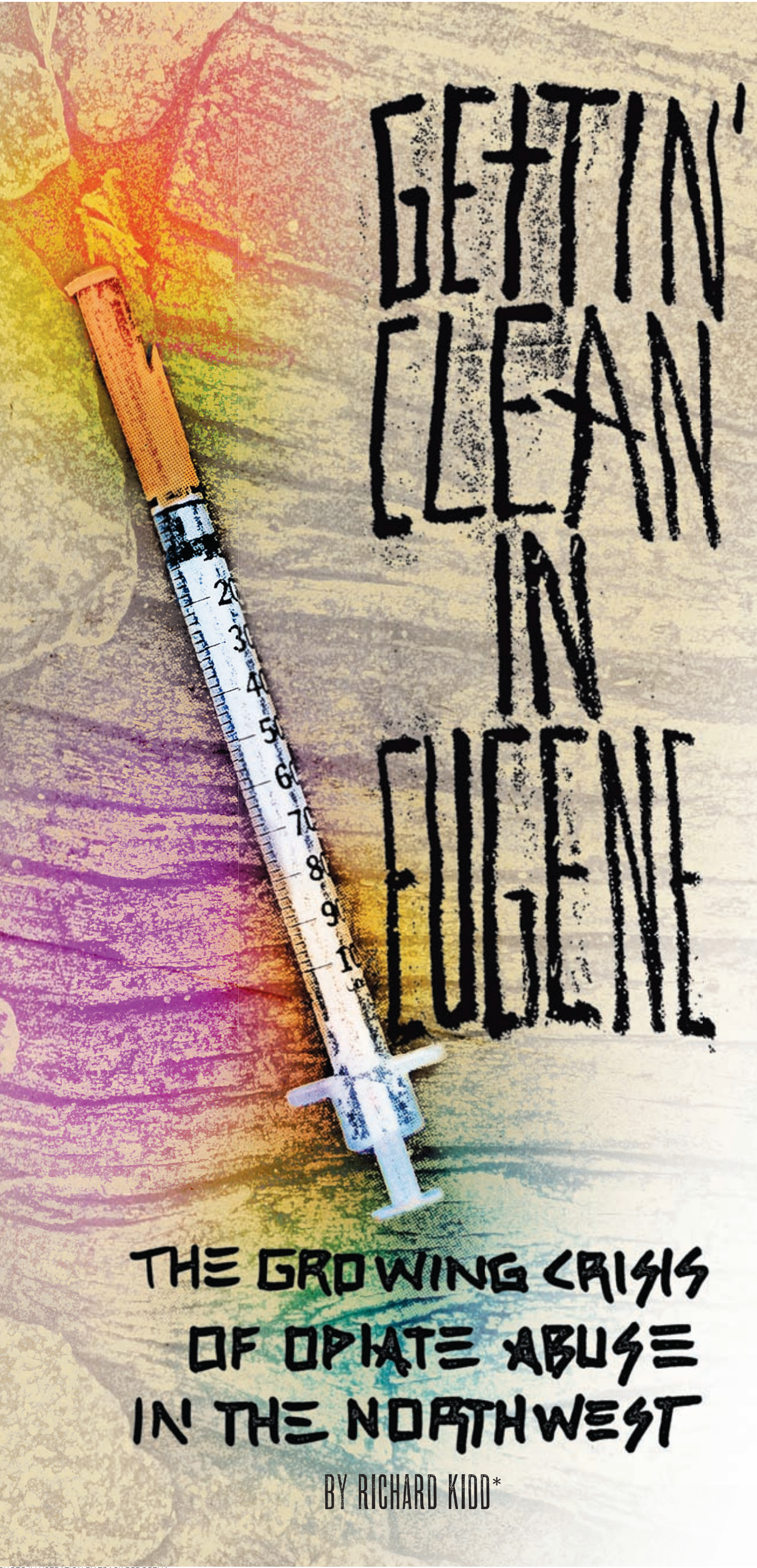
SPARKING DOWNTOWN REVIVAL SINCE 2002

- ☺ LOTS OF NINKASI
- ☺ PATIO SEATING
- ☺ DOWN HOME CHOW
- ☺ WALL ART
- ☺ PBR- CHEAP!
- ☺ GOOD DRINKS
- ☺ BUNCH OF POOL TABLES
- ☺ VIDEO GAMES (NO POKER)

"GO EMERALD CITY ROLLER GIRLS!"

SCAN FOR OUR MENU

99 West Broadway
541-683-3154



GETTIN' CLEAN IN EUGENE

THE GROWING CRISIS OF OPIATE ABUSE IN THE NORTHWEST

BY RICHARD KIDD*

Opium has, and has always had, this country by the short hairs. But for myriad reasons, the dope epidemic in the U.S. tends to elude detection as the massive health crisis it is — reasons that are intricate and complex and interpenetrating, deriving almost in equal parts from public-policy myopia, bureaucratic mumbo-jumbo, political opportunism, inadequate social welfare, incompetent or absent education, rampant drug hysteria and the inexorable nature of addiction itself.

As an addictive substance, opioids are a total bitch. Seductive, elusive and exacting, junk presents itself as a physiological and socio-economic Catch-22. The reason for this, boiled down to the narcotic itself, is rather simple: Opium, and all its derivatives, is at once the world's most perfect treater of pain and the most devastating of addictive substances. Homer referred to the nectar of the opium poppy as the “destroyer of grief,” and morphine, created in 1804 by Frederick Serturmer, was named after Morpheus, the Greek god of dreams. French poet Charles Baudelaire, a smokehead, wooed opium as “his demon, his lover.”

Dope is also the perfect product — a drug dealer's wet dream, for which the desperate addict will lie, cheat, steal, do anything to buy off withdrawal just one more day. Trust me: I know that of which I speak. I've bolted opiates any way I can — pills, powder, smoke, poppy tea — and I've done just about anything I can to get them. Like hobbling miles on dope-sick legs to beg 30 milligrams of morphine off a homicidal dealer with pinprick eyes and a dying cat on his hands. I've sold things I didn't need; then sold things I did need; then sold things I said I'd never sell; and then sold other people's things — sold myself, sold it away and sold out.

Are you, like me, a striver? An endless dreamer of better worlds, burdened with visions of strangled greatness? Rest easy, pilgrim, there is a solution — tap that vein of gold. Junk is the painless death of ambition. It swaps the humid crush of living for a temporary euphoria that is so triumphant it feels eternal. Dope turns mammal into vegetable, but it does so in such a way that your affectless metabolic stupor is protected by a scrim of tragic, romantic heroism — a synaptic glow of self-glamour, something marvelous and magical.

I fought that son-of-a-bitch for 15 years, and I'm still fighting. Thanks to a combination of medical care, pharmaceutical innovation, individual and group therapy, as well as a bunch of love and support that, in my mind, I burned up a long time ago, I've kicked it for now. I'd like to tell you that getting off dope makes me feel like a true Viking, and sometimes it does, but a lot of the time I still feel like shit — another victim of Post Acute Withdrawal Syndrome (PAWS), my cells slowly flushing drugs whose half-lives seem immortal. My body, my glands and my will to live are ever-so-slowly returning to normal functioning. It's a struggle.

“It is not the intensity but the duration of pain that breaks the will to resist,” William S. Burroughs wrote in a 1956 letter published in the *British Journal of Addiction*. This is the creeping terror that haunts every recovering dope addict. We are a silent minority. And we are a growing minority. But, as with any minority,

we have been misperceived, stereotyped, underrepresented and grotesquely vilified, often by ourselves. This, then, is my minority report. I earnestly hope it makes a difference. Because this is a matter of life and death.

COMFORTABLY NUMB

Hello, Eugene, is there anybody in there? Just nod if you can hear me: Is there anyone home? The reason I ask is, well, I'm worried about you, Eugene — and that concern extends to Oregon, the Pacific Northwest and this glorious country of ours in general. Have you seen the latest statistics on how many Americans are feeding the monkey these days? It's scary.

A recent survey by the U.S. Substance Abuse and Mental Health Services Administration found that Oregon now has more people per capita abusing unprescribed pain killers — that is, pills purchased on the street or filched from grandma's medicine cabinet — than any other state in the U.S. As a nation, 4.6 percent of us above the age of 12 are self-medicating with pain pills, which is a frightening enough number.

But get this: Most of the Northwest pegs in at well above the national average. Oregon tops the list with an estimated 6.37 percent of its peeps popping pain pills on the down low, followed closely by our northern neighbor Washington (third on the list, at 5.75 percent) and Idaho (fourth, at 5.73 percent). Colorado — which, in places, looks a lot like the Northwest — stumbles in at second in the country, with a straight-up 6 percent.

Then, of course, there's always heroin. This year's Threat Assessment and Counter-Drug Strategy released by the Oregon Department of Justice, and currently posted on the Lane County Sheriff's website, finds that first-time use of smack by people 12 and older rose 54 percent from 2002 to 2010. The assessment also figures that heroin use and availability "appear to have increased in Oregon," a state where "illicit drug use ... continues to exceed the national per capita average."

Hello? Eugene? Oregon? Are you needing an intervention? And if you're "only" popping, don't think for a second that shunning the needle stops the damage done. Whether it's in the form of Mexican cartel brown-brick tar passing up and down the I-5 corridor, or illicitly procured prescription drugs like OxyContin or Vicodin, junk is junk. And, just like Burroughs said, it doesn't matter "if you sniff it smoke it eat it or shove it up your ass the result is the same: addiction."

That's right, Oregon: You've become comfortably numb.

CURE AND DISEASE, DIS-EASE AND CURE

One of the more recent innovations in the pharmaceutical treatment-and-recovery phase of dope addiction was the creation and marketing in the 1980s of buprenorphine, an opioid agonist that can be administered in its pure form as Subutex or — combined, typically one-to-four parts, with Naloxone, an anti-opioid agonist that is meant to prevent overdoses — as Suboxone. When it seemed I had nowhere left to turn, and I was sick of being sick, my doctor turned me toward Suboxone treatment. (Even when I had insurance, this was an expensive way to go; a month's scrip for Suboxone, with coverage and a \$25 coupon, ran me \$50. Minus insurance, my prescription cost upwards of \$300 a month.)

Eugene-based physician Douglas Bovee, a board-certified specialist in internal medicine, is one of only three doctors in Lane County now certified to prescribe Suboxone as a pharmaceutical aid in opioid-addiction treatment. Federal and state oversight of physicians prescribing Suboxone is incredibly strict: Bovee is legally limited to maintaining no more than 100 patients on Suboxone, and when he first started with the drug his list was capped at a mere 30 patients.

As someone who's long been concerned with understanding and treating addiction, Bovee says that one

of the toughest issues now facing the medical community is "how hard it is to be a doctor and walk that balance" between relieving pain, on the one hand, and opening the Pandora's Box of addiction on the other.

Bovee agrees that, physiologically speaking, a large share of the difficulty in treating opioid addiction can be chalked up to opium itself, which remains the king of all pain-relieving remedies. "There's nothing remotely close," he says of opioid-derived painkillers.

Beyond that, however, the tangle of concerns and complications that confronts anyone treating addiction is epic. Often it's less a tangle than a mess of tentacles reaching out in every direction and grabbing hold of issues that run the gamut from patient confidentiality to public policy, from access to medical care to the reluctance — on the part of addicts, doctors and the general public — to care enough, or at all.

"We are charged, and we want to relieve pain, and we don't want to hurt people," Bovee says, apropos the Hippocratic Oath that is the centerpiece of medical ethics (i.e., "to abstain from doing harm"). "If we give too much pain medicine to somebody who's not able to manage it safely, all kinds of bad things happen."

In part as a response to growing concern over the issue of opioids and pain management, the Joint Commission on the Accreditation of Healthcare Organizations — a powerful Chicago-based nonprofit created in 1951 with enough political oomph to hold sway over the medical licensing process and Medicare reimbursement to hospitals — now demands that pain be measured on a patient-by-patient basis. This accounts for the common "How much does it hurt on a scale of one to 10?" question that patients are asked in emergency rooms. (And which any addict learns to answer, *Spinal Tap*-style, with "ELEVEN! IT'S AN ELEVEN!")

According to Bovee, general awareness about the growing abuse of opioids would seem to suggest that doctors become even more cautious and observant when prescribing painkillers. Administering opioids should include careful monitoring of patients, he says, along with things like material-risk notices and informed consent agreements for people receiving painkillers. Nonetheless — with abuse, addiction and overdose on one side, and insufficiently treated pain on the other — many doctors, along with their patients, find themselves in a real pinch when it comes to treating pain.

"It's hard," Bovee admits, noting that along with informed consent and management agreements there are further steps doctors can take to ensure safety — like requiring urine drug screens and maintaining "the free flow of information" between patient and doctor as well as among medical professionals and organizations, while at the same time respecting issues of patient privacy and confidentiality.

Professionally, nearly all physicians — and certainly those prescribing opioids or opioid agonists like methadone or Suboxone — are required by law to take a full day of pain-management education.

Bovee sums up this "tangle" of issues surrounding the use and abuse of opiated painkillers: "So there's this very strong push in multiple quarters to adequately treat pain — all chronic pain, not just malignant. Then a whole bunch of new drugs came on board, with pharmaceutical companies pushing them very hard. Those products, with rare exceptions, are all opioids, which are addictive, and most of them can cause overdose death."

The vicious cycle of dope: Around and around it goes. *And there was an old lady who swallowed a cat to catch the bird who swallowed the spider to catch the fly that wriggled and jiggled and tickled inside her — but don't ask why she swallowed the fly. Do you think she'll die?*

BETTER OFF THAN DEAD

There are fates worse than death, and kicking opioids is one of them. I've heard people describe the withdrawals one suffers while kicking a chronic dope habit as being like

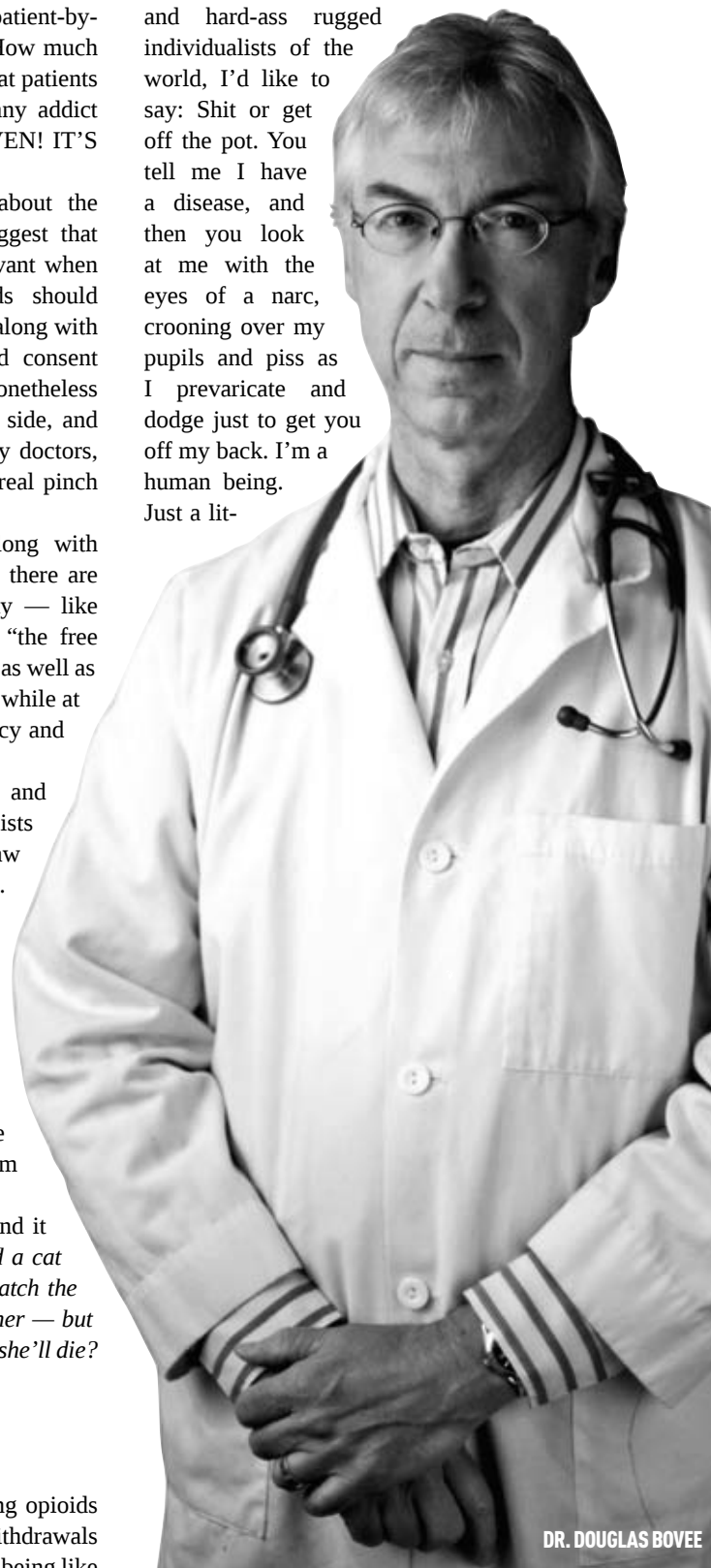
a really bad case of the flu, and I say: HA! I've had the flu; it made me sweat and ache and poop and barf. Brother, the flu ain't nothin'.

The torment of dope withdrawal is truly indescribable, but let me give it a go anyhow: Imagine the worst hangover you've ever had, and then imagine being stuck in a dank basement and slathered with Vaseline while your head is ratcheted in a rubber vise and then, simultaneously, you are being mildly electrocuted, pricked with needles, alternately overheated and chilled while, still at the same time, everything you've ever done wrong is screamed repeatedly into your ears at ungodly volumes by a chorus that includes Satan, your mother, Geddy Lee, Fran Drescher and Gilbert Godfried.

I'd opt for being drawn and quartered any day — at least death comes eventually. Don't believe me? I've still got a few very kind, very tolerant people in my life you could call.

Sure, I can almost hear all the dim-dick bootstrap baggers and draconian Darwin types lining up in the confederated raspberry mob to shoot back the stock mock-lament: "Oh, poor crybaby junkie, look how sick you get from STICKING A NEEDLE IN YOUR VEIN of your own damn free will! Shut up! Loser!" Hey, a lot of the time I feel the same way — because, honestly, show me a dope addict who doesn't carry a hefty rasher of self-loathing, and I'll plug every glory hole in the Republican wing of the House. But here's the deal:

As an addict speaking to all you professional healers, counselors, policy wonks and hard-ass rugged individualists of the world, I'd like to say: Shit or get off the pot. You tell me I have a disease, and then you look at me with the eyes of a narc, crooning over my pupils and piss as I prevaricate and dodge just to get you off my back. I'm a human being. Just a lit-



DR. DOUGLAS BOVEE

PHOTO BY TODD COOPER

tle weak is all. Or was I born this way? They say it ain't my fault, brother. Who really knows?

Sure, addiction is a real son-of-a-bitch, a Gordian knot about as thick and unknowable as the world itself. But for the medical profession to cut that proverbial knot with the half-truth that addicts suffer from a "disease" — while making junkies who show up two minutes late to get their daily dose of methadone sit through an hour lecture as they get sicker by the minute, listening to all that "one day at a time" rote bullshit like a scolding in the principal's office, until the second hand ticks relief and it's all, *Yes, ma'am, please, may I have my 10 grains of methadone.* Fuck you very much.

Would you do that to a cancer patient? Would you do that to a diabetic? "Oh, excuse me, Joe, I'm really sorry but you're three minutes late for your insulin injection. Please proceed along the blue line to room 666, where Mr. Persnickle will provide you with a 15 minute digression on the importance of diet and timing ... um, excuse me, Joe, you're looking a little pale, are you listening? Anyway, after the dietary diatribe — and be sure to get those forms signed — we'll just have you climb to floor six, where Mrs. Fussypants will ask you the Snickers Bar 20 Questions, and if you answer in the 80th percentile, she'll toss you your syringe, which you can get filled ..."

I exaggerate, of course. But let's take a deep breath and walk it back a bit, and all ask ourselves: Do we really, truly believe addiction is just another disease, or is that the big pharmaceutical con rigged since the Harrison drug act? Am I sick, or are you just sick of me? Once a junkie, always a junkie. So take your Schedules 2, 3 and 5 and shove 'em down your pie-hole. My will is good, but my body wants dope. So let's redefine this game, because good people are in pain, and good people are dying.

Walk it back, into the past century, when Rep. Francis Burton Harrison of New York blessed his country with an early Christmas present: the Harrison Narcotics Tax Act of 1914. In a very real and yet very Kafka-esque sense, the epidemic of addiction has been jumping forever through the hoops of this pernicious piece of legislation. Ostensibly a law set up to create a revenue tax on all phases of the distribution of narcotics, including coca (*not* a narcotic), there was a single clause in the narco act stating that a doctor was allowed to distribute opiates "in the course of his professional practice only." Later interpretations determined that what this meant, exactly, was that doctors could not prescribe opiates for addiction, because addiction was not a disease but a moral defect, a character flaw.

Walk it back just a tad further, and you begin to smell the first righteous stink of a misdirected hysteria that would be fanned into a social and moral conflagration of epic reach: In 1908, President Theodore Roosevelt appointed Dr. Hamilton Wright as the first opium commissioner of the U.S. Wright, with Episcopal Bishop C.H. Brent marching in lock-step at

his side, began a very public campaign against opium, attacking the lack of safeguards surrounding the drug, and he did so in racially charged language that claimed poor white American women were now cohabitating with Chinamen who'd seduced them with opium smoking; i.e. "coolies" were getting our women addicted to dope, pimp style.

And later, the drafters of the Harrison Act itself would fall back on that good-old antebellum bullshit that's been proven to spark terror in the hearts of white men everywhere, by seeding public paranoia with rants in the press about about "drug-crazed, sex-mad Negroes" raping, once again, our virginal white women.

Somebody strike up the band.

Actually, most if not all of those poor white women had caught their monkey from very white, very misogynistic physicians prescribing opium for their "female problems." Coolies and negroes, indeed; nothing like a chauvinist quack to stick it to the gals every time. It's been estimated that by 1914, one in every 400 U.S. citizens was an opium addict — yes, a junkie, and most of these junkies were women.

GET THEE TO A CLINIC

Sybil (not her real name), a 35-year-old woman now living in Eugene, fell down the rabbit hole of addiction years ago. "I've had a long history with heroin," she says, "but I usually would quit by moving — what they call a 'geographic,' which is when you move to a new place to get away from your connections. And I would just quit cold turkey; do it the hard way. But inevitably I would get back on [heroin] again.

"I went a long time without," Sybil says about her dope habit, "but it just came back."

Her last kick three years ago was the hardest, Sybil says, and "since then I have not used heroin." But, as every junkie knows, it's easier to get off dope than to stay off dope. "In the last year and a half, I started sneaking back on pain pills," she says, noting that this was mostly in the form of Vicodin, Percoset and even methadone tablets bought off the streets. She had connections.

But maintaining a growing habit via illicitly obtained painkillers can get pricey: A single tab on the black market (for lack of a better term) runs from \$5 to \$50 — typically, painkillers are priced per milligram (30 milligrams of morphine was costing me \$30).

"It's too expensive to remain a Vicodin addict on the streets," Sybil says, "because you have to take too many, and they don't last long enough. So I started taking methadone pills."

It got to the point where, even on methadone, Sybil was continually running low on cash, "and I wanted to be able to maintain a job and live my life." So she decided to check out the programs available at the local methadone clinic.

"Essentially," she explains, "it was the same thing I was taking anyway."

Through the Oregon Health Plan (OHP), Sybil was able to sign up to receive methadone treatment at no cost and, after about a monthlong wait and a lot of paper and blood work, she was able to get into the program. "It was a big deal to get on it," she says, "it" being the legal methadone distributed by health practitioners at the Eugene clinic. A big deal and, as Sybil soon learned, something of a curse and a blessing, at least in her experience.

Enter the clinical supervisor, whom Sybil describes as "a New-Agey, smiley Nurse Ratched type," a reference to the fictional "Big Nurse" character in Ken Kesey's 1962 novel, *One Flew Over the Cuckoo's Nest*. "She asked me a million questions, and she was totally impersonal about it," Sybil says, recalling that the clinical supervisor seemed more concerned about "wrangling her computer into submission before she could get into anything like eye contact."

As for the program and the clinic itself — at which addicts must show up daily (except Sunday) to receive their allotment of methadone, as well as submitting to urine analysis and attending group therapy and one-on-one sessions with counselors — Sybil realized immediately that she was on short notice. "From the very first moment I realized there were extreme rules," she says. "The clinic is run by an older woman, a receptionist who answers all the calls and is all about the rules ... There's no talking, no cell phones, no anything allowed in the program."

As anyone who's attended any sort of recovery meeting knows, the stories you encounter can be hair-raising, horrifying, tragicomic and full of heartbreak. Sybil recalls sitting in group and listening to a guy from Portland whose insurance had run out: He'd been "titrated down in less than 20 days from over 100 milligrams to nothing," she says. "No apologies." So he'd relocated to Eugene, where he was "in group and still sick, and slowly trying to work back up to where he was. And he was scared."

After group, Sybil tracked down the clinical supervisor, aka Nurse Ratched. "I said this is scaring me," she recalls. "I told her about what I heard in group. She said listen to me very carefully: 'Trust the methadone.' And that was all she had to say to me."

If addicts are asked to "trust the methadone," however, the methadone clinic doesn't always feel the need to trust them. For instance, Sybil is required to show up between 6 and 11 am Monday through Saturday for her liquid methadone. "If you are one minute late after 11, you are not dosed that day," she says. On Saturdays, everybody gets a take-home for Sunday. "The thing is," she continues, "anybody who is a minute late on Saturday [the clinic closes at 10 am on weekends] misses two days automatically. And if they don't show up on Monday, then they're kicked out of the program."

Struggling to find the answers for your health problems or pain issue?

I provide solutions that integrate the latest physiological and clinical research with the wisdom of traditional methods.

中醫針灸草藥

Zachary B. Corbett, L.Ac.
acupuncture-eugene.com
541-228-4822
herbformula@gmail.com

Pain Management Partners
Non-surgical treatment of persistent pain is our specialty



L to R: Sharon Jones, ANP; James R. Morris, M.D.; Ajay J. Mohabeer, M.D.; Carolyn Buel, ANP

- Comprehensive Care
- Multidisciplinary perspective
- Alternative approaches
- Options for patients

Treatment for chronic pain conditions, including fibromyalgia, migraines, back and neck pain, myofascial pain and other issues.

Call for a referral form today!
541-344-8469

Accepting most insurance plans

Located at Willamette Medical Center
2401 River Road, Suite 101
www.oregonpainmanagement.com

We can help you RECLAIM your life

Your orthopedic and spine specialists

Our Therapists hold internationally recognized certifications of excellence demonstrating their commitment to helping you RECLAIM the function and performance you may have lost.

Board Certified Orthopedic Clinical Specialists Certified Orthopedic Manual Therapists

- Most insurance is accepted
- Medicare welcome
- Centrally located servicing Eugene and Springfield

RECLAIM
...your game



- Sports injury • Neck and back pain
- Post surgical rehabilitation
- Chronic pain • Headache program

YOU CAN GET THERE...FROM HERE
RECLAIM
PHYSICAL THERAPY, LLC

82 Centennial Loop | Eugene, OR 97401 | 541-636-4471 | Fax: 541-357-4992 | www.reclaimpt.com

Sybil says she's been through several different recovery programs in her struggle to get clean and establish some modicum of a normal life; she also acknowledges that doctors and counselors often labor under the stringent laws regulating recovery programs, and especially those programs distributing medications. "The main issue I have with the methadone clinic is they don't have the resources and they are overworked," Sybil explains. "They don't have the money or the resources to provide a proper recovery program."

In order to cope with the mandated rigmarole of showing up every day to receive medication, and the toll it takes on her emotionally and otherwise, Sybil says that the methadone bureaucracy and the methadone itself "need to be separated in my mind." She explains: "The punitive way they run the clinic, that's not helpful to addicts. I mean, I've read B.F. Skinner's work on rats and dolphins. Negative reinforcement does not work as well as positive reinforcement, especially for a disease."

For Sybil, the main problem with the methadone program is that, under the rubric of "recovery," a whole system has been erected to keep addicts controlled, surveilled and yet still dependent on the drug they're struggling to kick. "This is supposed to be a recovery program, and yet it holds you back from being able to do the things that recovery's all about, to make your life good," she says — things that so-called normal people take for granted, like going on vacation or just getting to your job on time without being sick.

"And while you think you're in a program that's going to give you your dose," explains Sybil, "and you think you're going to lose that fear you have of not being able to get your dose, in fact you don't, because you still have somebody holding it over your head. You have a new dealer. You have new demands," she says.

"Anything could happen," she adds, referring to circumstances — such as losing her OHP coverage — that might halt her current access to methadone treatment. "I'm not secure in my situation with methadone."

Sybil offers a metaphor to describe the state of her recovery these days, which, in a sense, she has entrusted to the government. "It's like you're driving your car badly, so you give the keys to somebody else, and then they won't drive you home."

CATCH-22

Dr. Jane Ballantyne is a professor of research and education at the Department of Anesthesiology and Pain Medicine at the University of Washington in Seattle, and considered one of the nation's leading authorities on the subject of pain management. Ballantyne has been an outspoken critic of this country's medical professions

— or, more precisely, of the more indiscriminate and incautious members of the medical community, whose lack of oversight and care in prescribing opioids is one of the factors figuring into the current epidemic of overdose and death by painkillers.

"The main educational message that needs to get to clinicians," Ballantyne told me by phone from Seattle, "is that opioids are addictive and dangerous and therefore, in terms of pain treatment, should be reserved for inpatient use, where there is good supervision and safeguards, or for patients whose suffering is so extreme that palliative treatment, with all its attendant risks, is acceptable."

When it comes to the conundrum facing doctors and patients who seek to treat, and manage, pain with opioids, Ballantyne says Catch-22 "is exactly the right term." The euphoric effects of opioids, she notes, "are very seductive," and for many patients "the tendency is to chase the memory of that blissful relief even though after a while they don't get such good relief" from pain.

This leads to a double-bind scenario, where the snake of addiction begins eating its own tail. As Ballantyne notes, when certain patients become dependent on opiates, "they feel terrible if they don't take them, which both patients and prescribers interpret as need. Even though they're not getting good pain relief and they're living in a fog, they are terrified of the alternative."

As Burroughs himself said about the addict's terror of going without: "The face of evil is always the face of total need."

As for the private and public health threat opioids pose, Ballantyne argues that one of the most disturbing factors is the issue of drug availability — both in terms of escalating drug abuse and in treating those already hooked. "The basic fact is that the proportion of users who become abusers is fairly constant," she says, adding that the percentage hangs at about 12 percent. "So the more usage and availability there is, the more overdose and death rates will go up."

Beyond the forces of supply and demand in the economy of narcotics, Ballantyne excoriates those doctors who play haphazardly with the risks. She also says that, to a large degree, medical professionals are incapable of addressing, much less accepting responsibility for, the mess they've made. "The medical community is not quite ready to face the fact that it has created a lot of opioid-dependent individuals who need a special type of care," she explains. "There is very poor availability of the type of care they need."

And it is here that the Catch-22 of opioid use is aggravated by the compound error of years upon years of poor policy, poor planning and poor funding: "Neither pain centers nor addiction centers are either geared or willing to treat these

patients," Ballantyne says about the access to adequate care for the addicted. "The pain centers will not take on patients with admitted addiction, and the addiction centers will not take on patients with pain."

Ballantyne points out that prohibition, both actual and de facto — along with the further criminalization of drugs and those who abuse them — tends to veer from or avoid altogether the issues of addiction and recovery. "In general, I think the 'drug wars' have been a disaster," she says. "The lesson of Prohibition is quite telling." She notes that, as criminal activity and the black market in the U.S. 1920s and '30s made booze more available, alcoholism rates started rising toward pre-Prohibition levels.

"That was when it was recognized that Prohibition did not solve abuse but did encourage criminality," Ballantyne explains. "Exactly the same thing happened with drugs, but in the case of drugs nobody dares lift the restrictions, and you probably can't now."



DR. JANE BALLANTYNE

Gynecologic Care through all Phases of a Women's Life

Preventative Women's Exams, General Gynecology, Teen Health, Contraception, Sexual Health, Menopausal Medicine



grassroots
GYNECOLOGY

Dr. Jessica Friedman 541-505-7510



Dorothy Shannon CNM, NP 541-984-3000

Now sharing an office: 1755 Coburg Rd. Building 1, Suite 2
We accept most major insurance including Blue Cross/Blue Shield and HMA.



Axis Physical Therapy & Rehab, Inc.
A PIVOTAL CENTER FOR HEALING



Christina Howard, MPT
Co-owner



Leigh Ann Turner, LPTA
Co-owner

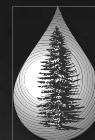
**Comprehensive services
specializing in pain management**

- Aquatic Therapy
- Manual Therapies
- Exercise and Movement
- Chronic Pain Management
- Patient Education

Call Today!
541-683-6187

Accepting most insurance plans

2401 River Road, Suite 102
(Located in Willamette Medical Center)
www.axisptrehab.com



Tamarack
WELLNESS CENTER

Offerings and benefits include:

- 92 degree therapeutic pool
- saltwater
- fully accessible
- all ages
- open to the public
- scholarships available
- adaptive swim program
- weight loss
- pre-and-post surgery
- pain management
- holistic classes

For a class schedule and pool hours
visit tamarackwellness.org or call
541.686.9290

3575 Donald Street, Eugene, OR 97405

‘They feel terrible if they don’t take them, which both patients and prescribers interpret as need. Even though they’re not getting good pain relief and they’re living in a fog, they are terrified of the alternative.’

— DR. JANE BALLANTYNE

When it comes to treating opioid addiction, Ballantyne argues for a multi-pronged, multi-dimensional approach that can include (but is not limited to) pharmaceuticals. “All addictions are different, but in the case of opioid addiction it is fairly well established that opioid-maintenance treatment produces the best outcomes,” she explains, while also cautioning that “maintenance alone is not enough.”

Although Ballantyne agrees that opioid agonists like methadone and Suboxone “are useful tools,” she says recovery shouldn’t rely solely on the quick fix of a pill. “There needs also to be counseling and/or group support.”

Bovee, who practices medicine at the South Hilyard Clinic, agrees that a more concerted and holistic approach is required in successfully treating addiction. Again, he is one of only three physicians in Lane County waived to prescribe Suboxone or methadone to addicts — one doctor maintains a relatively small recovery practice, while the other two, including Bovee, can maintain up to 100 Suboxone patients at any given time. Add to this his estimate that there are less than 300 patients in the county currently on methadone, and the enormity of the problem begins to rear its ugly mug.

“I would estimate that there are at least a thousand people in Lane County who would benefit from opioid-agonist treatment,” Bovee says. In an effort to decrease what he — and anyone familiar with our dope crisis — calls “the list,” Bovee recently signed on to work with Lane County’s methadone program.

For Bovee, one of the key roadblocks for addicts seeking to get off dope is access to recovery programs, or the lack thereof. “The Lane County methadone program has a long waiting list,” he points out. “It’s, again, a year. That’s why I’m going back to work for them — to shorten that list.”

SHAKING HANDS WITH MY MONKEY

You’d think kicking dope was easy, the number of times I’ve tried. For me, there’s something about the awe-inspiring pain and discomfort of withdrawal that makes surviving it doable, at least compared to enduring the aftermath of withdrawal, when — still feeling like a pig shat in my head — the elastic mundane inanity of normal, everyday life becomes just a little too torturous.

Remember what Methadone Sybil said? “I went a long time without, but it just came back.”

It. Not I went back to it, but “it” came back for me. Like disease in remission. Like bad karma. Like Jack Nicholson in *The Shining*.

The trajectory of long-term opioid addiction is similar to house odds in Vegas: You may feel victorious every now and again, but the general trend of loss is downward. It has to be. That’s how Caesars Palace stays in the black while comping rooms and passing out free gin-and-tonics to veteran high rollers. And it’s why dope is such a viciously entrenched part of our consumer culture. As Burroughs noted, you don’t sell junk to the addict; you sell the addict to junk. The first hit’s always free, baby.

Eventually, addicts arrive at a point in their addiction where getting and staying high becomes more depressing than uplifting, and just downright horrifying in general, because, as an addict, you are trapped by the lesser of two evils — on the one side, maintaining an expensive and now

dreary habit, or kicking cold turkey on the other. For me, that’s where Suboxone came in.

Actually, before Suboxone came surrender, that exhausted point where I tossed the bullshit aside, threw up my hands and chirped for help — in the form of counseling, both group and individual, and from the medical community at large.

I was on Suboxone for more than a year. It didn’t get me high, but it kept me from getting sick. A semblance of normality seems to be the reach of Suboxone. But the stuff ain’t cheap. When my insurance coverage ceased, I began paying upwards of \$300 a month for Suboxone, and decided to do a quick and rather abrupt reduction before I ran out of money altogether.

Rapid reduction is far from optimal. Cutting back on Suboxone by halves, and in half the suggested time, I got sick as hell, and the pharmaceutical half-life of Suboxone (how long it stays in the system) has ensured that it still kicks my ass on a regular basis. There’s a chance I may not feel “normal” for a year, but I’ll take it. Clean is clean.

Suboxone is a far from controversial drug. A lot of folks in recovery, and especially many of those in Narcotics Anonymous, consider any sort of pharmaceutical crutch in recovery to be a cheat. So there’s that. Also, the symptoms of Post-Acute Withdrawal Syndrome — which can persist for months thanks to the long half-life of Suboxone — are, for some people, a persuasive argument that the cold-turkey straight kick is a better way to go. Some bloggers (see Suboxonetalkzone.com, for example) have accused Reckitt Benckiser Pharmaceuticals Inc., which makes and distributes both Suboxone and Subutex, of pulling Suboxone tablets (the medication also comes as a dissolvable film) from the market — not, as Reckitt Banckiser officials claim, because

Organic & Handmade



Moon Root
Soaps and Candles

www.moonrootsoaps.com


Shop online to get 10% off! Use coupon code EUGWEEKLY at checkout



JADE SCREEN CLINIC
ACUPUNCTURE/
HERBAL MEDICINE

Marilyn Sjaastad, L.Ac., M.S., M.A.

132 E. Broadway, Ste. 201
541-344-8088
jadescreenclinic.com



EUGENE COMMUNITY ACUPUNCTURE

An Affordable Good Health Practice
\$15-\$40 sliding scale • 260 E. 15th Ave • Eugene
EugeneCommunityAcupuncture.com
KAREN WILSON, L.AC • 541.953.3882

พิศมัย Tasty Thai Kitchen
Authentic Thai Cuisine

THAI AMERICAN BREAKFAST
Saturday & Sunday
starting at 9:30am, \$6.95
Daily Delivery 4:30-9:00pm
Lunch & Dinner Specials
All Organic Spices, Greens & Tofu
Vegetarian, Vegan & Gluten-free Options
Wine & Cocktails
Beer on Tap
Bubble Tea & Smoothies
Visit Our Campus Location

11am-9:30pm MON-FRI
9:30am-9:30pm SAT & SUN
80 E. 29th & Willamette • 302-6444

AWAKEN YOUR HEALER

HEALING CDS & BOOKS

★ RELAXATION ★
★ MEDITATION ★

CRYSTALS & GEMS
HOW TO DVDS
INCENSE ★ CARDS
JOURNALS

STAR GATE
LOCALLY OWNED FOR 25 YEARS
1374 WILLAMETTE • 541-342-8348



Realign Yourself

GUTHRIE CHIROPRACTIC & Massage

We provide relief from headaches, backaches, jaw pain & lots of ailments

\$15 OFF
with this ad!
we bill most insurance companies

 **541-683-9069**
www.mydocwade.com

235 W 10th Ave Eugene



GODSPIRITS UNITED, LLC
“Helping You Heal”

Nancy L Harris, M.A.
Energy Healer/Shaman
Spiritual Readings • Counseling
3317 Southview Dr., Eugene
1-800-753-4770
GodSpiritsUnited.com

Hair by David is Back!



Using Eco Friendly Products
Hair Design to Compliment the Needs of today's Modern World

AT EcoSalon
1001 Washington • **541-868-2232**

with this ad receive
50% OFF COLOR SERVICE
OR
20% OFF HAIRCUTS

the tablets pose overdose risks to children but because Suboxone is due to go generic, and the company wants to keep a stranglehold on the market.

I don't have the answers to these allegations and, for my purposes here, I'll leave this particular controversy to another story. Suboxone worked for me — far from perfectly, but perfectly enough. "There is no silver bullet for opioid dependence treatment, and outcomes vary from patient to patient," Tim Baxter tells me. Baxter is global medical director for Reckitt Benckiser, the Big Pharma company based in the U.S. out of Richmond, Va., that makes and distributes Suboxone. Baxter proved more than forthcoming when answering my questions, so I have no Big-Pharma cudgel to wield here; like any patient, whether before treatment or in retrospect, I simply wanted to know more about what I'd been taking, and why.

Suboxone may not be a "miracle drug" but, scientifically speaking, it does qualify as an elegant and sleekly brilliant instance of Occam's Razor in action. Buprenorphine, the main ingredient in Suboxone (and the only ingredient in Subutex) is a partial opioid agonist that binds to the brain's opioid receptors while simultaneously blocking other opioids. In so doing, Baxter explains, buprenorphine "produces less maximal opioid effect than full opioid agonists such as oxycodone, hydrocodone, morphine, methadone and heroin" — the good stuff that gets junkies high, in other words.

Suboxone, unlike Subutex, also includes naloxone, an opioid antagonist that "reduces the medication's attractiveness for deliberate misuse," Baxter adds. Misuse, as I understand it, includes shooting the stuff up. When Suboxone is taken as prescribed, he says, "the naloxone has no effect."

Here's the aspect of Suboxone treatment that appealed to me — and, by extension, might appeal to a good number of addicts currently recovering under the strictures of a daily methadone program: "As a result of the Drug Abuse Treatment Act of 2000," Baxter says, "patients can now receive treatment confidentially in a doctor's office, enabling individuals who may not have sought help previously to access treatment in their own community, often from their own doctor."

"Because the medication is approved for at-home use," Baxter continues, "patients can continue their daily lives while under a doctor's care, in much the same way that other chronic diseases are managed, such as diabetes, asthma or hypertension." This is a huge step in the ongoing development of recovery therapies because — as we saw with Sybil's bucking against the allegedly patronizing ways of the county's methadone clinic — it bestows upon addicts a level of respect, maturity and responsibility that can go a long way in "recovering" a normal life.

Of course, Suboxone also carries risks. Remember, we are talking addiction here, and one aspect of a strong recovery program involves the addict's learning to take his medication in a regular and responsible manner (veteran junkies would abuse Pepto-Bismol if it were illegal).

Baxter, like everyone involved in the field of recovery I spoke with, insists that medication alone is a poor substitute for tackling recovery from all possible angles, and according to individual need. And, when it comes to getting off buprenorphine itself, the same idea appears to hold true.

"There is not a one-size-fits-all approach to discontinuing Suboxone," Baxter says, adding that the decision to stop "should be made as part of a comprehensive treatment plan. The important factor is to ensure that appropriate counseling takes place and a relapse plan is established."

MANIFEST DESTINY

Is there something about the Pacific Northwest that pushes so many of its sodden, mist-enveloped denizens to seek solace in chemical nirvana? I think so, though I have as proof only the kind of anecdotal evidence that wouldn't stand a snowball's chance in hell among scientific types. But, considering the fact that, not all that long ago, homosexuality was considered an aberration, African-Americans were constitutional property and only three-quarter human, and addiction to opiates was considered, by law, a moral failing, I say fuck science. Science blew up the Holy Ghost in Nagasaki. Science ain't got no soul.

The soul of the Great Northwest is wicked and scorched, tangled by a gruesome haunted history that stretches back much further than those spavined pioneers huffing their luggage over the Oregon Trail. The trees have secrets here — secrets smothered in moss and swallowed by the ocean. Make no mistake: A forest is still a jungle, even if you're more likely to die of hypothermia in the Hoh Rainforest than die of thirst. We Northwesterners might have beat back nature for the time being, but nature will get the last laugh. The early natives counted on it.

A dank, gothic miasma suffuses the Pacific Northwest; it's got something to do with the way Manifest Destiny ran dry against our cold, rocky shores, and the way anyone who tapped the Calvinist spirit and stuck around at the ass end of the continent became a victim of waterlogging and too little sun. We are underdogs here, losers who seek a smug sort of comfort in our chronic defeatism. Francis Farmer. Ted Bundy. Kurt Cobain. Suicide rates are high in states like Oregon and Washington, and in a strange sense, offing yourself instead of, say, traveling south to sunnier climes, seems almost redundant. We are immaculate dead here, zombies of the fungus.

Opiates, which wax a mausoleum sheen on a life lived in failure, offer a means of achieving physiological stasis for seasonally affected sad-sacks who don't have the wherewithal to budge from the toadstool of life. Sure, it's a risky means, with shitty odds, but our culture as a whole isn't all that great at preparing individuals with tools for coping with the vapidness of our consumer culture.

Am I saying addiction is not a disease? By no means. Statistically, I was a goner in utero. I was a loaded die. But if we continue to ignore the cultural and social factors that compel dissatisfied people like me to strive, ignorantly, to feel normal, we're going to continue to have dirty needles on the one side, and Sandy Hook on the other, with everyone else trapped in-between. ■

* EDITOR'S NOTE: At the suggestion of family and friends of the author of this story, we are using his pen name. Comments on this story can be posted on our website, and email messages will be forwarded to him through editor@eugeneweekly.com

Dr. Miriam Mazure-Mitchell, ND, MS. Naturopathic Medicine

Oregon Board Licensed
Primary Care Provider with Full Prescriptive Privileges



Offering solutions for all ages and conditions.

- A Partner in Your medical team
- Expert at integrating modern and traditional therapies
- Evidence-based treatments to promote and restore health, minimizing risk of harm
- We bill most insurances
- Cancer Treatment Centers of America care partner
- Medical nutrition and gluten-free counselor
- Restorative Medicine certification
- Pain Society of Oregon board member



541-686-3399 | 2833 Willamette St. Suite A, Eugene
www.ndaccess.com/DrMMM

★ Springfield Creamery • Eugene, Oregon since 1960

★ Drink Cultured
★ Drink Genuine
★ Drink Local
★ Drink for Good Health
★ Enjoy!

★ Nancy's
★ cultured
★ dairy and soy
★

★ www.nancysyogurt.com

★ BILLIONS OF
★ PROBIOTICS
★ LIVE
★ CULTURES



You Can Get
Clean in Eugene



www.SerenityLane.org



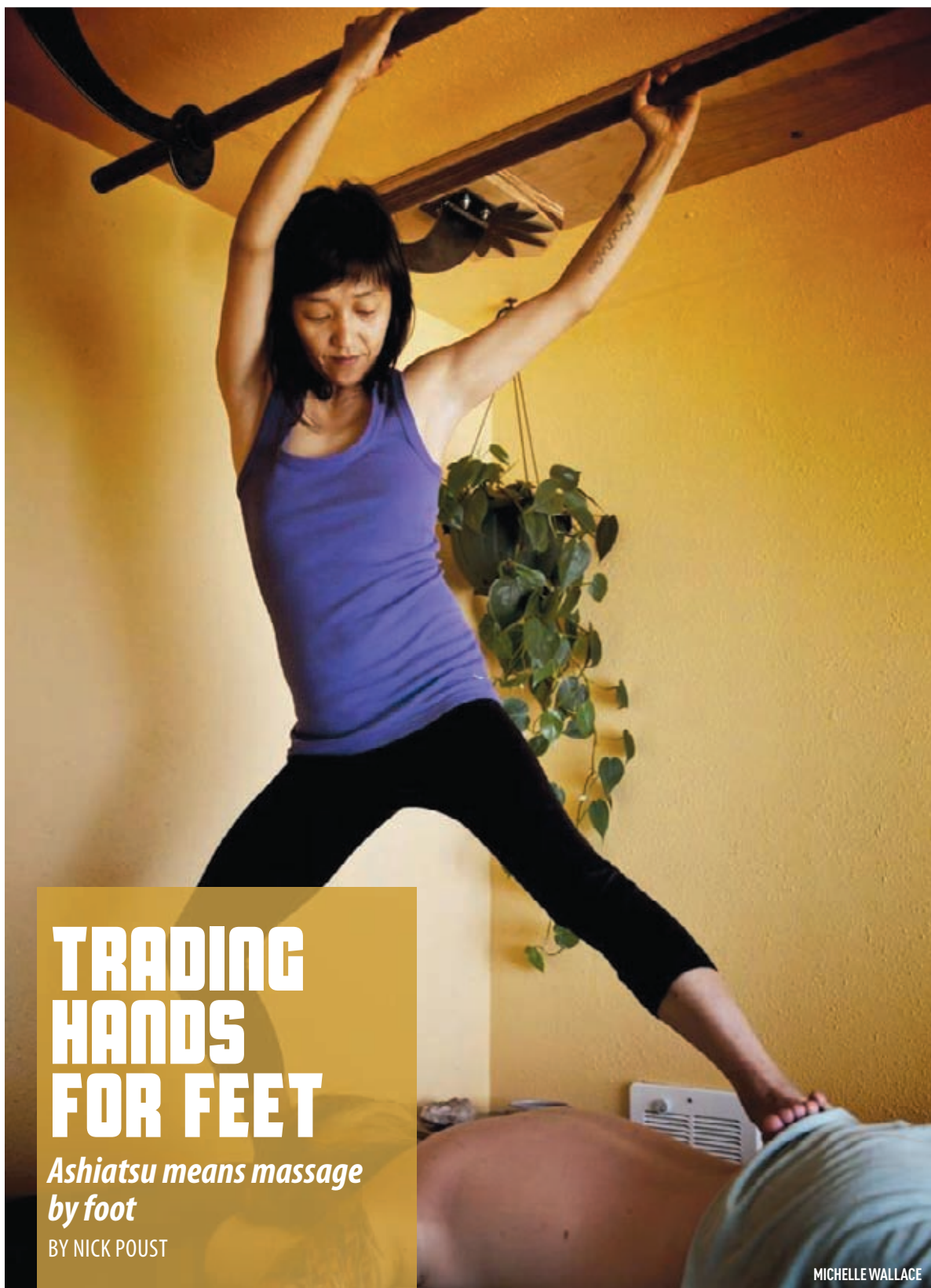
- FREE Initial Screening
- Inpatient/Outpatient Services
- Medical/Hospital Detox
- Most Insurance Plans accepted

SERENITY LANE
alcohol/drug treatment

541-687-1110

MINDING YOUR BODY

"Digressions, objections, delight in mockery, carefree mistrust are signs of health; everything unconditional belongs in pathology." So wrote Friedrich Nietzsche in *Beyond Good and Evil*. There are perkier aphorisms and quotes when it comes to health: An apple a day keeps the doctor away; a sound mind in a sound body; health is wealth. But as flu season departs and the sunny outdoor (allergy) season hits, you have to pull body and mind together to be healthy. Massage, mediation, working out, whatever it takes, good luck.



Hands are often an integral part of massage therapy, but not for those who practice ashatsu. Feet are their main instrument, used to smoothly work out all muscles of the body that are sore. Michelle Wallace practices ashatsu, a form of barefoot massage therapy, through her massage studio, Feet First!, and welcomes anyone who wants to experience what she calls "bodysurfing."

"It feels like a big wave of pressure that is moving down your spine and up your spine," Wallace says. "It's a broad, deep pressure that is relaxing."

Ashiatsu, originally founded by Ruthie Piper Hardee and meaning "foot pressure" in Japanese, requires strong feet, reliance on gravity and a deft touch to administer deep tissue massage. Wallace has bars attached to the ceiling, bracing herself as she puts just the right amount of pressure on all areas of the back and legs. It's not just feet that clients feel; sometimes, it's the weight of her body — all 90 pounds.

"The most unique part is that I'm able to use my whole body," Wallace says. "I feel like a monkey, kind of."

Ashiatsu, properly practiced, is slow and requires intuitive, versatile feet. This means being able to use different parts of the foot for different parts of the back and legs.

"I can do a lot with the heel of my foot in places like the glutes and the hamstrings," Wallace says. "And the ball of my foot and the toes can be used like hands to get into the shoulder blades. Then I will smooth out the whole body with the foot. So I can get in there and get really local like people do with their hands, but I can do the same thing with my foot."

Wallace has had ashatsu described to her as "a big squeeze." "Like I'm giving everybody a hug," she says, "pushing out the tense areas of the body."

Ashiatsu can be methodical, sometimes requiring prolonged pressure on a specific area. If a certain spot feels tense, Wallace won't move her foot, determined to work out the kinks. From her perspective, relying on gravity for pressure rather than exerted energy is key. From a client's perspective, letting the therapist's weight sink in is crucial to getting the most out of this experience.

As a result ashatsu is far more interactive than traditional massage, not necessarily through verbal communication, but through what the body is saying. Massage therapists who practice ashatsu can easily find where clients are holding tension. And with Eugene being Track Town USA, Wallace wants some of those clients to be athletes. She believes this method would be very beneficial to them.

"It's good for all types of body types, but especially for athletes," she says. "It's very effective for getting into their tight muscles without it being painful." ■

To experience ashatsu from Michelle Wallace, check out her Facebook page: [wklysw1fy](https://www.facebook.com/wklysw1fy). You can learn more about this barefoot massage therapy by visiting Deep Feet Bar Therapy, an organization through which Wallace did her training: deepfeet.com

PHOTO COURTESY OF MICHELLE WALLACE

MICHELLE WALLACE

TRADING HANDS FOR FEET

Ashiatsu means massage by foot

BY NICK POUST

ACUPUNCTURE for the PEOPLE



Affordable healthcare
in a comfy chair...

\$15 - \$35

you decide what to pay!

Your First
Treatment Only

\$10.00

With this ad
Expires 4/30/13 \$50 value



Book your
appointment
ONLINE
today!

ACHES & PAINS ~ ALLERGIES ~ PMS ~ STRESS...

2833 Willamette St. Suite E (541) 521-6285 www.AcupunctureForThePeople.org

PRO HEALTH
FAMILY MEDICINE

Office visits starting at \$99
Same Day Appointments

Justin Montoya, MD

1410 Oak St, Ste 102 in the Keiper Spine building
541-228-3270 • www.prohealthfamilymedicine.com



MINDING YOUR BODY 2013



DIRTY DERBY

Scientists use roller girls to study bacteria

BY SHANNON FINNELL

PHOTO BY JEFF BOERIO

Tens of millions of bacteria are crawling on your skin and squirming in your gut and in your mouth.

Thank goodness! Your microbiome — that's the collection of tens of thousands of species crawling through you — plays a role in training the immune system, and some skin bacteria even helps prevent acne. But scientists are only beginning to understand the human microbiome. That's where the Emerald City Roller Girls come in.

Since roller derby involves frequent and forceful skin-to-skin contact, former derby-er and current biology professor Jessica Green (aka "Thumper Biscuit") suggested it would be a useful way to look at the skin's microbiome. Scientists at the UO took bacteria samples from the shoulders of a Eugene roller girls team and their out-of-state opponents before, during and after a bout.

James Meadow, lead author of the study, says they got their first result before play even started: Teammates shared a unique team microbiome. "If we had picked out a player at random, I could tell you which team she played for just by swabbing the bacteria on her upper arm," he says. "It got more and more difficult as they play against each other to tell them apart because they'd been sharing microbes as the bout went on."

Meadow says teammates might share a microbiome for any number of reasons, including climate (the other teams were from the San Francisco Bay Area and Washington D.C.), frequent contact and even, possibly, a long van ride to the bout. He says learning that roller girls have a team microbiome is important because new technology means scientists are just starting to really understand healthy bacteria. "A lot of what we know about the microbiome is from sick people sharing pathogens," he says. "The vast majority of the microbes on the body are really good for us."

Now the scientists are working with a filmmaker to create a documentary, *Talk Derby To Me*. Check out the trailer at talkderbytomefilm.tumblr.com ■



traveling soon?
medical advice for global travelers

THE TRAVEL CLINIC

John D. Wilson, M.D.
1200 Hilyard St., Suite S-560
541/343-6028

www.TravelClinicOregon.com

Questions? Email us at travelclinicoregon.3436028@gmail.com

Acupuncture Of Eugene, LLC
Janeen Jones, LAc



144 East 14th Ave. @ Pearl Alley
acupunctureofeugene.com
CALL TODAY FOR A FREE CONSULTATION!

541-636-3328

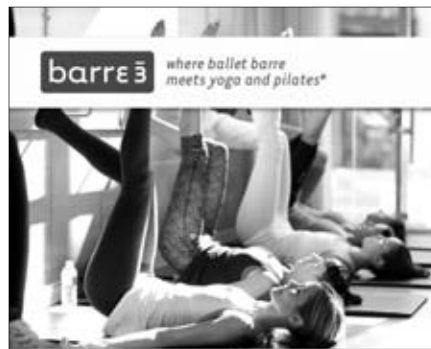
~ Pain relief
~ Allergies
~ Women's Health



Surround yourself
with Nature, and
give your mental
health a boost.

Nature Photos for
Workspaces

541.221.8107 | Sue Whitacre
www.whitefeatherart.net



Are you ready to shed
some pounds, shape
your body, and
get energized?

Barre3 Eugene Offers New Clients:

• 3 Classes for \$30

• Unlimited Month for \$99

(Students, teachers, & seniors receive 10% off
class packages- excluding new client specials.)

barre3 Eugene • barre3.com
224 West Broadway • 541-485-9643

We want to
change the
world. We
believe that
everyone can
be **healthy** and
fit. It starts with
the **decision** to
take the first
step. Take your
first **step**.

Consultations are
complimentary.

436 Charnelton Street
541.684.0577

www.carpediemfit.com



Carpediem



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PLAY FOR A LIFETIME!

Tennis Lessons
EUGENE FAMILY YMCA

Adult Lessons Beginner

This class is designed to give you the basics and help you feel comfortable participating in other Y programs or matches on your own. This is a fun, lifetime sport. Join us! You'll be ready to hit the courts by Summer!

Dates

April 2 - 25 (4 wk) Tuesday/Thursday
9:45 - 11:00 (min 3, max 5) or 11:00 - 12:15 (min 3, max 5)

Rates

Member
\$65

Potential Member
\$85



10 and Under Tennis (QuickStart Tennis)

Children ages 4-10. divided by age and ability.

A fun, engaging program to teach the fundamentals of tennis including; Hand-Eye Coordination, Back and Forehand Strokes, simple games, cooperative activities, basic rules, care of equipment, and sportsmanship.

We'll use 36' courts, foam or red balls & 17" to 21" racquets.

Dates

Monday / Wednesday 3:15 - 4:00

Apr. 1 - 25 (4 wk) There is no school on the 1st, but we will have lessons.

Apr. 29 - May 23 (4 wk)

Rates

Member Member
4wk 3wk
\$40 \$30

Potential Member
4 wk 3wk
\$60 \$50

Register at the Tennis Center or online. Questions? Please contact the Tennis Center at 541 683 3410. See you on the courts!



EUGENE FAMILY YMCA
2055 Patterson Street, Eugene OR 97405
P 541 686-9622 W eugeneymca.org

(541) 902-8860



Wellspring Clinic
your source for natural medicine

Homeopathy • Hormone Balancing • Facial Rejuvenation

www.TheWellspringClinic.com

Located in Florence - Come relax & heal at the coast!

PEACEFUL PRACTICES

Happiness starts in the mind

BY AMY SCHNEIDER

JIGME RINPOOCH AND LADY JANGCHUP PALMO

TODD COOPER

With the Dalai Lama visiting Eugene in May, there could be no better time to examine the peaceful practices that His Holiness the 14th Dalai Lama, Tenzin Gyatso, recommends for living a happier, healthier inner life.

“I think the overall theme of his visit is the path of compassion and peace as a global remedy,” says Jigme Rinpoche, spiritual director and co-founder at Eugene Sakya Center. “Global does not mean an international theme — it means compassion as the foundation of every relationship in every moment of the day.”

Jigme Rinpoche and his family were influential in arranging the Dalai Lama’s visit to Eugene — his mother, Lady Jangchup Palmo, known as Amala (“honorific mother”), met with His Holiness on several occasions, asking him to come to Oregon. As a leader in Tibetan Buddhism, Rinpoche (a Tibetan honorific for “precious one”) says happiness starts in the mind. When people are self-centered and think only for their own gain, they compromise their own happiness.

“Buddha said that we are what we think,” Rinpoche says. “And all that we are rides with our thoughts. With our thoughts we make the world — so speak and act with a pure mind, and happiness follows.”

In Tibetan Buddhism, having a pure mind means thinking of others and setting aside selfish thoughts. The only way to achieve inner peace is to reorient the mind and “develop a sense of

universal responsibility.” Rinpoche says it takes courage to overcome the tendency to think only of the self, but selfishness has already brought about the current economic crisis and environmental destruction, and it’s imperative for everyone to take a close look at their mindset.

“The change must come from within,” Rinpoche says. “Instead of selfishly thinking, think of others. Instead of getting angry and upset, think of kindness. That’s the way.”

In a world that seeks gratification from material objects, the Dalai Lama teaches that happiness comes from mental peace. To achieve that peace, His Holiness says that we must turn to others instead of toward our own material desires.

“From my own limited experience I have found that the greatest degree of inner tranquility comes from the development of love and compassion,” the Dalai Lama says on his website. According to his teachings, it is this interconnectedness of humanity that can enrich the mind, the shared desire for love and understanding.

So for a healthier mind, start practicing compassion and peace for the Dalai Lama’s upcoming visit. According to Rinpoche, Eugene is already off to a good start: “We as a community must have earned positive karma to be able to see and to hear such a being. It is a moment to celebrate.” ■

Tickets to see the Dalai Lama at Matthew Knight Arena on May 10 have sold out, but go to www.sakyausa.org for related events, including a 5K Peace Run/Walk on May 5 at 10 am, starting at the Nobel Laureate Peace Park in Alton Baker Park.



You can turn back the hands of time, counter catabolic decline & promote anabolic revitalization to restore & prolong your Life in Full Bloom!

Stoker's VitaWorld in Corvallis (Downtown) is the only independent local retailer (CIBA member), that offers this innovative/state of nutritional science supplements' to “stoke your health” for life!

Stoker's VitaWorld
“SUPER-NATURAL GOODS & MASSAGE FOR WELLNESS”

310 SW 2ND ST. | DOWNTOWN CORVALLIS

MON-SAT. 9AM-6PM | 541-754-VITS(8487)

WHILE SUPPLIES LAST

30% OFF

GET STOKED SAVINGS



Ruth E. Braun, PhD
Licensed Clinical Psychologist

New private practice
offering service to ages
16 and older, seniors welcome,
provider on several health plans

66 Club Rd., Suite 140 | Eugene
541-914-4652

Improve Health, Well Being & Personal Relationships NOW!

Offering Spiritual Healing and Guidance
On issues of Spirit, Mind & Body

- * **Shamanic Healer** with 25+ years experience
- * **Reiki**
- * **ThetaHealing**
- * **Results System - Brain Balance**
- * **Ionic Detox Foot Bath**
- * **Call for other services**



Metamorphosis
Healing Retreat

Call for Appointment - 541-844-2339
www.MetamorphosisHealing.net

Want to be the best version of you?



Call Randy to schedule a **FREE** consultation & 1 week gym membership

Functional Movements

Customized Exercises

Nutrition Expertise

Weight Loss



CrossFit Level 1 & National Academy of Sports Medicine certified
Randy, Personal Trainer at
International Fitness, Gateway Mall | (541) 378-8799

DIVINE (CROSS) FITS

*CrossFit — the Cross-
Training Exercise Program
— Kicks You*

BY WILLIAM KENNEDY

Robin Runyan is a four-year CrossFit veteran and coach. She came to CrossFit because other workout and conditioning programs didn't hold her attention; CrossFit's quick pace, varying routines, close-knit community and friendly competition appealed to her.

Runyan is with me at Eugene CrossFit, near Valley River Center, to guide and coach me through my first workout. I'm far from an exercise enthusiast, so I'm going to need all the help I can get.

"CrossFit is awesome for many reasons," Runyan says. "I hardly worked out before it. When I started, I did the same workouts as the 'real' athletes, but scaled to my ability. And I got stronger and learned more skills as time went by."

CrossFit.com, the fitness company's website, says: "CrossFit is a core strength and conditioning program," developed to be a broad fitness regimen that "optimizes fitness (constantly varied functional movements performed at relatively high intensity)." In the past few years, CrossFit's popularity has skyrocketed.

I set a few goals for my first CrossFit class:

- 1) Get some exercise.
- 2) Have fun.
- 3) Don't cry and/or beg for mercy.
- 4) Don't puke.

"My name is Luke," says the class instructor, a handsome, broad-shouldered man with a friendly smile, offering me a firm handshake.

"I'm William. I watch Downton Abbey."

I don't really say that.

First off we "warm-up" with a 400-meter run outside the gym. I normally don't run unless I'm chased, and I quickly lag behind. But I push through, and soon we're back inside. Next, we lap the gym doing high knees, "butt kickers" (heel to glute, heel to glute) and a sort of combination crab-walk and squat.

At this point, I'm checking off goal one on my list; I'm still having fun — but I'm growing uncertain about accomplishing goal three and four by the end of the hour-long workout.

There's definitely an element of competition in the CrossFit experience. Daily personal workout stats are recorded on a large white board. The CrossFit Games, founded in 2007, pits athletes against each other in workouts they only learn hours beforehand. This year, 138,000 people entered the games.

But those intimidated by competition shouldn't be dismayed — CrossFit is a friendly and welcoming environment. Luke gave plenty of personal attention and help learning the ropes.

The remainder of the workout consists of box jumps, push-ups and basic weightlifting technique (the kind of weightlifting oversized men and women do in the Olympics). "Let's put some weight on now," Runyan says after I show some progress learning the form with an empty bar. "Put some weight on it?" I think to myself incredulously.

We also practice with a kettlebell — kind of a shot put with a handle. We lift it over our heads in a core-strengthening exercise. Next is an 800-meter run. "A half-mile," Runyan whispers to me. I give it a shot, but at this point I'm walking a large portion of the route.

After the workout, Runyan tells me why she thinks CrossFit works for her when so many other exercise programs did not: "We hold each other accountable," Runyan says. "I saw immediate results."

"I like going to the gym," Runyan continues, "and I never thought I'd say that. I feel better physically, mentally, emotionally — it's a game changer."

"Think you'll do it again?" Luke asks me, likely noticing my flushed complexion and the fact I'm breathing heavily on the floor of the gym. I consider my checklist; I definitely got some exercise, had tons of fun and managed to avoid crying or losing my breakfast.

Four out of four ain't bad. ■

TODD COOPER

Sanctuary Massage

STRUCTURAL ASSESSMENT & POSTURAL INTEGRATION

Improve posture, boost energy, look & feel younger in ten sessions.

"age reversing for your joints"

541-343-0109 Auto and Medical Insurance Accepted
TAMMY WISE LMT# 11561 JUSTUS GROSE WISE LMT# 16860

Evening appointments - Gift Certificates
Student/Senior Discounts - Auto accident

Sports Massage Plus

Leslie Shawver, LMT #3492
541-870-7245
www.sportsmassageplus.net

Sports, Deep Tissue, Myofascial for injury treatment, stress relief, and chronic pain

1 block from Matthew Knight Arena

1907 Garden Ave., Suite 205, Eugene

Pam Farmer L.Ac., Dipl.Ac.

Five Element Acupuncture

541-345-2114
840 Lawrence St.
pamfarmerlac@gmail.com
www.pamfarmerlac.com

Sacred Medicine & Sunrise Colonics

Present a

Physician Supervised Spring Nutritional Cleanse

Please join

Dr. Kelly M. Fitzpatrick, Naturopathic Physician & Laura Taylor, Certified Colon Hydrotherapist for an Informational Session

April 30, 2013 6-8pm
Registration Required: 541-344-9658 or 541-484-6224

WHAT'S HAPPENING

It started a long time ago, with a fella who may or may not have existed, and who may or may not have been crucified, buried and resurrected. Fact-or-fiction notwithstanding, Sunday, March 31, is **Easter**. For some, Easter Sunday is a devout and religious celebration in which the miraculous resurrection of God's only son is remembered fondly and enjoyed accordingly. For others, it's all about the chocolate, baby. The rabbit — who, for some reason, spends his life hiding eggs — comes from an Alsace tradition involving a hare, and it's a good thing too, because without this odd piece of lore there would be no cute Easter mascot. The eggs make a bit more sense, as they are meant to symbolize the boulders that were rolled in front of Jesus' tomb before his subsequent resurrection. So remember, kids, there's nothing wrong with lore and religion combining, because you'd probably have nothing to rot your teeth with this Sunday. Happy Easter!



THURSDAY

MARCH 28
SUNRISE 7:01AM; SUNSET 7:36PM
AVG. HIGH 58; AVG. LOW 38

FOOD/DRINK The Corner Market, noon-6pm today, tomorrow, Tuesday, Wednesday & Thursday, April 4, 295 River Rd., 513-4527.

Wine tasting, 5-7pm today & Thursday, April 4, Supreme Bean Coffee Co., 2864 Willamette St. FREE.

GATHERINGS Group Acupuncture Clinic, 10am orientation, 10-11:30am clinic, Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. Donat.

Eugene Metro Business Networking International, 11:30am, Downtown Athletic Club, 999 Willamette St., <http://wkly.ws/159> \$12 lunch.

Teen Gaming, 3:30-5pm, Springfield Library, 225 5th St., Spfd., info at 726-2235.

Tween Scene Book Group, 4pm, downtown library, info at 682-8316. FREE.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Plant Nerd Night, 7pm, Eugene Garden Club, 1645 High St. FREE.

Trivia Night, 7pm, Sixth Street Grill, 55 W. 6th Ave. FREE.

Doc's Pad Drag Queen Bingo w/ Trai La Trash, 8pm, Doc's Pad, 710 Willamette St. FREE.

'80s Night, 9pm, John Henry's. \$3, females FREE before 11pm.

Trivia Night, 9pm, Sidebar, 1680 Coburg Rd.

KIDS/FAMILIES Wonderful Ones Storytime, 1-year-olds w/caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

Puppet Making Workshop w/ Celeste Rose, 12:30-3:30pm, Springfield Library, 225 5th St., Spfd.

"I Dig Dinosaurs," puppet show for kids, 2:30pm, Bethel Branch Library, 1990 Echo Hollow Rd., info at 682-8316. FREE.

Music Time, 3pm, The Dancing Weasel Toy Store, 30 E. 17th Ave. FREE.

"I Dig Dinosaurs," puppet show for kids, 4:30pm, Sheldon Branch Library 1566 Coburg Rd., info at 682-8316. FREE.

LECTURES/CLASSES Library2Go Help Session, 10:30am-noon, Springfield Library, 225 5th St., Spfd., info at 726-2237.

"How Long Term Care Insurance Works" w/Kim Kelly, 5-6pm, LTCA Office, 333 W. 10th Ave., RSVP at 222-9020. FREE.

"Playing Offense: Renegotiating the Social Contract for the Twenty-First Century" w/Bob Bussel, 7pm, First United Methodist Church, 1376 Olive St. FREE.

OUTDOORS/RECREATION Pool Hall for seniors, 8:30am-4:30pm, today, tomorrow & Monday through Thursday, April 4. \$0.25.

Walk with Us, weekly self-led neighborhood walking group, ages 50 & up, 9:30-10:30am

today & Thursday, April 4, meet at Petersen Barn Community Center, 870 Berntzen Rd. FREE.

Mahjong for Seniors, 1-4pm, Campbell Community Center, 155 High St. \$0.25.

Gentle Yoga, 5:30-6:30pm, Trauma Healing Project, 2222 Coburg Rd., STE 300, 687-9447. Donat.

Prenatal Yoga, 5:30-6:45pm today & Thursday, April 4, RiverBend Medical Center, 3333 Riverbend Dr., Spfd., 222-7074. \$11, \$40 for 4 classes.

Aqua Yoga, 5:45-6:45pm today & Thursday, April 4, Tamarack Wellness Center, 3575 Donald St. \$11.

Team Run Eugene adult track workout group, 6pm, ATA Track, 24th & Fillmore St. FREE.

Yoga Dance Party w/Vegetarian Dinner included, 7pm, Alchemy Lotus Healing Center, 1380 W. 17th Ave., info at 286-0000. \$8.

Contact Juggling, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Drop-in Kayaking, bring equipment, no instruction provided, ages 12 & up, 8-10pm, Echo Hollow Pool, 1655 Echo Hollow Rd. \$5

Hot Mamma's Club, 8:15pm, All That! Dance Company, 855 W. 1st Ave., info at 688-1523 or allthatdance@hotmail.com \$10.

SOCIAL DANCE Yoga Dance Party & vegetarian dinner, 7pm, Alchemy Lotus Healing Center, 1380 W. 17th Ave., RSVP at yoginimatrix@gmail.com \$8.

SPIRITUAL Reiki Tummo Healing Clinic, 5:30-7:30pm, 1340 W. 17th Ave., call 914-0431 for appt. Donat.

Overcoming Your Inner Pharaoh, attain your hopes & dreams w/Shmuel Shalom [Geoffrey] Cohen, 13 Thursdays, 7pm, info & pre-reg. at 514-2571 or consciousutorah.com \$15/night, \$130/series.

Zen West meditation group, bringing practice home, beginners welcome, 7:30-9pm, Unitarian Universalist Church of Eugene, 1685 W. 13th Ave, info at 543-5344 or zenwesteugene@gmail.com Donat.

THEATER *Happily Ever After... Maybe!* 7pm today through Saturday, play runs through April 6, Red Cane Theatre, 1075 Chambers St. \$14-\$18.

Short Form Theater Workshop, 7:30pm, New Zone Gallery, 164 W. Broadway Ave. FREE.

La Cage aux Folles, 8pm today through Saturday, 2350 Hilgard St., info & tix at thevlt.com or 344-7751. \$15-\$20.

VOLUNTEER Care for Owen Rose Garden, bring gloves & small hand-weeding tools, instruction provided, noon-3pm, end of N. Jefferson St., 682-5025.

FRIDAY

MARCH 29
SUNRISE 6:59AM; SUNSET 7:37PM
AVG. HIGH 58; AVG. LOW 38

COMEDY Hannibal Buress, 9pm, WOW Hall. \$18 adv., \$20 door, \$25 rsvd.

FARMERS MARKETS' Market-place@Sprout, year-round indoor farmers' market w/entertainment, 3-7pm, 418 A St., Spfd. info at sproutfoodhub.org

FILM Spring Film Festivals Preview, 5-7pm, Cozmic. FREE.

FOOD/DRINK Eugene Food Not Bombs, 2-4pm, 8th & West Park. FREE.

Wine Tasting, 6-9pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd.

The Corner Market continues. See Thursday, March 28.

GATHERINGS City Club of Eugene Meeting, noon-1:30pm, Eugene Hilton, 66 E. 6th Ave. FREE.

Eugenius Indoor Market, local art, crafts & produce, noon-9pm today, 10am-6pm tomorrow & Sunday, info at eugeniusmarket.com

Kesey Square Revival: Creating vibrant public space downtown that focuses on community inclusion, art vendors welcome, noon-5pm, Kesey Square. FREE.

Weekly Bank of America protest, 4:30-5:30pm, 11th & Pearl. FREE.

Last Friday Art Walk, 6-9pm, various locations in the Whiteaker Neighborhood. See "Galleries" section for more info.

OE General Assembly, 6pm, Growers Market.

Game Night, bring board game or use house game, 7pm, Divine Cupcake, 1680 W. 11th Ave. FREE.

Trivia Night, 8pm, Rogue Public House, 844 Olive St. FREE.

Poker Tournament, 9pm, Goodfellas, 117 S. 14th St., Spfd., 726-9815.

KIDS/FAMILIES Baby Storytime, ages 0-1 w/caregivers, 10:15am & 11:15am, downtown library. FREE.

Family Storytime, 11:15am, Bethel Branch Library, 1990 Echo Hollow Rd.; 11:15am, Sheldon Branch Library, 1566 Coburg Rd., FREE.

PJ's Crazy Bird Puppet Workshop, 1-2pm, Springfield Library, 225 5th St., Spfd.

ON THE AIR Ducks Men's Basketball vs. Louisville, 4:15pm, CBS.

The De'AmPy Soul Hama Show, 10pm, Comcast Channel 29.

"The Sunday Morning Hangover TV Show," 11pm, Comcast channel 29.

OUTDOORS/RECREATION Walk 'n' Talkers, weekly self-led neighborhood walking group, 9-11am, meet at Campbell Community Center, 155 High St. FREE.

Bridge Group for Seniors, 12:30-3:30pm, Campbell Community Center, 155 High St. \$0.25.

Pinochle for Seniors, 12:30-3pm today & Monday, Petersen Barn Community Center, 870 Berntzen Rd. \$0.25.

Emerald Valley Indoor BMX, today & tomorrow, 1:30-2:30pm Saturday registration, Lane Events Center, 796 W. 13th Ave. \$15/bike, spectators FREE.

Pool Hall continues. See Thursday, March 28.

SOCIAL DANCE Salsa Dancing w/ Jose Cruz, 8:30pm, Vet's Club Ballroom, 1626 Willamette St. \$7.

SPIRITUAL Yoga Attunement w/ Dave Curtis, all levels, 6:45-8am, Saraha Nyingma, 447 E. 40th Ave., info at yogawithdave.com or 515-3614. \$10 pre-reg., \$12 door.

THEATER *Always, Patsy Cline*, 8pm today, 7:30pm tomorrow, Actors Cabaret, 996 Willamette St., info & tix at actorscabaret.org or 683-4368. \$16-\$41.95.

Happily Ever After... Maybe! continues. See Thursday, March 28.

La Cage aux Folles, continues. See Thursday, March 28.

SATURDAY

MARCH 30
SUNRISE 6:57AM; SUNSET 7:38PM
AVG. HIGH 58; AVG. LOW 38

FARMERS' MARKETS' Hideaway Bakery Farmers' Market, 9am-2pm, Hideaway Bakery 3377 E. Amazon.

Cottage Grove Growers Market, 10am-6pm, 12th & Main St., Cottage Grove.

Lane County Farmers' Market, Saturdays through March 30, 10am-2pm, 8th & Oak St.

GATHERINGS Dog-Gone Easter Egg Hunt, 10am registration, 11am egg hunt for well behaved, leashed dogs, 11:15am photos w/the Easter Bunny, Petersen Park. Donat.

Eugene Roadster Show, 10am-9pm today, 10am-5pm tomorrow, Lane Events Center, 796 W. 13th Ave., info at 689-6824 or roadster-shows.com \$8, 15 & under FREE.

Triangle Lake Seed Exchange & Garden Party, 10am-10pm, info & directions at circleofchildren.org or circleofchildren@gmail.com FREE.

Easter Egg Hunt, noon-2pm, various Cottage downtown businesses in Cottage Grove.

Peace Vigil, noon-1pm, downtown library, info at 342-2914. FREE.

Pictures w/the Easter Ferret, 4pm today & tomorrow, PetCo, 1169 Valley River Dr., info at laneferrets@yahoo.com or 484-1090. \$5/picture.

Eugenius Indoor Market continues. See Friday.

KIDS/FAMILIES Annual MEGGA Hunt, Easter egg hunt, 9am-noon, Jack B. Lively Memorial Park, 6100 Thurston Rd., Spfd., times vary by school grade, see willamalane.org or call 736-4544 for info. \$5.

Family Music Time, 10:15am, downtown library, info at 682-8316. FREE.

NanoDay, learn about nanoscale science, 11am-3pm, Science Factory Children's Museum & Exploration Dome, 2300 Leo Harris Pkwy., info at sciencefactory.org/ special events.shtml \$4, \$3 sen, mem. FREE.

Cuentos y Canciones: Stories & Songs in Spanish, 11:15am, Bethel Branch Library, 1990 Echo Hollow Rd., info at 682-8316. FREE.

Parent & Baby Yoga, 11:45am-12:45pm, Just Breathe, 2868 Willamette St. #200, 852-6866. \$8-\$11.

Puppet Making Workshop w/Celeste Rose final class, 12:30pm, Springfield Library, 225 5th St., Spfd.

Folk Tales & Fun, performed by Celeste Rose Workshop Kids, all ages, 2pm, Springfield Library, 225 5th St., Spfd.

Dog Tale Time, kids invited to read to trained service dogs, 2-3:30pm, downtown library, info & pre-reg. at 682-8316. FREE.

LECTURES/CLASSES "Beyond Bars: Re-envisioning the Prison System" w/Walidah Imarisha, 2pm, downtown library, info at 682-5450. FREE.

Creative Writing Workshop for sexual assault survivors of all genders & abilities, 2-4pm, info, pre-reg. & location at 484-9791 ex.302 or supportgroup@sass-lane.org FREE.

ON THE AIR Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29.

The De'AmPy Soul Hama Show, 10pm, Comcast Channel 29.

"The Sunday Morning Hangover TV Show," 1:30am, Comcast channel 29.

OUTDOORS/RECREATION Alton Baker Disc Golf Course Grand Opening & Disc Golf Tournament, today & Monday, info at eugene-discgolf.com



CHIMAMANDA ADICHIE SPEAKS AT FORD ALUMNI CENTER ON MONDAY

GEARs: Waltherville via Thurston Rd., 34 miles, 9:30am, Alton Baker Park, info at 998-8420.

Prenatal Yoga, 10-11:30am, Just Breathe, 2868 Willamette St. #200, 852-6866. \$8-\$11.

Yoga for Large Bodies, 10:15-11:30am, Eugene Yoga, 3575 Donald St.

Prenatal Yoga, 11:30am-12:45pm, Eugene Yoga, 3575 Donald St.

Lane County Concussion men's roller derby bout, 2pm, Willamalane Center, 250 S. 32nd St., Spfd., info & tix at facebook.com/lanecountyclconcussion \$8 adv., \$10 door.

Emerald Valley Indoor BMX continues. See Friday.

SOCIAL DANCE All-Levels African Dance w/Alseny, 11am-12:30pm, WOW Hall. \$12, \$10 stu.

Cuban Salsa Dancing w/intro lesson, 9pm, upstairs at the Veteran's Club, 1626 Willamette St., info at meetup.com/cubansalsa \$6.

THEATER *Always, Patsy Cline* continues. See Friday.

Happily Ever After...Maybe! continues. See Thursday, March 28

La Cage aux Folles continues. See Friday.

VOLUNTEER Obsidians: Spencer Butte Trailwork, 9am-noon, meet at Spencer Butte Willamette Trailhead; SOLV Beach Cleanup, Washburn State park, 4 miles, sign up obsidians.org

Plant & Mulch Work Party, 10am-3pm, info & reg. at bquick-warner@unitedway-lane.org or 741-6000.

EASTER SUNDAY

MARCH 31
SUNRISE 6:55AM; SUNSET 7:39PM
AVG. HIGH 58; AVG. LOW 38

BENEFITS Fundraiser for a local girl that was accepted to attend New York Conservatory For The Dramatic Arts Summer Program, 7pm, Cozmic. \$5-\$20 donat.

COMEDY Eugene Laff Off, benefit for Greenhill Humane Society, 7-10pm, Actors Cabaret of Eugene, 996 Willamette St., info at actorscabaret.org \$20.

FOOD/DRINK Mimosa Sunday, noon-6pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd.

GATHERINGS Emerald Grove Intentional Community weekly meeting for Aspiring Sustainable Eco-village & non-profit organization, 6:30-8:30pm, info & location at cocreative-livingfoundation.wordpress.com FREE.

Broadway Revue, 9pm, John Henry's. \$5.

Poker Tournament, 9pm, Goodfellas, 117 South 14th St., Spfd.

Eugenius Indoor Market continues. See Friday.

Eugene Roadster Show continues. See Saturday.

Pictures w/the Easter Ferret continues. See Saturday.

HEALTH Occupy Eugene Medical Clinic, noon-4pm, Park Blocks, 8th & Oak. FREE.

KIDS/FAMILIES Easter Egg Hunt, 11am, Unity of the Valley, 3912 Dillard Rd., info at 345-9913.

Pokemon League, 1pm, Cozmic. FREE.

Family Fun: Game Time, 2:30pm, downtown library, info at 682-8316. FREE.

ON THE AIR Sentinel Radio broadcast, 7am, KPNW 1120AM.

OUTDOORS/RECREATION GEARs: Rattlesnake Butte, 59 miles, 9:30am, Alton Baker Park, info at 484-9398.

Prenatal Yoga, 3-4:30pm, Yoga West Eugene, info at 337-8769. \$8 drop-in, \$7 stu.

Foosball League, free play 4-6pm & 8pm-midnight, league 6-8pm, The Barn Light, 924 Willamette St., info at the-barnlight@gmail.com FREE.

Yoga by Donation, mixed levels, 4:30-5:45pm, Eugene Yoga, 3575 Donald St., 520-8771. Donat.

SOCIAL DANCE Tango Milonga, 3-5pm lessons, \$12; 5-7pm dance, \$5, Reach Center, 2520 Harris St.

Cuban Salsa, 5pm lesson, 6pm social dance, Courtsports, 2728 Pheasant Blvd., Spfd., see www.eugenecasineros.com for info. \$2 sug. don.

La Milonguita, Argentine Tango Social Dance, no partner necessary, 5-7pm, Reach Center, 2520 Harris St. \$5 dance, watch for FREE.

Veselo Folk Dancers, weekly international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 683-3376. \$3.

SPIRITUAL Yoga Attunement w/Dave Curtis, all levels, 6:45-8am, Saraha Nyingma, 447 E. 40th Ave., info at yogawithdave.com or 515-3614. \$10 pre-reg., \$12 door.

The Fullness of Easter: A Communion Service, 9am & 11am, Unity of the Valley, 3912 Dillard Rd., info at 345-9913.

Vinyasa Mixed Levels Yoga, 10:30-11:30am, Everyday People Yoga, 352 W. 12th Ave., info at epyogaeugene.com Donat.

You are invited to Of One Mother Church of Love &

Wisdom, 10:30am, directions at 285-4102.

Meditation, 5-6:15pm, Everyday People Yoga, 352 W. 12th Ave., info at epyogaeugene.com Donat.

Relax Deeply Through Sound, 7-8:15pm, Yoga West of Eugene, 3635 Hilyard St., info at 343-7825. \$8.

Introduction to Tibetan Meditation, series passes available & drop-ins also welcome, Sundays through April 21, 7-15-8:15pm, Just Breathe Yoga Studios, 2868 Willamette St.

MONDAY

APRIL 1
SUNRISE 6:53AM; SUNSET 7:41PM
AVG. HIGH 59; AVG. LOW 38

BENEFITS Pints Gone Wild! Cascadia Wildlands Benefit feat. Inoke Baravilala, 5:30-7pm, Ninkasi Brewing Co., 272 Van Buren St.

FILM Movie Night, 9pm, The City. FREE.

GATHERINGS Eugene Lunch Bunch Toastmasters, learn public speaking in a friendly atmosphere, noon, 101 W. 10th Ave., info at 341-1690.

Tween Scene, ages 9-13, 3:30-4:30pm, Springfield Library, 225 5th St., Spfd.

Anime Club, ages 12-18, 4-5:30pm, Ophelia's Place, 1577 Pearl St. FREE.

Women in Black Standing for Peace, silent vigil, 5-5:30pm, across the street from old federal building, 7th & Pearl St., info at 343-0063. FREE.

Draw or paint & listen to local musicians, 6-8pm, Cafe Perugino's, 767 Willamette St. \$0-\$5 donat.

Board Game Night, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com FREE.

Evolve-Talk-Listen! A facilitated weekly salon for meaningful sharing, practice "compassionate nonviolent communication" to resolve difficult situations, 7-9pm, info & location at 484-7366. \$7-\$20 donat.

Humble Beagle Pub Trivia Night w/host Elliot Martinez, 7pm, Humble Beagle Pub, 2435 Hilyard St. FREE.

Jameson's Trivia Night, 7-9pm, 115 W. Broadway.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave.

Monday Night Drop-in Group, self-identified women age 18 over, 7-8:30pm, Sexual Assault Support Services, 591 W. 19th Ave., info at 343-SASS (7277). FREE.

Poetry Open Mic, 7pm, Granary Pizza, 259 East 5th Ave. FREE.

Bingo, 9pm, Sam Bond's. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave.

Game Night, 9pm, Cowfish, 62 W. Broadway. FREE.

KIDS/FAMILIES No School Day Program, grades 1-6, 9am-4pm, Science Factory Children's Museum & Exploration Dome, 2300 Leo Harris Pkwy., pre-reg. \$40, \$35 mem.

LECTURES/CLASSES "eBooks for Kindle," 5:30pm, downtown library, info at 682-5450. FREE.

Chimamanda Adichie gives her TED Talk on "The Danger of the Single Story," 7pm, Ford Alumni Center, UO Campus. FREE.

OUTDOORS/RECREATION Flowing Yoga, 11am-noon, Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. Donat.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002.

VLT 84th SEASON!

The Very Little Theatre
presents
The Tony Award-winning musical

LA CAGE AUX FOLLES

Music and Lyrics by Jerry Herman

Book by Harvey Fierstein

Based on the play "La Cage aux Folles"
by Jean Poiret

Directed by Michael P. Watkins

FINAL WEEK! March 28-30

Tix: \$20 (\$15 for Thursdays)

Box office open 2:00-5:30

Wed.-Sat., 2350 Hilyard St.

Tix on-line at www.TheVLT.com

541-344-7751

MARIA BAMFORD



BRILLIANT STAND-UP COMEDY SUPERSTAR!



MARIA BAMFORD LIVE IN EUGENE

McDONALD THEATER FRIDAY, APRIL 5th TICKETS GOING FAST!



TICKETSWEST.COM
SPONSORED BY GILGAMESH BREWING
PRESENTED BY RAVENS FLIGHT CREATIVE & HENNEPIN STUDIOS

Look at our ad
on page 11 for
special offer!

THRIVE! Chiropractic

Increase vitality

Improve mobility

Promote internal function

Resolve/evolve pain

Live well. Naturally.

Explore more about Thrive
www.thrivechiro.us

NEW DOWNTOWN LOCATION
777 HIGH STREET, SUITE 270
EUGENE, OR • 541.913.8300
www.thrivechiro.us

Value Village

Affordable
Fashion
for
Everyday
People

Top:
\$3.99

Pants:
\$3.99

Vest:
\$3.99

Shoes:
\$9.99

Backpack:
\$4.99

Total:
\$26.95

We
need
gently
used
clothing,
shoes,
books and
housewares!

\$5 OFF
A \$10 PURCHASE
with your donation

20% OFF on Fridays for Students

Value Village

GOOD THROUGH 4-30-13. CANNOT BE COMBINED
WITH ANY OTHER DISCOUNT OR COUPON

555 W Centennial Blvd
541-747-8339



All donations benefit
The ARC Lane County



Do something meaningful for your community and good for your soul.



Advocate for residents in nursing homes & assisted living
Flexible work schedule

FREE TRAINING begins May 14 in Lane County

Office of the Long-Term Care Ombudsman
541-345-2846 or 1-800-522-2602
www.oregon.gov/LTCO

CALENDAR

PAPADOSIO PLAYS WOW
HALL ON WEDNESDAY
(SEE MUSIC LISTINGS)



\$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Alton Baker Disc Golf Course Grand Opening & Disc Golf Tournament continues. See Saturday.

Pool Hall continues. See Thursday, March 28.

Pinocle for Seniors continues. See Friday.

SOCIAL DANCE Beyond Basics & Advanced Beyond Basics, 7-8pm, The Vet's Club, 1626 Willamette St.

Scottish Country Dance w/Robert & Leone, all dances taught; reels, jigs, strathspeys, 7-9pm, Studio B, 1590 Willamette St., info at 935-6051. \$15/month.

West Coast Swing, 7pm lessons, 8-10:30pm dance, The Vet's Club, 1626 Willamette St., info at 68swing.com \$6, \$4 stu., mem.

SPIRITUAL Open Heart Meditation, 5:30-6:30pm, 1340 W. 17th Ave., info at 914-0431. FREE.

TUESDAY

APRIL 2
SUNRISE 6:51AM; SUNSET 7:42PM
AVG. HIGH 59; AVG. LOW 38

FILM Rio Grande, 7pm, UO Baker Center, 325 E. 10th Ave.

How to Start a Revolution, 7:30pm, Eugene Hilton, 66 E. 6th Ave., info at howtostartarevolutionfilm.com

FOOD/DRINK The Corner Market continues. See Thursday, March 28.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 6:45-8:15am, Original Pancake House, 782 E. Broadway, call 343-3743 for info. FREE.

Lane County Association of PERS Retirees meeting, 10am coffee, 10:30am program, Campbell Senior Center, 155 High St., info at 343-8941.

WellMama support group for pregnant & new mamas experiencing mood disorders, 10:30am-noon, Parenting Now! 86 Centennial Loop. FREE.

Willama-Library book club, 10:30am, Springfield Library, 225 5th St., Spfd.

NAMI Connections, peer support group for people living with mental illness, 3:30-5pm, First United Methodist Church, 1376 Olive St. FREE.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Trivia Night, 7pm, Divine Cupcake, 1680 W. 11th Ave. FREE.

Women's Polyamory reading & discussion group, 7-8:30pm, info & location at polydisco3@gmail.com

Tricycle Races, 9pm, McShanes, 86495 College View Rd. FREE.

KIDS/FAMILIES Terrific Twos Storytime, for 2-year-olds w/ caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

Story Time, 11am, The Dancing Weasel Toy Store, 30 E. 17th Ave. FREE.

LECTURES/CLASSES A Summit: The Persecution of Midwives as a Human Rights Issue, 9am-5:30pm, Eugene Hilton, 66 E. 6th Ave., info at midwiferytoday.com/conferences/Eugene2013/

"Jobs for Seniors," 9-10:20am, Campbell Community Center, 155 High St., info & pre-reg. at 682-5318. FREE.

Conquering the Dragon, dealing w/addiction, for the whole family, noon-1:15pm, Just In Time, 1095 W. 7th Ave., info at lisa@heartfornow.org or 579-3084. FREE.

"Crisis in Honduras" w/ Honduran Jesuit Priest Father Ismael Moreno Coto & Lucy Edwards, 7pm, Eugene Friends Meeting House, 2274 Onyx, 844-5679. FREE

LITERARY Poetry Reading w/ Geri Doran, Charles Goodrich & Amy MacLennan, 7-9pm, Springfield Library, 225 5th St., Spfd.

ON THE AIR Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Obsidians: Birding & bike W. Eugene Wetlands, 14 miles, sign up obsidians.org

Pinocle for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Tai Chi for beginners w/Suman Barkhas, 11:30-noon, Sacred Heart Medical Center at Riverbend, 3333 Riverbend Dr., Spfd., info at 515-0462.

Nia 5 Stages for Self-Healing, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 687-9447. Donat.

Nia Dance for Self-Healing, 1pm-2pm, Trauma Healing Project, 2222 Coburg Rd., 687-9447. Donat.

Scrabble for Seniors, 1-3pm, Campbell Community Center, 155 High St. \$0.25.

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.

Pool Hall continues. See Thursday, March 28.

SOCIAL DANCE Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, \$3; 7:45pm dance, \$2, Willamalane Activity Center, 215 W. C St., Spfd., 344-7591.

WEDNESDAY

APRIL 3
SUNRISE 6:50AM; SUNSET 7:43PM
AVG. HIGH 59; AVG. LOW 39

FILM Cure Tooth Decay: Remineralize & Repair Your Teeth Now w/Traditional Foods, 5:45pm, Eugene Sudbury School, 2370 Parliament St., info at info@krautpounder.com FREE.

FOOD/DRINK Sweetwater Farm Stand, fresh farm produce, products & recopes, 4-6pm, 1243 Rainbow Dr.

The Corner Market continues. See Thursday, March 28.

GATHERINGS UO Libraries Discover Music Sale & Music Services Intro, thousands of 78 records, 9am-4:30pm, Knight Library Browsing Room, UO Campus, 346-1826. FREE.

Free Admission Day at UO Museum of Natural & Cultural History, 11am-5pm, UO. FREE.

Teen Gaming, 3:30-5:30pm Wednesdays through March 13, Sheldon Branch Library, 1566 Coburg Rd., info at 682-8316. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Homeowner Assistance Meeting, 5pm-7pm, Growers' Market, 454 Willamette St. FREE.

D&D Encounters, dungeons & dragons campaigns, 6pm, Delight, 811 E. Main St., Cottage Grove, info at delightcg@gmail.com

NAMI Connections Support Group for individuals w/mental illness, 6pm, NAMI Office, 76 Centennial Loop., Suite A, 209.

Support Group for People Who Have Loved Ones w/Asperger's Syndrome, 6-7:30pm, 105 W. Q St., Spfd., info at 221-0900.

Trivia Night, 7pm, Sharkeys Pub & Grill, 4221 Main St., Spfd.

Trivia at Supreme Bean, 7pm, 16 Tons Supreme Bean, 29th & Willamette. FREE.

Bingo Night, 8pm, Rogue Public House, 844 Olive St. FREE.

KIDS/FAMILIES Lapsit Storytime, ages birth-3 w/adult, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Little Wonders: Stories & Activities for Pre-Kindergarteners, 11am-noon, UO Museum of Natural & Cultural History, UO Campus, info at natural-history.uoregon.edu

Sensory Storytime, stories for children w/sensory integration or other special needs w/caregivers, 1pm, downtown library, info at 682-8316. FREE.

Whole Earth Nature School Fox Den, evening family nature program, 5pm, Cozmic. FREE.

GEM FAIRE



April 5, 6, 7

Lane County Events Center
{ Exhibit Hall, 796 W. 13th Ave. }

FRI. 12-6 | SAT. 10-6 | SUN. 10-5

- General admission \$7 weekend pass -

✓ Huge selection from around the world!

✓ Buy direct from importers & wholesalers

✓ Jewelry repair while you shop

✓ Free hourly door prize drawings



GemFaire.com

503.252.8300 info@gemfaire.com

Gems
Beads
Jewelry
Crystals
Minerals
Findings

*Not valid with other offer. One coupon per customer.

LECTURES/CLASSES ASL: learn American Sign Language w/ Anne Devlin, all ages, 10am, info & location at www.signwithmebaby.org FREE.

Class for women recently widowed or seeking information about divorce, noon-1pm, Community Mediation Services, 93 Van Buren St., info at 2ndsaturdayeugene.org or 239-3504. \$25/4 classes.

OUTDOORS/RECREATION Chess for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Accessible Acquatics, swimming classes for individuals with disabilities, 10am, Amazon Pool, 2600 Hilyard St. \$7.

Aqua Nia, 10-11am, Tamarack Wellness Center, 3575 Donald St., pre-reg. at 686-9290. \$11.

Bike Riding for Adults, 10:30am, Campbell Community Center, 155 High St., info at 682-5318. FREE.

Bike Riding for Seniors, weekly in-town rides, helmets required, 10:30am, from Campbell Center, 155 High St., reg. 682-5218. FREE.

Foursome Bridge for Seniors, noon-3:30pm, Campbell Community Center, 155 High St. \$0.25.

Cribbage for Seniors, 12:30-3pm, Petersen Barn Community Center, 870 Berntzen Rd. \$0.25.

Bingo for Seniors, 1-4pm, Campbell Community Center, 155 High St. \$0.25.

Yoga & Tae Kwon Do Class, 4pm, Alchemy Lotus Healing Center, 1380 W. 17th Ave., info at 286-0000. \$5-\$10 donat.

Kundalini Yoga Happy Hour, 5:30-6:30pm, YogaWest, 3635 Hilyard St. \$8.

Rock Climbing, 5:30-8:30pm, Art & Technology Academy, 1650 W. 22nd Ave., info at 682-5329. \$5.

Balance, Strength & Flexibility for Older Adults, 6pm, downtown library, info at 682-5450. FREE.

Disciples of Dirt Wednesday night mountain bike ride, 6pm & 7:30pm, locations vary, info at disciplesofdirt.org

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Pinball Tournament, 21+, 8pm, Blairally Vintage Arcade, 245 Blair Blvd., info at 335-9742.

Pool Hall continues. See Thursday, March 28.

SOCIAL DANCE Argentine Tango Practica, 8-10pm, Knights of Pythias Hall, 420 W. 12th Ave. \$5.

Intro to Cuban Salsa Dancing: Styling & Musicality, 8pm, The Reach Center, 2520 Harris St., info at heidi@weiskel.org \$5.

SPIRITUAL A Course in Miracles Drop-In Study Group, 10-11:45am, Unity of the Valley, 39th & Hilyard, 914-0431. FREE.

Open Heart Meditation, noon, Unity of the Valley, 39th & Hilyard, info at open-your-heart.org.uk FREE.

Halakha: the "Way to Go" w/Rabbi Jonathan Seidel, historical & theoretical introduction to Jewish law through the centuries, 7-8:30pm Wednesdays through Feb. 27, Temple Beth Israel, 1175 E. 29th Ave.

Tai Chi, 7-8:30pm, Everyday People Yoga, 352 W. 12th Ave, info at epyogaeugene.com Donat.

THURSDAY

APRIL 4
SUNRISE 7:48AM; SUNSET 7:44PM
AVG. HIGH 59; AVG. LOW 39

FOOD/DRINK Wine tasting, 5-7pm, Supreme Bean Coffee Co., 2864 Willamette St. FREE.

The Corner Market continues. See Thursday, March 28.

GATHERINGS UO Libraries Discover Music Sale & Music Services Intro, thousands of 78 records, 9am-4:30pm, Knight Library Browsing Room, UO Campus, 346-1826. FREE.

Group Acupuncture Clinic, 10am orientation, 10-11:30am clinic, Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. Donat.

Eugene Metro Business Networking International, 11:30am, Downtown Athletic Club, 999 Willamette St., <http://wkly.ws/159> \$12 lunch.

Warm the new Growers Market Building, 4-8pm, 454 Willamette St.

Police Commission Outreach Committee, 5:30pm, downtown library.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Trivia Night, 7pm, Sixth Street Grill, 55 W. 6th Ave. FREE.

RIO GRANDE SCREENS AT UO BAKER CENTER ON TUESDAY



Doc's Pad Drag Queen Bingo w/ Trai La Trash, 8pm, Doc's Pad, 710 Willamette St. FREE.

'80s Night, 9pm, John Henry's. \$3, females FREE before 11pm.

Trivia Night, 9pm, Sidebar, 1680 Coburg Rd.

KIDS/FAMILIES Wonderful Ones Storytime, 1-year-olds w/ caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

Music Time, 3pm, The Dancing Weasel Toy Store, 30 E. 17th Ave. FREE.

LECTURES/CLASSES "How Long Term Care Insurance Works," 5-6pm, LTCA Office, 333 W. 10th Ave., RSVP at 222-9020. FREE.

"Processed Foods: From Farm to Market to Store Shelf," 5:30-7pm, 212 Main St., Spfd., info at nedcocdc.org/commercial \$5-\$20.

LITERARY Mattilda Bernstein Sycamore reads from her new memoir, 6pm, EMU Ben Linder Room, UO Campus. FREE.

Mid-Valley Willamette Writers: William Hertling "How to Market Your Indie & Small Press Published Book," 6:30pm gathering, 7pm meeting, Tsunami Books, 2585 Willamette St. \$10 sug. donat, mem FREE.

OUTDOORS/RECREATION

Contact Juggling, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Mahjong for Seniors, 1-4pm, Campbell Community Center, 155 High St. \$0.25.

Gentle Yoga, 5:30-6:30pm, Trauma Healing Project, 2222 Coburg Rd., STE 300, 687-9447. Donat.

Team Run Eugene adult track workout group, 6pm, ATA Track, 24th & Fillmore St. FREE.

Yoga Primer for Older Adults, 6pm, downtown library, info at 682-5450. FREE.

Drop-in Kayaking, bring equipment, no instruction provided, ages 12 & up, 8-10pm, Echo Hollow Pool, 1655 Echo Hollow Rd. \$5

Hot Mamma's Club, 8:15pm, All That! Dance Company, 855 W. 1st Ave., info at 688-1523 or allthatdance@hotmail.com \$10.

Aqua Yoga continues. See Thursday, March 28.

Free Yoga, mixed levels continues. See Thursday, March 28.

Prenatal Yoga continues. See Thursday, March 28.

Walk with Us continues. See Thursday, March 28.

Pool Hall continues. See Thursday, March 28.

SOCIAL DANCE Yoga Dance Party & vegetarian dinner, 7pm, Alchemy Lotus Healing Center, 1380 W. 17th Ave., RSVP at yoginimatrix@gmail.com \$8.

SPIRITUAL Reiki Tummo Healing Clinic, 5:30-7:30pm, 1340 W. 17th Ave., call 914-0431 for appt. Donat.

Overcoming Your Inner Pharaoh, attain your hopes & dreams w/Shmuel Shalom (Geoffrey) Cohen, 13 Thursdays, 7pm, info & pre-reg. at 514-2571 or conscioustorah.com \$15/night, \$130/series.

Zen West meditation group, bringing practice home, beginners welcome, 7:30-9pm, Unitarian Universalist Church of Eugene, 1685 W. 13th Ave, info at 543-5344 or zenwesteugene@gmail.com Donat.

VOLUNTEER Care for Owen Rose Garden, bring gloves & small hand-weeding tools, instruction provided, noon-3pm, end of N. Jefferson St., 682-5025.

CORVALLIS

AND SURROUNDNG AREAS

THURSDAY, MARCH 28: Story Time, 10:30am, Albany Public Library, 2450 14th Ave. SE., Albany.

Scott Keeney Retirement open house, 4pm, Albany Public Library, 2450 14th Ave. SE., Albany.

SATURDAY, MARCH 30: Corvallis Indoor Winter Market, 9am-1pm, Saturdays through April 13, Benton County Fairgrounds, 110 SW. 53rd St.

Aloha Hawaiian Shirt 5K Run, 9:15-9:45am registration, 10am race, Benton County Fairgrounds, Midge Cramer Bike Path, 110 SW. 53rd St. \$15, \$25/family of 4.

Easter Egg Roll, 10am, Moteith Riverpark, Albany.

Bunny Trail Scavenger Hunt, 10:30am, downtown Albany, info at 928-2469 or albanydowntown.com

Springtime Crafts, 10:30am-noon, Albany Senior Center, 489 NW. Water Ave., Albany., info at 917-7765.

WEDNESDAY, APRIL 3: "Healthy System Transformation: Becoming the Healthiest Nation" w/Julie Gerberding, 7pm, LaSells Stewart Center, OSU Campus. FREE.

ATTENTION OPPORTUNITIES

Albany Parks & Rec. Dept. needs a new instructor for line dancing, call 791-0120 or rose.lacey@cityofalbany.net for info.

Eugene's downtown library is now lending free family passes for access to the UO Museum of Natural & Cultural History, info at 682-5450.

Eugene Storefront Art Project Call to Artists: looking for entries from women about women for the "All Women" show in the April Art Walk, take in day Tuesday, April 2, noon-6pm at 224 E. 11th Ave. \$15/entry, info at eugenestorefrontartproject@gmail.com

Farmers, arts & crafters needed for the Dexter Lake Farmers' Market, now accepting new vendors every Sunday, noon-3pm at State Park, info at 937-3007 or pamelacypress@yahoo.com

If you would like to host some Spiral Cosmos Art during this week's Last Friday Art Walk, & are already on the roster w/available space, contact spiralcosmosart@yahoo.com or call 337-2337.

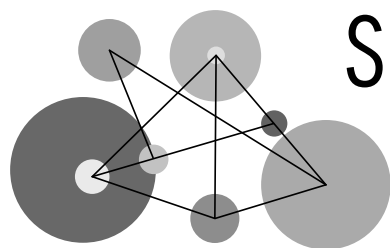
Jordan Schnitzer Museum of Art is now accepting applications for tour guides, for more info & to acquire an application, visit jsma.uoregon.edu/volunteer or call 346-6410.

Lane Area Commission on Transportation is recruiting for Stakeholder positions, recruitment is open until April 18. Applications & covers sheets available at laneact.org or at 859 Willamette St., STE 500., cal 682-3177 for more info.

Maude Kerns Art Center call to artists: Artists' Marketplace Art & the Vineyard Festival 2013, prospectuses available at mkart-center.org, postmark deadline for apps. Friday, March 29.

Summer Softball Registration: 8am-5pm Tuesday, April 2 & 9am-5pm Wed., April 3 for old teams; new teams: 9am-5pm Thursday, April 4 & Friday, April 5; info at 682-5409.

Volunteers needed to train as nature guides. Lead K-5 grade students on walks at Mt. Pisgah Arboretum this spring. Free training. Help reconnect kids in our community with the natural world. Orientation Session, Tuesday, April 2, 6:30-8pm, Wayne Morse Family Farm, 595 Crest Drive, 747-1504, education@mountpisgaharboretum.org



SCIENTIFICALLY SPEAKING SCIENCE FACTORY GALA EVENT & AUCTION

Thursday, May 30, 2013 • 5:30-9PM • Hilton Eugene & Conference Center
Master of Ceremonies KVAL-TV Chief Meteorologist Candace Campos

This year Science Factory welcomes **Guest of Honor Michael E. Mann** to present *The Hockey Stick and the Climate Wars: Dispatches from the Frontlines* and describe his role as a major player in the climate change conversation. Evening to include a delicious seasonal dinner, friendly competition in both silent and live auctions, and music provided by The Old Lost Neuron Ramblers.

Tickets on sale now. www.sciencefactory.org



To benefit children's programs at the Science Factory Children's Museum & Exploration Dome



**SCIENCE
FACTORY**
Children's Museum & Exploration Dome

GALLERIES

OPENINGS/RECEPTIONS

Art Annex/Karin Clarke Gallery "Squaring the Circle," work by Tina Schrager, opens Tuesday, April 2. Through April 30. 749 Willamette

Emerald Art Center "Vanishing Point," closing reception featuring a talk w/artist Chris Gowan, 7pm Friday, March 29. 975 S. 55th, Spfd.

Florence Events Center "The Art of Earl Mason: Landscapes, Seascapes & People." 715 Quince, Florence

Full City Pearl St. Work by Ricardo Di Napoli, opens Sunday, March 31. Through May 5. 842 Pearl

The Gallery at the Watershed New gallery soft opening 11am-5pm Monday, April 1. 321 Mill, STE. 6

LaVerne Krause Gallery "Prethis," work by Paul Baughman, Kelsey Jacobsen, Kevin McKimmy, Matt Williams & Valarie Cooley, opening reception 5-7pm Monday, April 1. Through April 5. UO Campus

LCC Gallery High School Art Show, opens Monday, April 1. Through April 25; "Paintings," work by Leslie Peterson, opening reception 3pm Thursday, April 4. Through April 25. LCC Campus

Maude Kerns Art Center 25th Annual Jello Art Show: "i-Jell-O," jello themed art show & fundraiser for MKAC, 5-8pm Saturday, March 30, \$3, \$5/family. UO Campus

OSU Gallery "Blackthorne Series, 2012," work by Wangechi Mutu. OSU Campus, Corvallis

Schrager & Clarke Gallery Work by Michael Gonzalez, Jenny Gray & Marsha Maverick Wells, opens Wednesday, April 3. Through April 27. 760 Willamette

WOW Hall Work by Jeff Faulk, through April 30. 291 W. 8th

LAST FRIDAY ARTWALK

Most venues have receptions with music, drinks and/or treats, and often the artist[s] in attendance, starting around 5:30pm and continuing until 8:30 or 9pm. More information is available at lastfridayartwalk.org

A. New Frontier Market "It's a Family Affair," acrylic mixed-media work by Brian Hyta, Lena Demost & others, through April 15. 1101 W. 8th

B. Paper Moon Photography by Claire Flint Last & Melissa Mankins, through April 26. 543 Blair

C. Studio 508 Open house & paintings by Krislyn, through April 26. 508 Blair

D. Sam Bond's "Retrospect," photography by Jason Rydquist, through April 26. 407 Blair

E. Willard C. Dixon Architect, LLC Open studio w/surprise glass artist. 300 Blair

F. Michael DiBitetto Ethereal, exquisite etchings, clothing art. 201 Blair

G. Ninkasi Brewery "Paintings w/Hops," acrylic & pencil on wood by Clair Ribaud, through April 25. 272 Van Buren

H. Territorial Vineyards Mixed media textile work by Mari Livie, through March 31. 907 W. 3rd

I. Jawbreaker Gallery "Ships & Planes," cardboard sculpture by Kavika, through April 10. 796 W. 4th

J. Wandering Goat "A Thousand Threaded Images in Flight," analog photography by Katey Finley. 268 Madison

K. Sol Botanicals "Water, Ink & Time," sumi ink & water pieces by Bill Meckel, through March 30. 383 W. 3rd

CONTINUING

American Institute of Architects See what Oregon architects have done in the last 100 years. 92 E. Broadway

Analog Barbershop "Within All Space," abstract outer space artwork in acrylics, watercolors & ink on canvas, by Nicholas Johnson. 862 Olive

Art & Jones Infusion Gallery "Do You See What You Just Said?" Gouache & etchings by Eric D. Petersen, through March 31. 790 Willamette

Art in the Valley "Still Life in a Busy Word," work by Kate McGee. 209 S.W. 2nd, Corvallis

Art Stuff Large-scale art demonstration by Mike Rickard. 333 Main, Spfd.

B2 Wine Bar "Katananda Imagery," work by Kristina Hall. 2794 Shadow View

Backstreet Gallery "Mystic Alchemy," watercolor & gouache paintings by Pattie Brooks Anderson. 1421 Bay, Florence

Big City Gaming "Fool's Gold," work by Brian Knowles, Marlitt Dellabough, Keegan Gormley, Andrea Alonge, Tim Jarvis & more. 1288 Willamette

Big Tree Gallery Designs by Rai (ink & paper), perspectives & pensils by Stephen Salteko (glow art, view after dark). 1068 W. 3rd

Bonnie at Play "Ceramic sculpture" by Bonnie King. 1082 W. 2nd — upstairs

Broomchick Early American Handcrafted Brooms & Besoms by Samantha Pritchard. 305 Blair

Brownsville Art Center Work by Rhoda Fleischman, through March 30. 255 N. Main, Brownsville

Cowfish Screenprint work by Matt Dye & Blunt Grafix. 537 Willamette

The Crafty Mercantile Beaded gemstone jewelry by Michele Rose. 818 East Main, Cottage Grove

David Minor Theater Photography by Kate Ketcham. 180 E. 5th

Delphina / Slash'n Burn Portraits & images by Cody Wicker. 941 W. 3rd

DIVA "Visions from Within," juried show of fine art, through March 30. 280 W. Broadway

Dot Dotson's "Seaside," photography by Autumn Noah Lea, through April 11. 1668 Willamette

ECO Sleep Solutions Felted wool home décor & apparel by Tyler Merrill, pottery by Annie Heron, fabric dolls & wall art by Mari Livie, painted furniture by Lubi Thomas, wood sculptures by Cedar Caredio, luminescence light sculptures by Stephen White. 25 E. 8th

Emerald Art Center "Vanishing Point," photographs by Chris Gower; "A Delightful Array of Acrylic Paintings," work by Shirley Reade & her students. 975 S. 55th, Spfd.

Espresso PRN: Sacred Heart (Riverbend) Pastel paintings by Lynn Sabol. 3333 Riverbend, Spfd.

Espresso PRN: Sacred Heart (University) Pastel paintings by Lynn Sabol. 1255 Hilyard

Eugene Coffee Co. "All Beings Equal," acrylic work by Karen Dalryea. 1840 Chambers

Eugene Magazine Paintings, drawings, sculptures & prints by Kyle Lind. 1255 Railroad Blvd

Eugene Piano Academy "Layers," paintings by Simrat Khalsa. 507 Willamette

Eugene Public Library "Mazahua Culture & Embroidery Project," showcasing work by students of the Migrant Education Program. 100 W. 10th, 2nd floor

Eugene Storefront Art Project Self-portraits by various artists, through March 29. 224 E. 11th

Eugene Textile Center Gallery "Arte della Seta: The Exploration of Jacquard Silk Weaving in the Italian Tradition," work by various artists, through March 30. 1510 Jacobs

Eugene Whiteaker International Hostel "Falling into Place ..." acrylic paintings by H. I. Rand. 970 W. 3rd

Florence Events Center "Artists' Rent-a-Rod," work by area artists, through May 1; "Without Boundaries," work by Purely Pastel Artists of Western Oregon. 715 Quince, Florence

Full City High St. Work by Chris Langenberg, through April 21; work by Cary Kerst, through April 7. 295 E. 13th

Full City Pearl St. Work by Cheryl Camelio, through March 31; work by Bill Stredde, through April 7; work by Scott Floyd, through April 28. 842 Pearl

Georgies Ceramic & Clay Co. Clay works by the Artists of Clay Space. 1471 Railroad

Goldworks Photography of dilapidated vintage vehicles by John Sconce. 169 E. Broadway

Granary Pizza Co. "Optical Jazz," paintings by Earl Dunbar. 259 E. 5th

Harlequin Beads & Jewelry Work by Harlequin staff, open until 6pm. 1027 Willamette

Haven Watercolors by Demetra Kalams. 349 Main, Spfd.

Healing Scapes Mixed media, charcoal & acrylic work by Katey Seefeld. 1390 Oak, Suite 3

Holy Cow Restaurant Solstice cards & gift-sized oil paintings by Rebecca La Mothe. 2621 Willamette

The Hot Shop Glass art by Samuel Art Glass. 1093 W. 1st

Imagine Gallery "Purrfect Art," cat themed art by Janet Biles, Noelle Dass, Tym Mazet, MJ Goewy & Toni Zybell. 35 E. 8th

In Color Gallery Pottery by Gil Harrison, abstract paintings by Lesley Strother. 533 E. Main, Cottage Grove

Island Park Gallery "A Photographer's View: Travels with LaVern" photography by Ralph Barnard, through March 28. 215 W. C St., Spfd.

Jacobs Gallery "Free People," work by contemporary Northwest painters based in Portland, through May 4. Hult Center

Jameson's "The New Ending," work by Mark Rogers. 115 W. Broadway

Jazz Station "Muse Art: Art Inspired by Musicians," realistic & abstract work by Scott Fife & Erin Bucklew. 124 W. Broadway

Jenny's Hair & Company Work by eight local artists. 2833 Willamette

Jordan Schnitzer Museum of Art "West of Center: Art & the Counterculture Experiment in America, 1965-1977," through April 28. UO Campus

Junk Monkey Antiques Work by Jonathan Short. 47518 Hwy. 58, Oakridge

EMERALD ART CENTER FEATURES WORK BY CHRIS GOWER



MECCA "Missing Persons, Returned & Recycled," work by Janice La Verne. 449 Willamette

MODERN Work by students from the UO Jewelry & Metalsmith Department. 207 E. 5th

Mrs. Thompson's "Cat Whispers & Moss Wings Show," work by Kent Goodman & Heather Nic an Fhleisdeir. 347 W. 5th

NEDCO "A Small Look at a Large Harvest," photo series by Emerald Photographic Society. 212 Main, Spfd.

NEST "Bring it On," furniture & home décor items made of recycled pieces by Kathy Davis. 1235 Willamette

New Morning Bakery Oil paintings by Ralph J. Turner from when he was stationed at Strawberry Butte Lookout in the late '50s, through April 7. 219 SW 2nd St., Corvallis

New Zone Gallery "Oh, The Places You'll Go!" Dr. Seuss work by New Zone Members; "Denim: A National Treasure," graphite & colored pencil art by Roma Gilman; "Quirky Characters from Contemporary Life," work by Dianne Story Cunningham; "New Visions in Glass," work by Joann Syron. 164 W. Broadway

Oak St. Speakeasy "The Drawing Room," mixed media paintings by Shannon Knight. 915 Oak

O'Brien Photo Imaging Gallery "Grain Elevators in Northern Oregon," photography by Dennis Galloway, through April 11. 2833 Willamette

Office Gallery of Dr. Don Dexter Photography by Roka Walsh, through March 31. 2233 Willamette

Off the Waffle Photography by Katy Keuter, quilt art by Jane Spence, paintings by David Race & illustrations by Roma Gilman. 840 Willamette

Olive Grand Paintings by LiDonna Wagner. 1041 Willamette

Oregon Art Supply Art by Jill Cardinal. 1020 Pearl

Our Islands Conservation Center Work made from recycled & repurposed materials. 120 W. Broadway

Out on a Limb Fine Basketry work by Donna Crispin & Patricia Montoya. 191 E. Broadway

Pacific Rim "Movement," multimedia show chronicling the gallery's move from one location to another. 160 E. Broadway

Palace Bakery Work by Euphemia Wesley, through April 21. 844 Pearl

Park St. Café Photography show of Paris by Rebecca Waterman. 776 Park

Perk "Work from the Kyd." 1351 Willamette

Pure Life Chiropractic "Daydream," nature-inspired acrylic paintings by Shanna Trumbly. 315 W. Broadway

Ratatouille Work by Tanna Konnemann & Sophie Navarro. 2729 Shadow View

Raven Frame Works Paintings by Adam Grosowsky. 325 W. 4th

Sam Bond's "Reflections of the Soul," pencil, pen & ink pieces by Matt At The World, through March 29. 407 Blair

Schrager & Clarke Gallery "Black on White: Lithographs for the 1930s," work by David McCosh, through March 30. 760 Willamette

Science Factory The Nikon Small World Exhibit, featuring photography by various artists, through March 30. \$3 seniors, \$4 ages 3-62. 2300 Leo Harris

Shelton McMurphey Johnson House "Yesterday & Today: Photographs & Cameras before 1940," through April 15. 303 Willamette

Silver Lining Steampunk art by the Florence Altered Art Group. 2217 U.S. 101, Florence

Springfield City Hall Paris photography by Keith Munson. 225 5th, Spfd.

Studio of Anne Korn & Terry Way Eclectic works from traditional figurative sculpture & drawings to glass mosaics, spirit forms & small landscape drawings. 329 W. 4th

Studio Tre Amiche New works by Patsy Hand, Kathryn Hutchinson & Rogena Degge. 295 E. 5th

Studio West "Canyons," photography by Jack Kelly; "Subsurfacing," mixed media & digital collage by Chris Miller. 245 W. 8th

Sweet Life Arts & Crafts Gallery Work by employees of Sweet Life, fine art to felted

handbags, jewelry, birdbaths, recycled book art & aprons. 775 Monroe

Symphony in Glass Glasswork by Vicki Komori, Cat Shelby & Jamie Burress. 260 W. Broadway

Tamarack Wellness Center & Eugene Yoga Plein air paintings by local Lane County artists. 3575 Donald

UO Alumni Association Art by UO students Laura Johnson & Marshall McFarland. 39 W. Broadway

UO Law School "East of Eden: Baker County Country," photographs by Rich Bergeman, through July 24. UO Campus

UO Museum of Natural & Cultural History "Site Seeing: Snapshots of Historical Archaeology in Oregon," through December; "The Man Behind the Mic," work by Nick Sixkiller, through June; "Silent Spaces: Photographs by Jon Meyers," work by local artist, through July. UO Campus

Urban Lumber Co. New modern rustic tables from locally salvaged wood by Seth San Filippo & team. 28 E. Broadway

Vino & Vango Figurative ballerinas, nudes in watercolor, charcoal & acrylic by Sarah Richards. 236 Main, Spfd

Washburne Café "Ephemeral Nature," photography & photographic art by Roka Walsh. 326 Main, Spfd

The Water Tower "Pyramid Plumbing." 662 W. 5th Alley

White Cloud Jewelers Nature photography by Katharine M. Emlen. 715 Main, Spfd.

White Lotus Gallery "The Beauty of the Seasons from a Single Window," nature themed selections from the gallery collection of 19th & 20th C. Japanese art, through April 2. 767 Willamette

The Woodpecker's Muse "Masks & Masking," new weavings & paintings by Rob Mertens, through March 30. 372 W. Broadway

WOW Hall Work by Matt Bliss, through March 31. 291 W. 8th

YEPSA "What is Sexuality?" 174 W. Broadway

BIJOU CINEMAS 492 East 13th 686-2458 bijou-cinemas.com	3/28 THU	for March 28 - April 24				3/29 FRI	3/30 SAT	3/31 SUN	4/1 MON	4/2 TUE	4/3 WED	4/4 THU
	QUARTET 3:00 5:15 7:30	THE GATEKEEPERS				12:40 3:10 5:30 7:45	12:40 3:10 5:30 7:45	12:40 3:10 5:30 7:45	4:30 6:45 9:00	4:30 6:45 9:00	4:30 6:45 9:00	4:30 6:45
	LIKE SOMEONE IN LOVE 4:15 7:00	Sam Riley Garrett Hedlund Kristen Stewart Amy Adams				1:00 4:00 7:00 9:45	1:00 4:00 7:00 9:45	1:00 4:00 7:00	4:50 7:45	4:50 7:45	4:50 7:45	4:50 7:45
	MIAMI CONNECTION 9:30	ON THE ROAD										
		DETOUR				10:00						

BIRDIE M2: THE RESURRECTION 9:30

NEXT: HAPPY PEOPLE: A YEAR IN THE TAIGA DO IT DIFFERENTLY THE COCKETTES NO SPACE, LAND AND TIME A PLACE AT THE TABLE

*Adults—\$7 * Students w/ID—\$6 * Seniors—\$5 * Matinees—\$5 * Miser Mondays—\$3*

COUPON SY'S NEW YORK PIZZA NOW FREE DELIVERY FROM BOTH LOCATIONS 55 SILVER LN. 654-0603 11AM-10PM DAILY SERVING DELICIOUS NEW YORK PIZZA BY THE SLICE AND BY THE WHOLE PIZZA PIE \$2.00 OFF ANY 18" LARGE COUPON	COUPONS GOOD UNTIL APRIL 11TH, 2013		COUPON
	1211 ALDER 686-9598 11AM-MIDNIGHT SUN-THU 11AM-1AM FRI-SAT		
	FREE LARGE SODA W/ PURCHASE OF 2 SLICES		
	SY'S NEW YORK PIZZA		

TIX \$2 21 & OVER FOOD \$5 SUN & TUES MENU 762-1700 160 E. 5TH AVE DAVIDMINORTHEATER.COM THURS MAR 20 - WED APR 3		
 KILLING THEM SOFTLY 5:00	 SEARCHING FOR SUGARMAN 5:00	 LES MISERABLE 6:45
 THIS IS 40 6:45	 ARGO 9:30 STARTS FRIDAY	 ZERO DARK THIRTY 9:30
FINAL SHOWING OF SEVEN PSYCHOPATHS AT 9:30 THURS. "TEXT-A-BEER" 541-913-5733 ORDER DRINKS & FOOD RIGHT FROM YOUR SEAT		

ST. LOUIS POST-DISPATCH Joe Williams "★★★★☆" WONDROUSLY ALIVE. A REAL JOY RIDE. SAM RILEY GARRETT HEDLUND AND KRISTEN STEWART AMY ADAMS TOM STURRIDGE DANNY MORGAN ALICE BRAGA ELISABETH MOSS WITH KIRSTEN DUNST AND VIGGO MORTENSEN ON THE ROAD MK2 AND AMERICAN ZOETROPE PRESENT A FILM DIRECTED BY WALTER SALLES. SCREENPLAY BY JOSE RIVERA. THE FILMMAKING TEAM BEHIND 'THE MOTORCYCLE DIARIES' BASED ON THE NOVEL BY JACK KEROUAC IFC Films sundance SELECTS EXCLUSIVE ENGAGEMENT STARTS FRIDAY, MARCH 29 BIJOU ART CINEMAS 492 EAST 13TH AVENUE (541) 686-2458 EUGENE WWW.THEMADONES.US	
---	--

FAMILIAR FRONTIERS

Explorer-photographer Jason Rydquist captures what the bygone becomes

Abandoned homesteads on plains of matted golden grains. A door's once glorious enframing, now peeling like an onion, pieces of its papery skin withering at its feet. A pristine cerulean bedroom, empty save for squares of sunlight from a four-pane window. Forgotten houses collapsing under the weight of moss, mold and time. These are the images that photographer Jason Rydquist seeks in his visual exploration, from Michigan to the forsaken corners of Oregon, and they will be on display in his show *Retrospect* starting March 29 at Sam Bond's.

"Good art has conflict in it," says Rydquist. At 26, his sandy beard, canvas shirt, dark vest and sturdy felt hat bely an affinity to the golden era of the structures and vistas he photographs. "The conflicts that I seek out are life and death, darkness and light, the inherent wanderlust that we all have versus wanting to be rooted, the past and the present, nostalgia and amnesia ... things that we all think of as in conflict with one another. But I'm intrigued by them coexisting."

He did, in fact, grow up on a centennial family farm in Michigan where he worked the glaciated earth; he now tills at Camas Swale Farm and has the permanently soil-caked fingernails to prove it. "I am very much at home on familiar frontiers," he says. Rydquist came to Oregon to learn new agricultural methods to bring home, to soothe his own wanderlust and to document a time and place.

There is an elegant dichotomic tension in the time and place of Rydquist's images: what was and what could have been, why people came and why people left, nurture and neglect. It leaves



'RETURN OF THE DRIFTER,' SELF PORTRAIT AT FORT ROCK HOMESTEAD VILLAGE MUSEUM, ORE.

the viewer with a similar kind of wonder, nostalgia and malaise conjured by paintings of Andrew Wyeth, an artist Rydquist deeply admires. Even in the equipment he uses — his great grandfather's 1910 Kodak medium-format folding camera and a Nikon D80 — there is a push and pull between old and new. The same can be said of his methods: Rydquist cross-references turn-of-the-20th-century plat maps with satellite imaging to pinpoint homesteads and old Victorians.

The explorer-photographer has learned some lessons about the human condition along the way. "We always think the grass is greener somewhere else," he says. "There are things that we think are at odds with each other, like flight or fight, and I think there is a virtue in the middle called staying put." ■

Retrospect runs from Friday, March 29, to Thursday, April 25, at Sam Bond's.

JELL-O, MORE THAN A SNACK

Maude Kernes celebrates 25 years of edible art

Eating Jell-O is so passé. At Maude Kernes Art Center, it is art. In its 25th year, the Jell-O Art Show captivates audiences with its jiggling creativity. This time around, the theme for the benefit — hosted by Maude Kernes and Eugene's Radar Angels — is "iJell-O."

"The iPhone or the iPad is the iJell-O," says Michael Fisher, the exhibit coordinator at Maude Kernes. "But the artwork doesn't necessarily have to do with the theme. It can be anything."

And artists have made sure that Jell-O can be *anything*. In years past, there have been entries from life-size derrieres to the ruby slippers and yellow brick road of *The Wizard of Oz*.

Artists are invited to bring in their Jell-O masterpieces Saturday, March 30, from 3 to 4:30 pm; submissions are \$3 each and there is no submission cap. "It's really cool; we get probably 20 to 40 submissions every year," Fisher says. Of course, this includes the usage of Jell-O pudding (here's looking at you, Bill Cosby). And just because it is art doesn't mean it won't also be devoured at the event; the Tacky Food Buffet is an integral part of the night's festivities. — Nick Poust

iJell-O runs from 5 to 8 pm Saturday, March 30, at Maude Kernes Art Center; \$3 person, \$5 families.

MOVIES BY RICK LEVIN

THE KIDS ARE NOT ALRIGHT

Harmony Korine takes another unblinking, beautiful and grotesque look at America's youth in *Spring Breakers*

SPRING BREAKERS: Written and directed by Harmony Korine. Cinematography, Benoit Debie. Music by Cliff Martinez, Skrillex and Gucci Mane. Starring James Franco, Vanessa Hudgens, Ashley Benson, Selena Gomez, Rachel Korine, Gucci Mane. A24, Annapurna Pictures, 2013. R. 93 minutes. ★ ★ ★ ★ ☆

Yes, yes, yes: *Spring Breakers*, the latest film by aging wunderkind Harmony Korine, is a veritable fiesta of tits and ass. And we're not talking about your daddy's Mousketeer variety of bikini-and-tramp-crack-clad tits and ass, a'la Annette Funicello, but the sort of gone-wild nekkid tits and ass that shake and undulate in drunken slow motion, so that even on the most toned collegiate body you can see ripples of cellulose motoring around under the burnt umber of tanned skin. Shot with a kind of repulsed affection by cinematographer Benoit Debie (*Enter the Void*), the film opens with hordes of swinging dicks and boobs, then quickly turns sour as we see indistinguishable boys and girls pouring gallons of booze into each other, and then flipping endless birds at the screen.

If this is vacation, it's a vacation to hell, American-style.

Korine is best known as the 22-year-old screenwriter of Larry Clarke's 1995 *Kids*, an uncorked grenade of a movie that was lobbed like a first strike into the nihilistic heart of the empty generation. It went off like fear itself. That film, which introduced a teenaged Chloe Sevigny to the world as the naive huntress searching for the little fucker that gave her HIV, was completely un-fun and riveting, like watching someone snort glass. Korine's new film, which he both wrote and directed, is equally disconcerting and tempting,

though it lacks *Kids*' meandering propulsion. *Spring Breakers* is either the most fascinating boring movie of the year, or the most boring movie you need to see. It's a sticky experience, like crawling across the floor of a porn theater.

The story of four college girls — Ashley Benson, Rachel Korine (the director's wife) and former Disney stars Selena Gomez and Vanessa Hudgens — who absolutely must get to St. Petersburg, albeit late, to join their fellow alums for spring break. Short on cash, three of the girls, minus the good-hearted Faith (Gomez), rob the local Chicken Shack with ski masks, rubber mallets and a water pistol full of alcohol. At first, their arrival in the land of revelers seems edenic — all scooter rides and soft drunks. Then they get popped and skidded for narcotics, led into the local jail in bikinis and cuffs. They can pay their way out with the money they don't have, or they can sit in hoosgow another two days.

Enter Alien (James Franco), a gold-capped, corn-rowed gangsta who bails them out, apparently with no strings attached. Yeah, right: In very little time, this grinning pusher, with his bent charm and Scarface dreams, adopts the girls (minus Faith, who wisely bolts for home) as his own personal harem, running guns and doing crimes. Shit goes south, of course, though not before we're treated to surreal passages of modern drug-and-gun life.

Spring Breakers is beautiful to look at, in the same way the art of Cindy Sherman or Hieronymus Bosch is beautiful; Korine's vision is highly stylized and oddly energized; it is also intensely moral, in the angry mode of Jonathan Swift or



Terry Southern. In large part, the medium is the message here, and Korine is swift and agile about offering documentary evidence of the apocalyptic tendencies he flays (real spring breakers surround the small cast). Problems occur, however, at the level of narrative: To tell his story, Korine allows time to overlap and circle back, so what we get are not so much flashbacks as repetitions and reiterations. This slows the film down, making it seem long when it most certainly is not (it runs 93 minutes). And this isn't something editing can fix. It's a hitch at the level of storytelling.

Still, Korine is a talented filmmaker, and *Spring Breakers* contains a multitude of indelible images that haunt you long after you leave (flee, rather) the theater: bare-chested frat boys pouring booze down other dudes' throats from bottles wagged at dick level; the addled fear in the eyes of a young woman gacked on meth; the wicked, materialistic lust that twists Franco's lips as he talks about "all the shit" he has — meaning guns, cars and cash. In fact, Franco is the best reason to see this film. His portrayal of Alien, a delusional sociopath "with a heart of gold," is completely unsettling in its subtlety and intelligence; as fucked as the dude is, he's almost impossible to resist. ■

"FEED YOUR CRAVINGS!"

BATES

STEAK HOUSE & SALOON INC.

433 EAST BROADWAY

VOTED BEST STEAK

FEATURING PRIME GRADE & KOBE RIBEYES!

OPEN EASTER SUNDAY

STARTING AT 4PM!

50% OFF

A DINNER ENTREE OF EQUAL OR LESSER VALUE WITH THE PURCHASE OF ONE ENTREE & TWO BEVERAGES AT REGULAR PRICE (UP TO \$15 VALUE)

One Coupon Per Table | Expires April 11, 2013
Not Valid With Any Other Offer

DINNER 7 DAYS A WEEK • (541)683-3108 • BATESSTEAKHOUSE.COM

Prepare and file your Federal and State Taxes for free!

*Eligible Taxpayers Earning 57k or less

go to
myfreetaxes.com/LANECOUNTY

Brought to you by:

GOODWILL INDUSTRIES
OF LANE AND SOUTH COAST COUNTIES

In Partnership With:

LIVE UNITED
United Way

NDI
NATIONAL DISABILITY INSTITUTE

Sponsored by:

Walmart

Think Outside The Box Spring™

Only All-Natural and Organic Mattresses Beds and Bedding

(541) 343-1022
www.ecosleepsolutions.com

eco Sleep Solutions 25 East 8th Ave. Eugene

EVERGREEN
SOUTHERN AND NORTHERN INDIAN CUISINE

EW's BEST ALL YOU CAN EAT BUFFET 2008-2009

LUNCH BUFFET

7 Days a Week 11:30am - 2:30pm • Dinner 5-9:30pm • 5 Years in Eugene

EAT & PARK
FREE PARKING FOR EVENTS AT MATT KNIGHT ARENA WHEN YOU DINE WITH US

* 1525 Franklin Blvd. Eugene, OR 541-343-7944

* 136 SW Third • Corvallis, OR • 541-754-7944

MUSIC BY BRETT CAMPBELL



BROTHERS COLIN AND ERIC JACOBSEN

EVERYTHING OLD IS NEW AGAIN

Brooklyn Rider, Taarka, Evynne Hollens and company are keeping music fresh

Musical institutions too often destroy the very music they prize by refusing to look forward, relying instead on constant rehashing of the greatest hits of earlier decades and centuries. This month brings to town some progressive musicians who are keeping their traditions alive and growing. For example, **Brothers Colin and Eric Jacobsen** are proving that classical music is no musty museum but rather a living tradition. Key members of Yo-Yo Ma's great Silk Road Ensemble, the Jacobsens lead both the Knights, an orchestra of 20- and 30-somethings dedicated especially to contemporary music, and the terrific string quartet **Brooklyn Rider**, who appear in the University of Oregon's ChamberMusic@Beall concert series on Sunday afternoon, April 7.

Brooklyn Rider actually reflects a pre-museum-mentality tradition that mostly ended around a century ago, when composers like Mozart and Haydn actually played their own music and those of their contemporaries as well as occasional classics in ensembles. At Beall Hall, Brooklyn Rider will perform not only their engrossing, semi-improvised group composition "Seven Steps" (also the title track of their 2012 CD, one of the year's best) — but also the work that inspired it, one of the absolute pinnacles of chamber music, Beethoven's epic, seven-movement *Op. 131* quartet. The concert also includes another classic, Bartók's unsurprisingly tragic *String Quartet No. 2*, which he composed during the depths of World War I, and is animated by Hungarian and African folk rhythms, a wild klezmer tune by the terrific youngish Russian American composer-violinist Ljova; and Colin Jacobsen's "Three Miniatures," influenced by Brooklyn Rider's colleague, the Persian musician Kayhan Kalhor (their joint album *Silent City* provided Brooklyn Rider's popular breakthrough). Brooklyn Rider offers a gratifying glimpse into the future of the string quartet, and American post-classical music.

After Brooklyn Rider on April 7, string band fans have time to grab a bite and then head over to Sam Bond's for a very different string quartet when **Taarka**, now based in Colorado, returns to its old stomping grounds. The foursome's engaging new album, *Adventures in Vagabondia*, continues Taarka's tradition of drawing on gypsy jazz and East European rhythms as well as Celtic, bluegrass (courtesy of mandolinist and co-leader David Pelta-Tiller and guitarist Grant Gordy (a member of David Grisman's Quartet), classical (classically trained violinist and co-leader Enion Pelta-Tiller) and jazz (acoustic jazz bassist Troy Robey) influences.

Brooklyn Rider isn't the only UO show during the post-spring-break musical quietude. On April 2, Beall hosts a performance by New York classical sax master **Steve Mauk**, who has issued 20 albums and four books about the instrument and its music. His performance includes music by J.S. Bach, the great 20th-century new tango composer Astor Piazzolla and contemporary composers, including the Netherlands' Jacob ter Veldhuis, aka Jacob TV, who thrillingly combines sampled sounds with instruments, as in his punchy "Grab it!" for tenor sax and sampled dialogue from the film *Scared Straight!* And on April 8, Beall hosts pianist **Barry Hannigan**, who'll also perform contemporary and 20th-century sounds, including works by the great French composer Francis Poulenc and by Hannigan's late Bucknell University colleague, the wonderful American composer William Duckworth, who died last year; his minimalist influenced *Time Curve Preludes* stands as one of the 20th century's finest piano cycles.

All these forward looking musicians refuse to succumb to the museum mentality that too often afflicts timid, conservative classical, old-time bluegrass and jazz institutions. Singer **Evynne Hollens** is doing the same for the Broadway musical. Too many cabaret singers and revues endlessly recycle the admittedly magnificent show tunes of the 1930s through the '50s, effectively freezing that grand tradition in amber and disconnecting it from potential new audience. On April 5 and 7 at The Shedd, Hollens and other veteran Eugene musical theater performers **Bill Hulings**, **Shirley Andress** and newer players celebrate 21st-century musicals — memorable tunes from Tony Award-nominated shows like *Spring Awakening*, *The Book of Mormon*, *The Producers* and more. ■

MUSIC LISTINGS

THURSDAY 3/28

ASTORIA BAR Grateful Thursdaze—9pm; Grateful Dead videos, n/c

AXE & FIDDLE Justin McMahon—8:30pm; Singer-songwriter, \$5

CAMPBELL COMMUNITY CENTER Drop-in acoustic music jam—10am; \$0.25

THE COOLER Karaoke—10pm

COWFISH 100% pop—9pm

DEXTER LAKE CLUB Acoustic Jam Night—7pm; Open mic, n/c

DOWNTOWN LOUNGE Funk Jam—10pm; n/c

ELDORADO Guitaraoke w/Neriah Hart—9pm; Karaoke, n/c

GOODFELLA'S Elvis—8pm; '50s rock, n/c

HAPPY HOURS Karaoke—8:30pm

JAZZ STATION Bruce Cole presents—7:30pm; Jazz, \$5/\$4

JOHN HENRY'S '80s Night w/Chris, Dr. Ake & John—10pm; \$3

LAVELLES Gus Russell & Laurie Hammond—6pm; Vocal jazz, n/c

LUCKEY'S The Rivera, World's Finest—10pm; Indie, \$3

MAC'S Patrick & Giri—6pm; Rock, acoustic, all ages, n/c

OAK ST. SPEAKEASY Karaoke—9pm; n/c

THE OLD PAD Karaoke—9pm

OVERTIME TAVERN West Side Blues Jam—8:30pm; Open jam, n/c

RESTOBAR Steven McVay—5pm

THE ROK College Night w/DJ Scoot & Simon Says—10pm; DJ dance

SAM BOND'S Bingo w/Tom Heintl & Scott K.—9pm; Variety, n/c

SIXTH STREET GRILL Mark Alan—8:30pm; Acoustic, n/c

SPIRITS Karaoke w/Shannon—9pm

TAPATIO Karaoke—8pm; n/c

TERRITORIAL VINEYARDS The Upstate Trio—7pm; n/c

VILLAGE GREEN Ritchie Styles—9pm; Country, n/c

WANDERING GOAT Preta, Opossum Head, Facing Extinction—7pm; Eclectic, all ages, don.

WESTEND TAVERN Peter Giri—8pm; Acoustic, n/c

WHISKEY RIVER RANCH Hank Shreve's Blues Showcase—8pm; n/c

FRIDAY 3/29

'S WINE BISTRO Timothy Patrick—6pm; Acoustic humorist, n/c

5TH ST. CORNUCOPIA Crooked River—9:30pm; n/c

AXE & FIDDLE World's Finest—8:30pm; Americana, ska, \$5

THE BLIND PIG Karaoke w/Jim Jim—9pm

CRESWELL COFFEE & WINE David Rogers—7pm; Classical crossover guitar, \$3

DEXTER LAKE CLUB DLC Roadhouse Band w/Chris Ward—9pm; Blues, rock, n/c

DOWNTOWN LOUNGE Starbuck, DJ Smuve, LA White, Mac Marv—10pm; n/c

ELDORADO Beer pong & hip-hop w/DJ Rez-ur-rect—9pm

EMBERS Coupe De Ville—8:30pm; Rock & roll, n/c

GOODFELLA'S Aka White Devil—9pm; Metal, n/c

GRANARY Paul Quillen—7pm; n/c; Spring Break House Party w/Bike Giveaway—10pm; House, \$3-\$5

HARLEYS & HORSES Karaoke—9pm

HILTON HOTEL Aftermath—7pm; Jazz, n/c

JAZZ STATION Whitney Moulton Quartet w/Joe Freuen & Dario LaPoma—8pm; Jazz, \$4/\$5

THE KEG Karaoke—9pm

LEVEL UP DJ Food Stamp—9pm; rap, breaks, soul, n/c

LUCKEY'S Groundblooms, Soccer Babes, Couches—10pm; Indie, \$5

MAC'S The Twangshifters—9pm; Rockabilly, Americana, \$5

MOHAWK TAVERN No Way Out—9pm; n/c

OAK ST. SPEAKEASY Beef Bottom, Sun Pillar, Robert Meade—9pm; Rock, funk, n/c

THE O BAR Karaoke—9:30pm

O'DONNELL'S Karaoke—9pm

PORKY'S PALACE Karaoke—8pm

RAVEN A PUB Karaoke—9pm

RED LION INN Karaoke—9pm

ROGUE PUBLIC HOUSE Trivia Night—8pm; n/c

THE ROK Dance Party hits w/DJ Scoot & DJ Pheonix—10pm; DJ dance

SAM BOND'S Sama Dams, Kingdom County, Catherine Feeny—9:30pm; Acoustic, \$5

SAGINAW VINEYARD The Barkemeyer Brothers—6pm; Country, Americana, n/c

SIDE BAR Karaoke—9pm

SPIRITS Michele Lee & the Local Monsters—9pm; Rock, n/c

SPRINGFIELD VFW Lost Highway—7pm; Oldies, rock & roll, n/c

STRIKE CITY Karaoke—8pm

SWEET CHEEKS WINERY Tyler Morin—7pm; n/c

TAPATIO DJ & dance music—9pm; n/c

TERRITORIAL VINEYARDS The Whiskey Chasers—7pm; n/c

TSUNAMI BOOKS Songwriter showcase w/Phoebe Blume—7pm; Various artists, \$5

VILLAGE GREEN Gus Russell & Rick Markstrum—8pm; Blues, soul, n/c

WANDERING GOAT Elliot Martinez, Lucy Glass, Brendan Tate, Apple Pants—9pm; Comedy, n/c

WESTEND TAVERN Amblin—8pm; Acoustic, n/c

WHISKEY RIVER RANCH Matt Borden—9pm; \$5

SATURDAY 3/30

5TH ST. CORNUCOPIA Forgotten Works—9:30pm; n/c

THE ATRIUM Marty Chilla & friends—2pm; n/c

AXE & FIDDLE Black Beast Revival—8:30pm; Rock, \$5

COWFISH "Sup!" w/Sassy Mouff, Michael Human & Guests—9:30pm; Top 40, electro

CRESWELL COFFEE & WINE Dylan James—7pm; Rock & roll, \$3

DEXTER LAKE CLUB Folsom Prizm—9pm; Johnny Cash tribute, n/c

DOC'S PAD DJ J-Will—8pm; Dance mix, n/c

DOWNTOWN LOUNGE Poeina Suddarth, Acoustic Minds, Eastern Sunz, Marley Morotta—10pm; Hip-hop, \$5

DUCK INN Karaoke—10pm

ELECTRONICA FRONTIERSMEN

In five years, when zombies overrun us, Alfred Darlington is going to look back on these days as the golden age of electronic music. Darlington, better known by the production moniker **Daedelus** (pictured), tells *EW* that he would prefer the zombies to be of the slow, mindless variety.

But regardless of impending zombie attack theories, Darlington is pushing his brand of electronica as far as modern technology allows. "I'm proud of where the electronic sound is going," he says. "I use a monome and the device is so clever and customizable that I've been able to find a voice within it." A monome is a small box with a button grid that lights up; it acts as a minimalist controller that provides an adaptable computer interface for user needs (from deadmau5 to Imogen Heap).

Daedelus is part of an entire community of Los Angeles-based producers and musical innovators; Flying Lotus and Nosaj Thing are a few names that top the roster. But the Daedelus sound can't be solely associated with his peers; it is at once an esoteric exploration of the soundscape and an intimate and compelling construct.

Daedelus combines atmospheric samples, downbeat rhythms and sweeping synthetics into uplifting tunes that appeal to both the hipster and the intelligent dance music aficionado.

Also on the bill is Denver-based production duo **Two Fresh**, who combine elements of hip hop with a catchy take on chiptunes. Their unique twist on electronica has caught the attention of Daedelus, who says they have really found their ground this year.

Recent come-up **Ryan Hemsworth** completes the bill with his more hip-hop-focused style.

Though similar to Two Fresh, Canadian-based Hemsworth cooks up trap and electronic bootlegs alongside a slew of originally produced jams with such collaborators as hip-hop cohort Squadda B.

"This will not be your typical night of heavy bass; we're not trying to hurt you," Darlington says. "We want to spark a whole lot of different emotions by using a lot of different electronic sounds. There will be a lot of passionate sounds being thrown around."

Daedelus plays with Two Fresh, Ryan Hemsworth and Samo Sound Boy 9 pm Tuesday, April 2, at WOW Hall; \$14 adv., \$16 door. — *Kevin Piaskowski*

PHOTO BY TODD COOPER

IT'S TAX TIME SAVE 25% OFF

with this ad through April 15 • 2012 Long Or Short Form • starting at \$95 after discount
Applies to Federal/State long/short form and attachments

Does the Government owe you money?

When you have Accurate Bookkeeping & Tax Service prepare your 2012 return, we'll review your 2009 through 2011 for FREE.

OUR PROFESSIONAL STAFF

Susan Ralls
Certified Public Accountant
Carol Roberts
Licensed Tax Preparer
Cynthia Hauke
Enrolled Agent, LTC
William Giacomazzi
Enrolled Agent, LTC
Marcello Innocenti
Enrolled Agent, LTC 5242
Elizabeth Northrop, Margaret Innocenti,
Leah Ennion & Dan Baker
Licensed Tax Preparers



ACCURATE BOOKKEEPING & TAX SERVICE

2757 River Rd. (Regular Business Hours)

SINCE 1992 • 541-689-7071 • WWW.ABTSCORP.COM

OPEN HOUSE EVERY SUNDAY AT RIVER ROAD OFFICE • FREE REFRESHMENTS

MEDICAL MARIJUANA CLINIC

Are You Tired of Pills?

Do You Suffer From:

- Severe Pain
- Muscle Spasms
- Seizures
- Glaucoma
- Cancer
- AIDS
- Severe Nausea
- Cachexia
- Alzheimer's



An Established & Respected Clinic For Over 13 Years • We've Been Here For You!

Southern Oregon Alternative Medicine

Springfield Location 152 Main St.

www.southernoregonalternativemedicine.com

(541) 844-1708

EMGE &WHYTE	CERTIFIED PUBLIC ACCOUNTANTS	Eugene D. Emge Pam Whyte Hilary Anthony
	EXCELLENCE IN SERVICE	

tax & accounting professionals

Support Eugene Opera, Symphony, & Ballet!

2505 W. 11th Ave • Eugene, OR 97402 • 485-2100

Cascadia MUSIC FESTIVAL

July 5 • Emerald Meadows
EUGENE, OREGON

Railroad Earth
Bruce Hornsby & the Noisemakers
Tony Furtado Band
Jelly Bread
Shook Twins

CAMPING | VENDING
LOCAL BREW & WINE

\$45 for first 1000 tickets sold
Kids 12 & under free

CascadiaMusicFestival.com
541-461-3900




Weekly



HAPPY ABOUT THE BLUES

Blissful blues. Sounds like an oxymoron, but that phrase hits at the essence of **The California Honeydrops**, who take the catharsis of singing the blues to a devil-may-care, happy-go-lucky level. The New Orleans-inspired stylings of the five-piece band from Oakland overflow with unabashed, easygoing joy, or in the spirit of The Big Easy: *Laisser les bon temps rouler!*

Poland-born Lech Wierzynski — who studied with jazz, blues and country greats like Maria Muldaur, Marcus Belgrave, Dan Hicks and Jackie Payne — writes songs, sings, plays guitar and blows his trumpet triumphantly while leading the band with Johnny Bones on a buoyant sax, metered by Ben Malament on drums, Doug Stuart on bass and Charles Hickox on keys. The Honeydrops will be dropping their latest Kickstarter-funded album April 19.

"We traverse a lot of styles," Bones says. "The album starts with New Orleans influences, then we get into more country blues." Bones ticks off other inspirational ingredients in their musical melée: a dash of Mississippi John Hurt, a handful of dirty washboard, a dollop of zydeco and trombone, a scoop of gospel soul with blues accordion, a sprinklin' of fiddlin', washed down with some T-Bone Walker juice.

Bones points out that without the help of their fans on Kickstarter — they raised over \$26,000 — they would not have been able to do such a broad musical exploration. With a label, Bones says, "They have a lot of control over your product. Then you weren't like a pure artists; you were a product for the label." He adds, "We've been able to do the crazy music we wanna do ... And we know people have a good-ass time."

The Honeydrops will be joined by Portland's folk-rock band **Fruition** at Cozmic. The soulful strings outfit also raised over \$20,000 via Kickstarter for a follow-up to 2011's *It Won't Be Long*; the upcoming full-length LP will be recorded at William's Place in Casper, Calif., the producing grounds of Bill Bottrell (Michael Jackson, Sheryl Crow, Tom Petty). Bones said the bands became friends almost two years ago, playing festivals like the Northwest String Summit. Their paths will cross again during July's High Sierra Music Festival.

The California Honeydrops play with Fruition 9 pm Friday, March 29, at Cozmic; \$12. — Alex Notman



IT'S OUR 24TH ANNIVERSARY

SALE

4 DAYS OF FUN!
MARCH 28-31

OVER 40,000 CDS, 25,000 LPS',
5000 DVDS... POSTERS - TURNTABLES -
T-SHIRTS - GIFTS - AND SO MUCH MORE...

24%

**OFF REGULAR PRICE
OF EVERYTHING
STOREWIDE**



**OPEN
EASTER
SUNDAY FROM
10 AM TO 6PM**

Skip's
Since 1989
Records & CD World

CORNER OF WEST 11TH & SENECA
541-683-6902 • GOTOSKIPS.COM

Wellness Centered Dentistry

Safe Removal of Mercury Fillings

Rob Whicker DDS • www.wcdentistry.com
4725 Village Plaza Loop, Ste 101 • 541-868-2008

The kids, groceries, potting soil...

Take it all with you.



Yuba Mundo, Xtracycle, Surly Big Dummy
Child seats, cargo bags, electric assist.

facebook: arrivingbybike
2705 Willamette St • 541.484.5410
Mon-Fri 11-7, Sat 10-6, Sun 12-5

arriving by bike
Urban Cycling Outfitters

MUSIC LISTINGS

CONTINUED

EMBERS Coupe De Ville—8:30pm; Rock & roll, n/c
GRANARY Kate Brown—7pm; n/c; Ty Bradley Session—10pm; Soul, blues, rock, \$3-\$5
HAPPY HOURS Eastman Band—9pm; Rock, alternative, n/c
HARLEYS & HORSES Karaoke—9pm
LEVEL UP DJ Rock 'n' Roll Damnation—9pm; '70s & '80s rock, heavy metal; n/c
LUCKEY'S Play for Today—10pm; Vinyl, Cure tribute, \$3
MAC'S The Vicki Stevens & Sonny Hess Band—9pm; Blues, R&B, rock, \$7
MOHAWK TAVERN Code Red—9pm; n/c
OAK ST. SPEAKEASY Scott Austin, Michael Conley—9pm; Acoustic, n/c
PORKY'S PALACE Karaoke—8pm
POUR HOUSE Karaoke—9pm
QUACKERS Karaoke—9pm
RAVEN A PUB Karaoke—9pm
THE ROK Dance Party hits w/DJ Scoot & DJ Pheonix—10pm; DJ dance

SAM BOND'S Stagger & Sway—5pm; Folk, country, n/c; Full Lush, Underlings—9:30pm; Rock, \$5
SIDE BAR Karaoke—9pm
SONNY'S TAVERN Karaoke—9pm
SPIRITS Michele Lee & the Local Monsters—9pm; Rock, n/c
SPRINGFIELD VFW Lost Highway—7pm; Oldies, rock & roll, n/c
STRIKE CITY Karaoke—8pm
TAPATIO DJ & dance music—9pm; n/c
TAYLOR'S BAR & GRILLE DJ Crown—10pm; Hip hop, dance, n/c
TSUNAMI BOOKS Brian Cutean—7:30pm; Singer-songwriter, \$5-\$10
VILLAGE GREEN Gus Russell & Laurie Hammond—8pm; Vocal jazz, n/c
WANDERING GOAT Clarity, No Sir, Comadre—7pm; Hardcore, all ages, don.
WESTEND TAVERN Tita Luisa—8pm; Acoustic, n/c
WHISKEY RIVER RANCH Michele Drey & Branded Band—9pm; \$5
WILD DUCK CAFE Duck-0-aro-ke—10pm; Karaoke, n/c

WOW HALL Dirtyphonics, Crizzly, Nerd Range—7pm; Electronica, \$20/\$23

SUNDAY 3/31
DEXTER LAKE CLUB Jam Night—6pm; Open mic, n/c
DOC'S PAD T-Bone Weldon Trio—7pm; Blues, n/c
DOWNTOWN LOUNGE Fetish Night—9pm; \$10
GOODFELLA'S Henchmen, the Effies, Double Deuce—8pm; Rockabilly, n/c
GRANARY Green Mt. Bluegrass Band—6pm; Bluegrass, n/c
HAPPY HOURS Karaoke—8:30pm
JAZZ STATION All Corners Jam w/Kenny Reed—4pm; Jazz, \$3-\$5 sug. don.
PIZZA RESEARCH INSTITUTE Robert Meade—7pm; R&B, Americana, n/c
SAM BOND'S And And And, The We Shared Milk, Father Figure—8:30pm; Rock, \$5
SPRINGFIELD VFW McKenzie Express—7pm; n/c
VILLAGE GREEN Paul Safar & Nancy Wood—7pm; Jazz piano, n/c
THE WEBFOOT Karaoke—9pm

WOW HALL Christopher Owens, Melted Toys—8pm; Singer-songwriter, \$15/\$18

MONDAY 4/1
BLACK FOREST Karaoke—9pm
BREW & CUE DJ Brady—9pm; n/c
BUGSY'S Monday Bug—7pm; Acoustic, n/c
GOODFELLA'S Metal Jam w/ Lunchbox—8pm; n/c
GRANARY Poetry open mic & jazz w/Kenny Reed—7pm; n/c
PORKY'S PALACE Karaoke—8pm
REALITY KITCHEN Acoustic Reality—7:30pm; Open mic, n/c
VILLAGE GREEN Dylan James—7pm; Contemporary guitar, n/c

TUESDAY 4/2
5TH ST. CORNUCOPIA Jesse Meade w/Rob Jubber—9:30pm; n/c
BEALL HALL Steve Mauk—6pm; Soprano & alto sax, n/c
BLACK FOREST Guitaraoke w/ Neriah Hart—9pm; Live band karaoke, n/c
BUGSY'S Karaoke—8pm
THE CITY iPod Night—6pm; n/c

COWFISH School Night Dance Party w/Michael Human—9pm; Electro, blog-house, n/c
COZMIC NEHS Ukulele Orchestra, Craig Chee—6pm; Ukulele, CD release, n/c
DOC'S PAD Karaoke—9pm
DOWNTOWN LOUNGE Open Mic—6pm; n/c; Karaoke—9pm
GOODFELLA'S Karaoke—9pm; n/c
GRANARY S.I.N. Night & Karaoke w/Nick—9pm; n/c
HOT MAMA'S WINGS Open Mic—8pm; n/c
IZAKAYA MEIJI CO. Cowboy Karaoke—10pm; n/c
LUCKEY'S The Get Together w/ Scotty Styles—10pm; Hip-hop, ladies night, \$2
MAC'S Roosters Blues Jam—7pm; n/c
THE O BAR Karaoke—9:30pm
OAK ST. SPEAKEASY Karaoke—9pm; n/c
SAM BONDS Bluegrass Jam—9pm; n/c
VILLAGE GREEN Dylan James—7pm; Contemporary guitar, n/c
WHISKEY RIVER RANCH Karaoke—9pm
WOW HALL Daedelus, Two Fresh, Ryan Hemsworth, Samo Sound Boy—9pm; Electronica, \$14/\$16

WEDNESDAY 4/3
5TH ST. CORNUCOPIA Karaoke—9pm
BLACK FOREST Karaoke—9pm
THE BLIND PIG Karaoke w/Jim Jim—9pm
COWFISH "Hump Night" w/ Connor J, Club Bangers—9pm; n/c
COZMIC Open mic—7pm; n/c
DEXTER LAKE CLUB Acoustic Sessions w/Morin, Sorseth & guest—6pm; Acoustic, n/c
DOWNTOWN LOUNGE Bikes, BBQ & Blues Jam—8pm; n/c
EMBERS Cork's Crew—6:30pm; Dixieland, swing, jazz, n/c
GOODFELLA'S Karaoke—9pm; n/c
GRANARY Jazz jam w/Gerry Rempel & Thierry Renoux—7pm; n/c
THE GREEN ROOM Karaoke—9pm; n/c
JERSEY'S (FORM. TANKARD) Karaoke—8pm
LUCKEY'S The McCoy Tyler Band, Forgotten Works—10pm; Indie, rock & roll
MAC'S Wine, Jazz & Variety Show w/Gus Russell & Paul Biondi—6pm; Jazz, blues, n/c
MAX'S Lonesome Randall—7pm; Rock & roll historian, n/c

VENUE GUIDE

★ = ALL AGES
5TH ST. CORNUCOPIA 207 E. 5th • 485-2676
AASEN-HULL HALL 190 Frohnmayer Music Building, UO
AGATE ALLEY BISTRO 1461 E. 19th • 485-8887
AMICI RESTAURANT 919 Kruse Way, Spfd
ATRIUM BUILDING 10th & Olive
AX BILLY GRILL 999 Willamette • 541-484-4011 ext. 231
AXE & FIDDLE 657 E. Main, Cottage Grove
BEALL HALL Frohnmayer Music Building, UO
★ BEANERY 152 W. 5th
BLACK FOREST 50 E. 11th • 686-6619
B2 WINE BAR 2794 Shadow View • 505-8909
CAMPBELL CLUB 1670 Alder St.
THE CITY 2222 MLK Jr. Blvd. • 343-4734
CONWAY'S 5658 Main, Spfd • 741-6897
THE COOLER 20 Centennial Loop • 484-4355
COUNTRY SIDE 4740 Main, Spfd • 744-1594
COWFISH 62 W. Broadway
★ COZMIC 199 W. 8th
★ CRESWELL COFFEE & WINE 116 Melton, Creswell
DAVIS' 94 W. Broadway
DEXTER LAKE CLUB 39128 Dexter Rd., Dexter • 937-4050

DIABLO'S/DOWNTOWN LOUNGE 959 Pearl • 343-2346
DIXIE CREEK SALOON 32994 Hwy. 99E, Tangent • 926-2767
DOC'S PAD 710 Willamette • 343-0224
DOWNTOWN ATHLETIC CLUB 999 Willamette St.
DRIFTWOOD BAR & GRILL 5094 Main, Spfd • 988-4384
DUCK INN 1295 W. 6th • 302-9206
ELDORADO 3000 W. 11th • 683-4580
THE EMBERS 1811 Hwy 99 W. • 688-6564
EUGENE CITY BREWERY 844 Olive • 345-4155
EUGENE EAGLES 1375 Irving • 688-9471
EUGENE HILTON 66 E. 6th
EXCELSIOR BISTRO 754 E. 13th • 342-6963
FALL CREEK TAVERN 40144 Big Fall Creek • 937-2962
FIRST UNITED METHODIST 1376 Olive
GOODFELLA'S 117 S. 14th, Spfd • 726-9815
GOOD TIMES 375 E. 7th • 484-7181
THE GREEN ROOM 710 Willamette
HAPPY HOURS 645 River • 463-7632
HARLEYS & HORSES 2816 Main, Spfd
HODGEPIDGE RESTAURANT 2190 W. 11th
HOLE IN THE WALL BBQ 1807 Olympic, Spfd • 344-0203
★ HOT MAMA'S WINGS 420 W 13th • 653-9999
HUMBLE BEAGLE 2435 Hilgard • 484-3062

JAMESON'S BAR 115 West Broadway • 485-9913
★ THE JAZZ STATION 124 W. Broadway • thejazzstation.org
JENNY'S HAIR & CO. 2833 Willamette • 484-2894
JERSEY'S 330 Hwy 99 S., Junction City • 998-3123
JOHN HENRY'S 77 W. Broadway • 342-3358
JUST BREATHE YOGA 2868 Willamette
THE KEG 4711 W. 11th • 345-5563
KEYSTONE CAFE 395 W. 5th • 342-2075
LAVELLES 296 E. 5th • 338-9875
LEVEL UP 1290 Oak • 654-5632
THE LOFT AT TURTLE'S 2690 Willamette
LUCKEY'S 933 Olive • 687-4643
MAC'S 1626 Willamette • 344-8600
MAX'S 550 E. 13th • 349-8986
★ McDONALD THEATRE 1010 Willamette
MOHAWK TAVERN 1501 Mohawk, Spfd • 747-3211
MULLIGAN'S 2841 Willamette • 484-1727
MUSIC MASTERS 380 E. 40th
MY PLACE 38392 Dexter • 792-2616
OAK ST. SPEAKEASY 915 Oak • 683-2000
THE O BAR 115 Commons • 349-0707
OLD PAD 3355 E. Amazon • 686-5022
O'DONNELL'S IRISH PUB 295 Hwy. 99 N. • 688-4902

OFF THE WAFFLE (DT) 840 Willamette • 654-4318
OVERTIME TAVERN 770 S. Bertelsen • 342-5028
PAPA'S SOUL FOOD KITCHEN 400 Blair • 342-7500
PEABODY'S PUB 444 E. 3rd
PIZZA RESEARCH INSTITUTE 530 Blair
PORKY'S PALACE 796 Hwy 99 N. • 463-7966
POUR HOUSE 444 N. 42nd, Spfd • 746-1337
QUACKERS 2105 W. 7th
RABBIT HOLE 126 4th, Spfd • 746-1086
RAVEN A PUB 160 W. 6th, Junction City
RED LION INN 205 Coburg • 342-5201
RESTOBAR 1285 Bay, Florence
THE ROK 44 E. 7th • 344-1293
SAGINAW VINEYARD 80247 Delight Valley, Cottage Grove
SAM BONDS GARAGE 407 Blair • 431-6603
SAM'S PLACE 825 Wilson • 484-4455
THE SHEDD 869 High • 687-6526
SIDE BAR 1690 Coburg • 343-1200
SIDE POCKET TAVERN 846 W. 6th
SONNY'S TAVERN 533 O, Spfd • 741-1953
SPIRITS 1214 Main, Spfd • 726-0113
STRIKE CITY 1170 Highway 99 N. • 688-8900
★ SUPREME BEAN 2864 Willamette • 485-2700

★ **SUZUKI MUSIC ACADEMY** 170 W. 12th • 285-6655
SWEET CHEEKS WINERY 27007 Briggs Hill
SWEET ILLUSIONS 1836 S. A St., Spfd. • 762-1503
TAPATIO 725 Gibbs, Cottage Grove • 767-0457
TAYLOR'S BAR & GRILLE 894 E. 13th • 344-6174
TERRITORIAL VINEYARDS 907 W. 3rd • 684-9463
THELMA SCHNITZER HALL Frohnmayer Music Bldg. 163, UO
TINY TAVERN 394 Blair • 687-8383
TOMAHAWK SPORTS BAR 92178 Marcola, Marcola • 933-2245
★ TSUNAMI BOOKS 2585 Willamette • 345-8986
VET'S CLUB 1626 Willamette
VILLAGE GREEN 725 Row River, Cottage Grove
VFW SPRINGFIELD 5344 Main, Spfd • 747-7564
★ WANDERING GOAT 268 Madison
WASHBURN CAFE 326 Main Street, Spfd • 746-7999
THE WEBFOOT 839 E. 13th Ave • 505-8422
WESTEND TAVERN 563 W. Centennial, Spfd • 726-7720
WILLAMETTE HIGH SCHOOL 1801 Echo Hollow • 689-0731
★ WORLD CAFE 449 Blair • 485-1377
WHISKEY RIVER RANCH 4740 Main, Spfd • 731-7641
YUKON JACK'S 4th & W. Bdwy., Veneta • 935-1921



Noodle Bowl

VOTED BEST KOREAN FOOD BY EW READERS 2012-2013



AUTHENTIC KOREAN & ASIAN CUISINE

BUBBLE TEA & BUBBLE JUICE • KALBEE
 TERIYAKI : CHICKEN, BEEF TOFU, PORK
 KIMCHEE SOUP
 HOT POTS • BI BIM BAP • CHAP CHAE
 HEALTHY HOT SOUP
 YUKAE JANG
 VEGETARIAN OPTIONS

★★★★ noodlebowlrestaurant.com

11:30AM - 9PM MONDAY - SATURDAY **860 PEARL • 686-1114**



Luckeys CLUB

100 YEARS

TH 4/4 **The Satin Chaps** [Rock]

FR 4/5 **Full Lush** [Rock]

SAT 4/6 **The Golden Motors** [Rock]

933 Olive St | 541-687-4643



Starlight LOUNGE

BEST HAPPY HOUR!
 EW "BEST OF EUGENE 2007-12"

830 Olive St | 541-343-3204

In the heart of the Barmuda Triangle



Brails RESTAURANT & ESPRESSO

BEST HANGOVER BREAKFAST

9 STRAIGHT YEARS!

2004 • 2005 • 2006 • 2007 • 2008
 2009 • 2010 • 2011 • 2012

BREAKFAST ALL DAY
 7am - 3pm Everyday
 1689 Willamette
 343-1542

see our full menu on facebook

BEST OF EUGENE 2012-2013

NextStep Donation Center

Old electronics?
 Drop 'em off!
 Get 20% off at
 our ReUse Store

No more fees!
 Recycle with
 us for FREE!



NEXTSTEP
 Drop-off Tues-Sat 10am-5pm
2101 W 10th
541.686.2366
 NextStep Recycling is a 501(c)(3) Non-profit.



Sunrise Asian Food Market

Largest Selection of Asian Groceries

Seaweed, rice, noodles, frozen products, deli, snacks, drinks, sauces, spices, produce, housewares, and more.

We carry groceries from Holland, India, Pakistan and Polynesia
 Sushi & Asian deli take-out

Easter Special

Open Easter Sunday 10-6

10% OFF EVERYTHING IN THE STORE

* Excluding rice, case prices and phone cards.
 Offer expires 4/3/13

www.sunriseasianfood.com
 M-Th 9am-7pm • F 9am-8pm • Sa 9am-7pm • Su 10am-6pm
70 W. 29th Ave. Eugene • 541-343-3295

MUSICLISTINGS

CONTINUED

MULLIGAN'S Open Mic—8:30pm; n/c
MUSIC MASTERS Bluegrass Jam—7pm
OAK ST. SPEAKEASY Ghost House—9pm; Dark '80s, n/c
OLD PAD Trivia night—9pm; n/c
POUR HOUSE Karaoke—9pm
QUACKERS Karaoke—9pm; n/c
THE ROK Karaoke—9pm
SPIRITS Karaoke—9pm
VILLAGE GREEN Safar & Larsen—7pm; Jazz, n/c
WESTEND TAVERN Patrick & Giri—8pm; Acoustic, n/c
WOW HALL Papadosio, Acorn Project—9pm; \$10/\$12

CORVALLIS

AND SURROUNDING AREAS)

BIG RIVER MUSIC
SA Bill Beach Duo—8pm; n/c

CLOUD & KELLY'S
TH Cadillac Lunch—7pm; Fusion, jazz, n/c
FR Maca Rey & the Deep Woods Band—10pm; World, psychedelic, n/c
SA The Svens—10pm; Country, surf, n/c

FIREWORKS RESTAURANT
SU Noah Peterson—7pm; Saxophonist, n/c
MO Southtown Open Mic—9pm; n/c

TROUBADOUR MUSIC CENTER
FR James Wilson & Adam Scramstad—8pm; Guitar, Celtic, \$10
SA Accordion Babes—8pm; Accordion, \$10/\$12



GIRL (RE)GROUP

Christopher Owens' former group Girls set the indie world on fire with their 2009 underground hit *Album*. Owens' singing voice drew comparisons to Elvis Costello; the songs evoked '60s power-pop, '70s punk and contemporary indie rock. The band represented their San Francisco roots, mixing gutter punk sensibilities, flower-power flourishes and Castro-style gay culture references; in "Lust for Life" Owens sings: "Oh, I wish I had a boyfriend / I wish I had a loving man in my life / I wish I had a father / Maybe then I would've turned out right."

Throughout, Owens drew on his checkered past: At 16 he escaped a fundamentalist cult, joining mainstream society via pop music and hardcore punk. In 2012 Owens announced he was leaving Girls due to the group's inability to maintain a consistent lineup. Owens told *Pitchfork*: "We were replacing members for every other tour; I didn't feel like I had other people who were maturing alongside me. I counted out the amount of people that were in the band over the years. It was 21 — a giant amount of people. That's feeling disappointed 21 times over."

In 2013 Owens released his first solo album, *Lysandre*, taking the Girls formula, mellowing it out a bit, and otherwise changing absolutely nothing. *Lysandre* is a concept album, telling the story of the first Girls world, and taking its name from a girl Owens met in France during that time. "I sat down to put the story of how I met her — and the tour on which that happened — into words," Owens adds. "I decided to let the theme dictate the chords and form of the entire record, making every song on the album akin to the other, never leaving the key of A."

The album opens with the groovy Donovan-esque "Lysandre," flowery jazz-inflected flute is woven throughout the songs, and Costello-style power pop shows up in "New York City," complete with a charmingly outdated saxophone solo.

Christopher Owens plays with Melted Toys 8 pm Sunday, March 31, at WOW Hall: \$15 adv., \$18 door, \$20 for reserved seating. — William Kennedy

JOE BONAMASSA LIVE IN CONCERT
THE GUITAR EVENT OF THE YEAR!
HULT CENTER
APRIL 15TH @ 8PM
TICKETS AVAILABLE @
HULTCENTER.ORG
VISIT WWW.JBONAMASSA.COM
FOR A FREE SONG DOWNLOAD

ATTENTION: BANDS, FOOD CARTS, CLUBS!

★ BE SEEN IN *EUGENE WEEKLY'S* COVETED LIVE MUSIC LISTINGS ★
CALL FOR DETAILS 541-484-0519

BIOTAXI
541-747-BLUE(2583)

Ronny's A/V SALE

COWFISH
7 NIGHTS OF DJS + HAPPY HOUR 5-9:30

mon GAME-NITE DJ SIPP	tues SCHOOL-NITE DANCE PARTY	wed CONNAH JAY NO COVER!	thurs 100% POP DJs SIPP & SASSY	Fri FREEK-NITE FREE ENTRY W/ COSTUME	sat SUP! DANCE PARTY HIP-HOP, TOP 40	sun INDUSTRY-NITE 90S VIDEO FLASHBACK
-----------------------------	------------------------------------	--------------------------------	---------------------------------------	--	--	---

62 W. BROADWAY, EUGENE, OR, USA, PLANET EARTH

Quackeroke
KARAOKE COMPETITION EVERY SATURDAY
SIGN UP BY 8PM | BEGINS AT 9PM
7 WEEKS ENDING 4-13-13

Quackers
LAST STOP

2105 W 7TH AVENUE EUGENE • 541-485-5925

GRAND PRIZE
Hawaiian VACATION

TALKING TO STRANGERS

Stand-up comedian Hannibal Buress talks Chris Rock and 30 Rock

Before Hannibal Buress started doing stand-up comedy at 19 in Chicago, he wanted to be the “black Howard Stern.” Since then he’s written for *Saturday Night Live* and *30 Rock* and has appeared on *Louie*, *Conan* and *Jimmy Kimmel Live!* In 2012, he released his first Comedy Central special “Animal Furnace,” and now he’s working on his new web series *Talking to Strangers*, in which he interviews musicians like The Roots’ Questlove. Just don’t ask him when it premieres, because, well, he has no idea. To read the extended interview, visit our website.

You’re fresh off SXSW. What’s it like doing comedy at SXSW?

It’s crazy being down there because it’s so many shows happening at once ... You walk down 6th Street, the main street of Austin, and there’s just music blaring from every bar, people are just packed in the streets ... Got to see Prince live, which was just crazy. He did six encores, which sounds like a lot, but it’s true.

There’s also a ton of buzz swirling around that one night at New York’s Comedy Cellar [Feb. 27] where it was you, Dave Chappelle, Chris Rock, Kevin Hart, Marlon Wayans and Questlove. How did that night come about?

It worked out that a lot of people were in town at the same time. Chappelle and Chris Rock the night before that, they did a set where it was the both of them riffing on stage. So I was just coming to watch, you know, and hopefully they’d do something like that again. I come there, I make it in time for the second show; Kevin Hart is on because Kevin Hart was hosting *SNL* that week so he’s popping in the clubs to do stand up in New York and then Chris Rock does a set after Kevin Hart. Then the second show is over and then the third show starts and they ask me if I want to go on. I’m not booked for that show. I’m thinking, wait, Chappelle is going on but they want me to go up? If Chappelle is going on then that means they need less comics, they don’t need more comics.

It turned out Rock had asked the managers to put me on. So I went on and then Chappelle went on and did a great 45-minute set. Then Kevin Hart yelled about having a story about Jay-Z, so Dave Chappelle brings Kevin up to tell

the story and then everyone starts coming up out of the wing; Bill Bellamy, Chris Rock. It was just a real crazy thing to watch. I don’t know how long it went, maybe an hour and a half, two hours of them just joking on each other, telling stories and passing the mic. It was a real cool night to be a part of.

I watched the mini documentary leading up to your Comedy Central special. There’s a scene where you play a voicemail from Chris Rock. It’s pretty hilarious. I was wondering, what role does mentorship play in the world of comedy?

He gives advice. I wouldn’t say he’s necessarily a mentor in that way. But I mean that was my first Comedy Central special so I was asking for advice. If I wonder about something, I’ll run it by him and ask his advice. But for the most part he’s just a cool dude that I can talk with sometimes. I’m sure some other guys, they have mentors, and it varies for comedians — or it might just be an older comedian you ask for advice. It’s not like, a *Karate Kid*/Mr. Miyagi situation. [Laughs]. I wouldn’t describe it as that but he is somebody that does have good insight.

What advice did he end up giving you?

He was just saying, I mean obviously you’re supposed to run your set a bunch of times and work it over and over and just really try to make it a good show. He said, “It’s a special, so make it a special, not a normal. It shouldn’t be a normal show.” So that was great advice. He also told me to watch *Rocky*, but I didn’t end up watching *Rocky*.

You’ve written for SNL and 30 Rock. What’s the difference between writing for stand up and writing with a team of comedians?

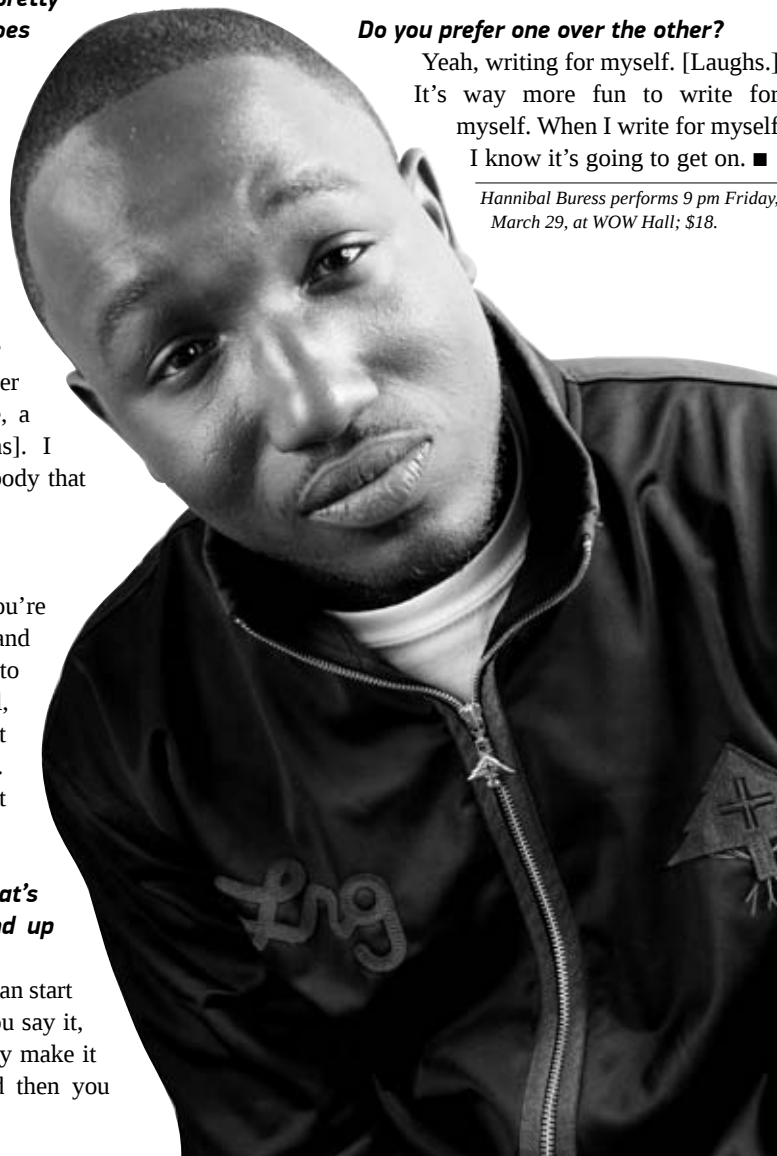
If you’re collaborating with people, you can start out with a small nugget or idea and then, you say it, you bounce it off somebody, you add it, they make it better. Somebody else says something and then you

have a fully formed idea. That’s more how the *30 Rock* writing style was, as far as pitching jokes for a script. Whereas stand up, you’re on your own so you have an idea and you can try it on stage, and you decide or the audience decides, based on the audience’s reaction, what you want to do with it. Then on *30 Rock*, you’re writing for characters that have been established already that have their own voice. So you’re thinking of a joke that Jack Donaghy would say, or Liz Lemon.

Do you prefer one over the other?

Yeah, writing for myself. [Laughs.] It’s way more fun to write for myself. When I write for myself I know it’s going to get on. ■

Hannibal Buress performs 9 pm Friday, March 29, at WOW Hall; \$18.



KENNY REED BENEFIT

Sunday April, 7th at the Vets Club Ballroom | 1pm - 9pm

Performers Include:

Michael Denny, Greg Nathan with Donna Courtell, Skip Jones, Byron Case, Rick Markstrom, Steve Arriola, Maca Rey, Yama Yama, Kokobola with Frank Sprouse, Kingpins with George Nash Khier, Ben Rice, The Hank Shreve Band

Kenneth W. Reed Benefit donations accepted at any Pacific Continental Bank

Please Help More info call 541-746-6222



CLASSIFIEDS

To place a classified ad: **CALL** 541.484.0519 **EMAIL** classy@eugeneweekly.com **WEB** classifieds.eugeneweekly.com
WRITE 1251 Lincoln St. Eugene, OR 97401 **VISIT** our office Monday-Friday 8am-5pm

LINE ADS: \$11/3 LINES
 ADDITIONAL LINES: \$4

EVENTS CALENDAR



Ker Cleary, LPC, BFRP
 ClearHeart Counseling

Mindfulness-based Counseling
 Bach Flower Remedies
 Channeled Guidance

541-349-0595

www.ClearHeartCounseling.com

NOT For Dogs Only
 Organic Dog Snacks

Our mission is to educate dog owners on the importance of feeding every dog a grain-free & gluten-free diet. NFDO is sold online & at health conscious pet stores. Give your dog a REAL treat!

TheHealthyDogStore.com

ORGANIC
 GMO
 PRESERVATIVES



3635 Hilyard

Brain Balancing Meditation Series

Mondays, 4/1-29, 7-8:30 pm
 Mehtab/Jerry 503-522-5337

Intro to Kundalini Yoga Spring Beginners Series
 Wednesday 4/3-5/5, 7-8:30 pm
 Simrat Kaur 541-343-7825

Sadhana Workshop
 Sadhana is a Self-Victory!
 Saturday, April 6, 2-5 pm
 With Gurumukh Singh

www.yogawesteugene.com

Advertise your upcoming event
 call 541.484.0519



NOW HIRING! Instructors for Massage Program

Must be a Licensed
 Massage Therapist with
 teaching experience.

For more information call: 541-463-6103

CLEARANCE SALE

10-40% OFF
 ALL HOME THEATER/STEREO

**YAMAHA, MARANTZ,
 NAD, BOSTON ACOUS,
 PSB, GOLDENEAR
 & MORE!**

Ronny Sez:
 "You Gotta Hear the
 GoldenEar Speakers"

Ronny's Audio Vision
 180 E. 5TH AVE
 1-6PM TUES-SAT | 762-1700

EVENTS

DAHLIA TUBER SALE! Many sizes, colors and forms. Lane County Dahlia Society Benefit, April 4, 7:30-9:30pm Campbell Center, 155 High St, Eugene 541-461-8004 or 541-344-0970.

BULLETIN BOARD

Classes

EUGENE FENCERS CLUB Modern Olympic Fencing. Foil, Epee & Saber. USFA/USFCA Certified Coaches. Roosevelt Middle School, Tuesday & Thursday, 6-8:30pm, 541-688-6574, eugenefencersclub.org

Groups

I AGREE WITH OTHERS SO THAT THEY WILL LIKE ME, ever done that? Welcome to Solutions for Life. A Codependency Support Group. Mon 6pm-7:30pm, 105 W. Q St. Springfield. codependencysolutions@gmail.com

Opportunities

ICE HOCKEY! ANYONE CAN PLAY! Adult, non-checking, coed ice hockey leagues and classes in Eugene! No skating experience necessary. Classes with free loaner gear starting soon! 541-357-7166. icecenter@gmail.com www.icecenterhockey.org

PLAY RUGBY! EUGENE REIGN IS RECRUITING PLAYERS & FANS! Training Mon & Wed 5:30-7:30pm at SEHS soccer fields. No experience necessary! eugenewomensrugby.com

Wanted

HAVE YOU GOT A TALENT YOU WOULD LIKE TO SHOWCASE AT THE LANE COUNTY FAIR. Singers, musicians, dancer, jugglers...give me a call or email if you are interested. Ask for Bill Shreve 541-484-0519 or bills@eugene-weekly.com

VOLUNTEERS NEEDED FOR THE FRIENDS OF EUGENE PUBLIC LIBRARY BOOK SALE For more info: friendseugenelibrary.org or 541-484-1452

CASH FOR CARS: Any Car/Truck. Running or Not! Top Dollar Paid. We Come To You! Call For Instant Offer: 1-888-420-3808 www.cash4car.com [AAN CAN]

Misc.

FILTERED CIGARS Better Than Cigarettes. Only \$12.99+ per carton. Large cigars. Pipe tobacco. \$5 off your first order. (800) 613-2447 Coupon code: "ALT" www.cigartiger.com [AAN CAN]

Pets

GREENHILL HUMANE SOCIETY Everybody Deserves a Good Home. Fri-Tues 11am-6pm, Closed Weds & Thurs. 88530 Greenhill Rd, 541-689-1503 green-hill.org Look for our Pet of the Week!

SHELTER ANIMAL RESOURCE ALLIANCE S.A.R.A.'s Treasures Gift & Thrift Shop. Volunteer, Donate, Shop. **ADOPT!** 871 River Road, Open Daily 10am-6pm. 541-607-8892 sarastreasures.org Look for this week's Rescued Cat.

Adoption/Family Services

ADOPT: A BEAUTIFUL HOME, LAUGHTER LOVE ART MUSIC, MANY OPPORTUNITIES AWAITS FOR 1ST BABY. EXPENSES PAID. ASTRID 1-800-844-1670

PREGNANT? CONSIDERING ADOPTION? Talk with caring agency specializing in matching Birthmothers with Families Nationwide. LIVING EXPENSES PAID. Call 24/7 Abby's One True Gift Adoptions 866-413-6293 Void in Illinois/New Mexico [AAN CAN]

HELP WANTED

CARPENTERS ASSISTANT Transportation & some tools, min. 3 yrs exp. Responsibility & commitment to quality a must. Send resume & work related references to: krummholzpine@gmail.com Questions: call 541-510-2109

COMPUTER KEYBOARD & DIGITAL CAMERA SKILLS! WANTED SOMEONE TO LIST ITEMS ON EBAY, MUST BE ABLE TO TYPE 50-60 WPM, GOOD AT DESCRIBING ITEMS, GOOD LISTENER, FAST LEARNER, DETAILED WORK, DEPENDABLE. 15-20 HRS/WEEK. \$9/HR DEP ON EXPERIENCE. EMAIL RESUME &/OR JOB EXPERIENCE TO: ORR1115@GMAIL.COM

INTERIM LANE COUNTY ASSESSOR DEPT. OF ASSESSMENT & TAXATION SALARY: \$101,524.80 / ANNUALLY
 Manages the activities within the A & T Dept. which includes planning, coordinating, administering, and evaluating property appraisal, taxation, and activities to ensure projects, processes, procedures, systems, standards, and the appraisal of properties for tax assessment purposes are in compliance with State law for the preparation of the annual tax roll. Please visit our website at www.lanecounty.org/jobs or contact Lane County Human Resources at: 125 E. 8th Avenue, Eugene, OR 97401, 541-682-3665. Open till filled. EEO/ADA

NOW HIRING! INSTRUCTORS FOR MASSAGE PROGRAM. Must be a Licensed Massage Therapist with teaching experience. For more information, call LCC at Downtown Center: 541-463-610.

PERSONAL ASSISTANT WANTED I am looking for a responsible personal assistant. Position is flexible, so students can apply. Computer literacy is a plus. chtman85@gmail.com

SDANCERS Tired of your current club! **SWEET ILLUSIONS** has day & night shifts available. No experience, can train. Excellent tips! 541-852-8625 or 541-517-7196 **THE HOTTEST CLUB IN LANE COUNTY!**

PAID IN ADVANCE MAKE \$1000 A WEEK mailing brochures from home! Helping Home Workers since 2001! Genuine Opportunity! No Experience required. Start Immediately! www.mailing-station.com [AAN CAN]

SEEKING EMPLOYMENT

LOST YOUR JOB? Place a free line ad here (up to 4 lines, 160 characters) for 2 weeks. Briefly list your skills/experience & contact info. Email to: office@eugeneweekly.com or call 541-484-0519

Career Training

TATTOO ARTIST TRAINING Licensed tattoo school. 1 spot avail. Starting in April. Facebook.com/gardenofink 541-942-4708

Business Opportunities

FRIENDLY STREET MARKET - FOR SALE
 Iconic south Eugene neighborhood natural food store for sale. Enjoy your work, earn a good living, and know that you are doing positive work in the world! Interested in this unique opportunity? Inquiries to: friendlystreetmarket@gmail.com

HELP WANTED! make extra money in our free ever popular homemailer program, includes valuable guidebook! Start immediately! Genuine! 1-888-292-1120 www.how-towork-fromhome.com [AAN CAN]

WELLNESS

Bodywork

MASSAGE THERAPY Car accidents, whip lash, chronic pain, relaxation. Insurance accepted, avail weekends. Shoshannah Thielle, LMT #3461. 541-684-3965.

ROLFING relieves chronic pain, improves posture, helps you find ease in your body. Mark Donahue, Certified Advanced Rolfer, 25 yrs exp. LMT #14017 markdonahuerolfing.com 541-232-7630

Counseling

CLEAR HEART COUNSELING Mindfulness-based Counseling, Bach Flower Remedies, Channeled Guidance. Ker Cleary, MA 541-349-0595 ClearHeartCounseling.com

EFFECTIVE FREEDOM TECHNIQUES A new holistic approach to counseling. Awakening Minds 541-606-9451

PROFESSIONAL COUNSELING Free initial consult; sliding scale fees. Alan Zundel M.A. 541-510-8804, alanzcounseling.com

Fitness

WANT TO LOSE WEIGHT OR GAIN MUSCLE MASS? Call Randy to schedule a free consultation and free week membership at the gym. He specializes in functional movement, customized exercises, weight loss, & nutrition. CrossFit Level 1 and National Academy of Sports Medicine certified. Randy, Personal Trainer at International Fitness, Gateway Mall [541-] 378-8799.

Hypnosis

A BETTER CHOICE FOR YOU! Life Works School of Hypnosis. New classes begin in April & September. Register now. Lifeworks-or.com, 541-744-6655. Visa/MC/Discover/AMEX accepted.

HYPNOSIS IS A POWERFUL TOOL FOR CHANGE.

Stress? Health issues? Smoking? Weight loss? Anxiety? Phobias? Pregnancy? Nancy Mac, CHT 541-485-4559 www.NancyMac.net

STOP SMOKING NOW!!!

4 Sessions - Permanently.
 Call Shoshannah Thielle, CHT 541-684-3965.
YesHypnosisWorks.com

Massage

MARGARET'S DEEP-TISSUE MASSAGE

\$40 / 1st hr. 28 yrs exp.

Thorough, soothing, vibrant, memorable
 541-513-2692 #2144

SANCTUARY MASSAGE Couples Massage, Loami Loami Hot Stone, Swedish Relaxation, Deep Tissue & Myofascial Release, Energy Healing, Structural Assessment & Integration. Auto & Medical Insurance Accepted. Tammy Wise [lmt #11561] Justus Grose Wise [lmt #16860] 541-343-0109

Spiritual

**IMPROVE RELATIONSHIPS
 CHANGE YOUR LIFE.
 METAMORPHOSISHEALING.NET
 CALL 541-844-2339**

Yoga

FREE YOGA & MEDITATION CLASSES. Relax body, mind, spirit. Thurs 7-8pm. 1st United Methodist, 1376 Olive. 541-686-0506

YOGA WEST Kundalini Yoga in Eugene as taught by Yogi Bhajan. First two classes for the price of one. 3635 Hilyard, yogawesteugene.com

LEGAL NOTICES

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF LANE In the Marriage of: STEPHANIE L. MOSSMAN, Petitioner, and MARIO MARTINEZ, JR., Respondent. Case No. 151222095 **SUMMONS DOMESTIC RELATIONS SUIT TO: MARIO MARTINEZ, JR., Respondent.** The petitioner has filed a Petition asking for: Custody and parenting time. If you do not file the appropriate legal paper with the court in the time required [see below], the petitioner may ask the court for a judgment against you that orders the relief requested. **NOTICE TO RESPONDENT: READ THESE PAPERS CAREFULLY! YOU MUST "APPEAR" IN THIS CASE OR THE OTHER SIDE WILL WIN AUTOMATICALLY TO "APPEAR," YOU MUST FILE WITH THE COURT A LEGAL PAPER CALLED A "RESPONSE" OR "MOTION." RESPONSE FORMS MAY BE AVAILABLE THROUGH THE COURT LOCATED AT: LANE CO. CIRCUIT COURT, 125 E. 8TH AVE., EUGENE, OR 97401. THIS RESPONSE MUST B FILED WITH THE COURT CLERK OR**

Indoor – Weekend FARMER'S MARKET!

Inside the Gateway Mall next to Sears

Fri Noon – 9p, Sat and Sun 10a – 6p
 Open Every Weekend, Year-Round

EuGenius Market

Produce - Plants - Art - Food - Vendors

Ask for a cup of coffee! 50¢

www.EuGeniusMarket.com

EuGenius? Me Too!

**Yes Hypnosis Works
 STOP SMOKING NOW!!!
 4 SESSIONS - PERMANENTLY**

CALL Shoshannah Thielle
 CHT



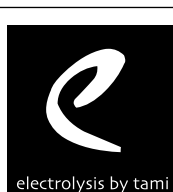
541-684-3965
yeshypnosisworks.com

Eugene Fencers Club Foil, Epee & Saber
 Roosevelt Middle School Tuesday & Thursday

Classes 6-8:30 PM

Modern Olympic Fencing

688-6574 eugenefencersclub.org USFA/USFCA Certified Coaches



Tami Kanning, L.E.
 Permanent Hair Removal

www.electrolysisbytami.com • 541-762-1325

Nancy Mac, CHT
 counseling
 hypnotherapy

- changing old patterns to allow new choices
- creating healthy relationships

Individuals/Couples
 485-4559 • www.nancymac.net
 sliding scale

ADMINISTRATOR WITHIN THIRTY (30) DAYS OF THE DATE OF FIRST PUBLICATION SPECIFIED HEREIN: MARCH 21, 2013, ALONG WITH THE REQUIRED FILING FEE. IT MUST BE IN PROPER FORM AND YOU MUST SHOW THAT THE PETITIONER'S ATTORNEY (OR THE PETITIONER IF HE/SHE DOES NOT HAVE AN ATTORNEY) WAS SERVED WITH A COPY OF THE "RESPONSE" OR "MOTION." THE LOCATION TO FILE YOUR RESPONSE IS AT THE COURT ADDRESS INDICATED ABOVE. If you have questions, you should see an attorney immediately. If you need help finding an attorney, you may contact the Oregon State Bar's Lawyer Referral Service online at www.oregonstatebar.org or by calling (503) 684-3763 (in the Portland metropolitan area) or toll free elsewhere in Oregon (800) 452-7636. **IF SPECIAL ACCOMMODATION UNDER THE AMERICANS WITH DISABILITIES ACT IS NEEDED, PLEASE CONTACT YOUR LOCAL COURT AT THE ADDRESS ABOVE; TELEPHONE NUMBER: 541-682-4302.**

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY PROBATE DIVISION In the Matter of the Estate of ALBERTA PEACHER, Deceased. Case No. 50-13-04089 **NOTICE TO INTERESTED PERSONS** NOTICE IS HEREBY GIVEN that SHERRY PEACHER has been appointed as Personal Representative of the Estate of Alberta Peacher, Deceased. All persons having claims against the Estate are required to present them with vouchers attached to the Personal Representative in care of her attorney, Richard L. Larson, at the address listed below, within four months after the date of first publication of this Notice, or the claims may be barred. All persons whose rights may be affected by these proceedings may obtain additional information from the records of the Court, the Personal Representative, or her attorney. Dated and first published: March 14, 2013. Richard L. Larson, OSB #77255, Johnson, Johnson, Larson & Schaller, PC, 975 Oak Street, Suite 1050, Eugene, Oregon 97401. Telephone: 541-484-2434. Email: rlarson@jjslaw.com

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY Probate Department In the Matter of the Estate of RAMONA J. BERG, Deceased. Case No. 50-13-02614 **NOTICE TO INTERESTED PERSONS:** NOTICE IS GIVEN that Dana Peterson has been appointed personal representative of this estate. All persons having claims against the estate are required to present them, with vouchers attached, to the personal representative, c/o Robert Cole Tozer, Attorney at Law, 975 Oak St., Suite 615, Eugene, OR 97401, (541) 345-0795, within four months of the date of first publication of this notice, or the claims may be barred. All persons whose rights may be affected by the proceedings may obtain additional information from the records of the court, the personal representative, or the personal representative's attorney, Robert Cole Tozer. DATED and first published March 14, 2013. Personal Representative /s/ DANA PETERSON.

TRUSTEE'S NOTICE OF SALE
Reference is made to that certain trust deed made by Ed Buzz Kawders, as grantor, to Fidelity National Title Co., as trustee, in favor of Secret House Vineyards, Inc., as beneficiary, dated June 24, 2009, recorded on June 30, 2009, in the Records of Lane County, Oregon, reception No. 2009-036735, covering the following described real property situated in that county and state, to-wit: **EXHIBIT A: A PARCEL OF LAND IN THE SOUTHWEST 1/4 OF SECTION 27 AND NORTHWEST 1/4 OF SECTION 34, TOWNSHIP 17 SOUTH, RANGE 6 WEST, WILLAMETTE MERIDIAN, SAID PARCEL BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS: COMMENCING AT THE INNER ANGLE OF THE GEORGE HERBERT DONATION LAND CLAIM NO. 46, IN SAID TOWNSHIP AND RANGE AND RUNNING THENCE NORTH 22° 17' 09" WEST 52.73 FEET TO THE TRUE POINT OF BEGINNING; THENCE ALONG THE SOUTHERLY MARGIN OF SUTTLE ROAD, ALONG THE ARC OF 1106.92 FOOT RADIUS CURVE TO THE RIGHT, THE CHORD OF WHICH BEARS NORTH 55° 26' 02" EAST 53.37 FEET, A DISTANCE OF 53.38 FEET; THENCE CONTINUING ALONG SAID SOUTHERLY MARGIN, NORTH 58° 22' 30" EAST 7.27 FEET; THENCE LEAVING SAID SOUTHERLY MARGIN, SOUTH 732.42 FEET; THENCE NORTH 89° 54' 08" EAST 418.25 FEET; THENCE SOUTH 19° 53' 41" EAST 728.03 FEET; THENCE NORTH 89° 54' 08" EAST 366.23 FEET; THENCE SOUTH 0° 12' 00" EAST 1784.94 FEET TO THE NORTHERLY RIGHT-OF-WAY LINE OF THE SOUTHERN PACIFIC RAILROAD; THENCE ALONG SAID NORTHERLY RIGHT-OF-WAY LINE, SOUTH 82° 23' 00" WEST 1146.17 FEET; THENCE LEAVING SAID NORTHERLY RIGHT-OF-WAY LINE, NORTH 0° 07' 35" EAST 2544.18 FEET; THENCE 54.21 FEET; THENCE NORTH 739.48 FEET TO THE TRUE POINT OF BEGINNING, IN LANE COUNTY, OREGON.** Both the beneficiary and the trustee have elected to sell the real property to satisfy the obligations secured by the trust deed and a notice of default has been recorded pursuant to Oregon Revised Statutes 86.735[3]; the default for which the foreclosure is made in grantor's failure to pay when due the following sums: Monthly installment payments of \$4,990.00 each for the months of October, November and December, 2012, and for January, 2013; and real property taxes in the sum of \$5,671.83. By reason of the default just described, the beneficiary has declared all sums owing on the obligation secured by the trust deed immediately due

and payable, those sums being the following, to-wit: \$501,915.27 plus interest thereon at 5% per annum from September 19, 2012. WHEREFORE, notice is hereby given that the undersigned trustee will on **MAY 30, 2013, AT THE HOUR OF 10:00 O'CLOCK A.M., IN ACCORD WITH THE STANDARD OF TIME ESTABLISHED BY ORS 187.110, AT THE FRONT ENTRANCE OF LANE COUNTY COURTHOUSE, 125 EAST 8TH AVENUE, IN THE CITY OF EUGENE, COUNTY OF LANE, STATE OF OREGON, SELL AT PUBLIC AUCTION** to the highest bidder for cash the interest in the real property described above which the grantor had or had power to convey at the time of the execution by grantor of the trust deed together with any interest which the grantor or grantor's successors in interest acquired after the execution of the trust deed, to satisfy the foregoing obligations thereby secured and the costs and expenses of the sale, including a reasonable charge by the trustee. Notice is further given that any person named in ORS 86.753 has the right, at any time prior to five days before the date last set for the sale, to have this foreclosure proceeding dismissed and the trust deed reinstated by payment to the beneficiary of the entire amount then due [other than such portion of the principal as would not then be due had no default occurred] and by curing any other default complained of herein that is capable of being cured by tendering the performance required under the obligation or trust deed, and in addition to paying those sums or tendering the performance necessary to cure the default, by paying all costs and expenses actually incurred in enforcing the obligation and trust deed, together with trustee and attorney fees not exceeding the amounts provided by ORS 86.753. In construing this notice, the singular includes the plural, the word "grantor" includes any successor in interest to the grantor as well as any other person owing an obligation, the performance of which is secured by the trust deed, and the words "trustee" and "beneficiary" include their respective successors in interest, if any. DATED January 24, 2013. /s/ Theodore L. Walker Theodore L. Walker, Trustee, 767 Willamette St., Suite 208, Eugene, OR 97401. 541-484-2422. First publication: 03/14/13. Last publication: 04/04/13

LANE COUNTY CIRCUIT COURT Probate Department In the Matter of the Estate of: ELAINE K. BARNES, Deceased (1/7/13). No. 50-13-04330 **NOTICE TO INTERESTED PERSONS** ALL PERSONS HAVING CLAIMS against the Estate of ELAINE K. BARNES, Deceased, Lane County Probate Case No. 50-13-04330, are required to present them, with vouchers attached, to the Personal Representative, appointed by the Lane County Circuit Court, at 1158 High Street, Suite 102, Eugene, Oregon, 97401, within four (4) months from March 21, 2013, the date of first publication, or such claims may be barred. Any person whose rights may be affected by the proceedings in this Estate may obtain additional information from the records of the Court, the Personal Representative or the attorney of the Personal Representative. HILLARY M. BARNES, Personal Representative, c/o LEE J. JUDY, Attorney. Phone: 541-687-4802.

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY NORTHWEST COMMUNITY CREDIT UNION, a state chartered credit union, Plaintiff, v. BRENDAN LEE FLEGEL ROYBAL, an heir or devisee of Robert Lee Flegel; LESA DIANE MASSON FLEGEL, an heir or devisee of Robert Lee Flegel; ALL PARTIES IN POSSESSION or claiming a right to possession of the real property described in the Complaint; and ALL PARTIES UNKNOWN claiming to have an interest in the real property described in the Complaint, Defendants. Case No. 16-13-01859 **SUMMONS TO: LESA DIANE MASSON FLEGEL** IN THE NAME OF THE STATE OF OREGON: You are hereby required to appear and answer the Complaint filed against you in the above-entitled cause within thirty (30) days from the date of first publication of this summons, and in case of your failure to appear and answer, Plaintiff, for want thereof will apply to the above entitled court for the relief prayed for in its complaint, to-wit: **CLAIM FOR RELIEF: A. JUDGMENT ON THE NOTE:** That Plaintiff has judgment against the Property in the principal sum of \$151,457.07, together with unpaid contractual interest at the rate of 5.00% from July 1, 2012 due and payable as provided in the Note and Deed of Trust, totaling \$5,258.93 through and including January 10, 2013, plus contractual late fees in the amount of \$292.25 through and including January 10, 2013, together with the sum of \$1,356.00 which represents Plaintiff's costs incurred in connection with collecting the amount owed under the Note, all totaling \$158,364.25, together with interest at a rate of 5.00% on the principal balance of \$151,457.07 from January 11, 2013 until paid in full, together with additional contractual late fees from January 11, 2013 until paid in full, together with additional sums advanced under the terms of the Note and Deed of Trust for taxes, assessments, municipal charges and other items which may constitute liens upon the Property, together with insurance and repairs, reasonable attorney's fees and litigation costs, together with the costs of title search and Plaintiff's costs and disbursements herein and that the judgment accrue at the legal

rate of interest at 9.00% per annum. **B. SUPERIORITY OF PLAINTIFF'S LIEN AND FORECLOSURE OF DEFENDANTS' RIGHTS:** Plaintiff's Deed of Trust shall be declared a valid priority lien upon the above-described Property and that by the foreclosure and sale, the rights of each of the Defendants and persons claiming by, through, or under them subsequent to the execution of the Deed of Trust, be adjudged inferior and subordinate to Plaintiff's lien and be forever foreclosed except for any statutory right of redemption allowed by law. **C. SALE UPON NON-PAYMENT OF JUDGMENT:** That in the event the foreclosure judgment is not satisfied immediately upon its entry, the Lane County Sheriff be ordered to sell the Property in the manner prescribed by law. The proceeds thereof be applied first toward the cost of sale, then toward satisfaction of Plaintiff's judgment, together with increased interest and such additional amounts as Plaintiff may advance under the terms of the Note and Deed of Trust for taxes, assessments, municipal charges, such other items as may constitute liens upon the Property, amounts advanced for necessary insurance and repairs, and interest thereon from the date of judgment. **D. FORECLOSURE OF ALL OTHER INTERESTS/CLAIMS:** That each and every Defendant and all persons claiming through or under each and every Defendant as purchasers, encumbrances or otherwise, are forever foreclosed of all interest or claim in the Property, except any statutory right of redemption that Defendants may have in the Property. **E. DENIAL OF HOMESTEAD EXEMPTION:** That Defendants are not entitled to a homestead exemption as against Plaintiff's Deed of Trust. **F. 180-DAY REDEMPTION PERIOD:** That the statutory period of redemption should be 180 days from the date of the Sheriff's sale, and the Sheriff should be ordered to issue a Sheriff's Deed on the 180th day following the Sheriff's sale. **G. PLAINTIFF ALLOWED RIGHT TO BECOME BIDDER:** That Plaintiff be permitted to become a bidder and purchaser at the foreclosure sale, and the purchaser is entitled to immediate possession of the Property and, upon motion of purchaser when the Property is not vacated so that purchaser may take possession, the Court should forthwith order the Clerk of the Court to issue a writ of assistance ordering the Sheriff to deliver possession of the Property to the purchaser. **NOTICE TO DEFENDANT READ THESE PAPERS CAREFULLY!** You must "appear" in this case or the other side will win automatically. To "appear" you must file with the Court a legal paper called a "motion" or "answer." The "motion" or "answer" must be given to the court clerk or administrator within thirty (30) days along with the required filing fee. It must be in proper form and have proof of service on the Plaintiff's attorney or, if the Plaintiff does not have an attorney, proof of service on the Plaintiff. If you have any questions, you should see an attorney immediately. If you need help in finding an attorney, you may contact the Oregon State Bar's Lawyer Referral Service online at www.oregonstatebar.org or by calling (503) 684-3763 (in the Portland metropolitan area) or toll-free elsewhere in Oregon at (800) 452-7636. THIS SUMMONS is published by the order of Lane County Circuit Court Judge Charles Zennache made on March 14, 2013, directing publication of this summons once each week for four consecutive weeks in the Eugene Weekly, a newspaper of general circulation published in Lane County, Oregon. **THIS IS AN ATTEMPT TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.** Date of first publication: March 21, 2013. Date of last publication: April 11, 2013. Patrick L. Stevens, OSB 98001, Hutchinson Cox Coons DuPriest Orr & Sherlock, PC, 777 High Street, Suite 200, Eugene, OR 97401. (541) 686-9160.

TRUSTEE'S NOTICE OF SALE
The Trustee under the terms of the Trust Deed described herein, at the direction of the Beneficiary, hereby elects to sell the property described in the Trust Deed to satisfy the obligations secured thereby. Pursuant to ORS 86.745, the following information is provided: **1. PARTIES:** Grantor: SHERRY J. JOHNSON. Trustee: CHICAGO TITLE. Successor Trustee: NANCY K. CARY. Beneficiary: OREGON PACIFIC BANKING COMPANY. **2. DESCRIPTION OF PROPERTY:** The real property is described as follows: **EXHIBIT A PROPERTY DESCRIPTION** **PARCEL 1: BEGINNING AT A POINT ON THE SECTION LINE BETWEEN SECTIONS 2 AND 3, TOWNSHIP 19 SOUTH, RANGE 12 WEST OF THE WILLAMETTE MERIDIAN, WHICH BEARS SOUTH 2° 12' WEST 1011.9 FEET FROM THE 1/4 SECTION CORNER BETWEEN AFORESAID SECTIONS 2 AND 3; THENCE NORTH 89° 37' EAST 25.41 FEET; THENCE SOUTH 74° 54' EAST 34.6 FEET; THENCE SOUTH 41° 13' EAST 42.35 FEET; THENCE SOUTH 17° 03' EAST 80.87 FEET; THENCE SOUTH 89° 36' WEST 169.47 FEET; THENCE NORTH 0° 16' WEST 118.82 FEET; THENCE NORTH 89° 37' EAST 59.59 FEET TO THE POINT OF BEGINNING, ALL LOCATED IN LANE COUNTY, OREGON. **PARCEL 2: BEGINNING AT THE 1/4 SECTION CORNER BETWEEN SECTIONS 2 AND 3, TOWNSHIP 19 SOUTH, RANGE 12 WEST, WILLAMETTE MERIDIAN, IN LANE COUNTY, OREGON; THENCE SOUTH 2° 12' WEST A DISTANCE OF 1345.8 FEET ALONG THE SECTION LINE TO THE SOUTHWEST CORNER OF THE NORTHWEST 1/4 OF THE SOUTHWEST 1/4 OF SECTION 2, ACTUAL POINT OF BEGINNING; THENCE NORTH 89° 33' EAST ALONG THE SOUTH BOUNDARY OF****

THE NORTHWEST 1/4 OF THE SOUTHWEST 1/4 A DISTANCE OF 115.0 FEET TO A POINT DESIGNATED BY AN IRON PIPE; THENCE NORTH 2° 12' EAST A DISTANCE OF 215.0 FEET TO A POINT DESIGNATED BY AN IRON PIPE; THENCE SOUTH 89° 36' WEST A DISTANCE OF 168.82 FEET TO THE EASTERLY EDGE OF THE ROOSEVELT HIGHWAY, KNOWN AS HIGHWAY NO. 101; THENCE SOUTH 0° 16' WEST ALONG THE EASTERLY RIGHT OF WAY OF SAID HIGHWAY 215.07 FEET TO A POINT NORTH 89° 36' WEST OF THE POINT OF BEGINNING; THENCE SOUTH 89° 36' EAST 53.82 FEET TO THE POINT OF BEGINNING, IN LANE COUNTY, OREGON. **3. RECORDING. The Trust Deed was recorded as follows: Date Recorded: January 17, 2002. Recording No. 2002-004504 Official Records of Lane County, Oregon. **4. DEFAULT.** The Grantor or any other person obligated on the Trust Deed and Promissory Note secured thereby is in default and the Beneficiary seeks to foreclose the Trust Deed for failure to pay: Monthly payments in the amount of \$1,997.55 each, due the tenth of each month, for the months of October 2012 through December 2012; plus late charges and advances; plus any unpaid real property taxes or liens, plus interest. **5. AMOUNT DUE.** The amount due on the Note which is secured by the Trust Deed referred to herein is: Principal balance in the amount of \$224,293.38; plus interest at the rate of 6.000% per annum from September 10, 2012; plus late charges of \$199.74; plus advances and foreclosure attorney fees and costs. **6. SALE OF PROPERTY.** The Trustee hereby states that the property will be sold to satisfy the obligations secured by the Trust Deed. A Trustee's Notice of Default and Election to Sell Under Terms of Trust Deed has been recorded in the Official Records of Lane County, Oregon. **7. TIME OF SALE.** Date: May 30, 2013. Time: 11:00 a.m. Place: Lane County Courthouse, 125 E. 8th Avenue, Eugene, Oregon. **8. RIGHT TO REINSTATE.** Any person named in ORS 86.753 has the right, at any time that is not later than five days before the Trustee conducts the sale, to have this foreclosure dismissed and the Trust Deed reinstated by payment to the Beneficiary of the entire amount then due, other than such portion of the principal as would not then be due had no default occurred, by curing any other default that is capable of being cured by tendering the performance required under the obligation or Trust Deed and by paying all costs and expenses actually incurred in enforcing the obligation and Trust Deed, together with the trustee's and attorney's fees not exceeding the amount provided in ORS 86.753. You may reach the Oregon State Bar's Lawyer Referral Service at 503-684-3763 or toll-free in Oregon at 800-452-7636 or you may visit its website at: www.osbar.org. Legal assistance may be available if you have a low income and meet federal poverty guidelines. For more information and a directory of legal aid programs, go to <http://www.oregonlawhelp.org>. Any questions regarding this matter should be directed to Lisa Summers, Paralegal, (541) 686-0344 [TS #15378.30112]. DATED: January 10, 2013. /s/ NANCY K. CARY Nancy K. Cary, Successor Trustee, Hershner Hunter, LLP, P.O. Box 1475, Eugene, OR 97440. First publication: 3/21/13. Last publication: 4/11/13.**

IN THE CIRCUIT COURT FOR THE STATE OF OREGON FOR THE COUNTY OF LANE Department of Probate CASE # 50-13-04659 **NOTICE TO INTERESTED PERSONS** In the Matter of the Estate of HELEN MARIAN JONES, deceased. NOTICE IS HEREBY GIVEN that on March 12, 2013, Ronald W. Jones was appointed and deemed qualified to act as the personal representative of the above estate. All persons having claims against the estate are hereby required to present these claims, with proper vouchers, within four months after the date of first publication of this notice, as stated below to the personal representative, at 1679 Spicer Wayside S.E., Albany, OR 97322, or sent to the personal representative, in care of Richard Huhtanen, Attorney, 142 W. 8th Ave, Eugene, OR 97401. (541) 465-9112, or they may be barred. All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of the court, the personal representative or the attorney for the personal representative. DATED AND FIRST PUBLISHED: March 21, 2013. Richard Huhtanen OSB #88230, 142 W. 8th Ave, Eugene, OR 97401. (541) 465-9112.

NOTICE TO INTERESTED PERSONS: Probate proceedings in the Estate of Taylor Ramsey, Deceased, are now pending in the Circuit Court of the State of Oregon for Lane County, Case No. 50-13-04441, and Claudia J. Ramsey Powell has been appointed Personal Representative of the estate. All persons having claims against the estate are required to present the same, with proper vouchers, to the Personal Representative, c/o Gieves Swearingen LLP, Attorneys at Law, 975 Oak Street, Suite 800, Eugene, OR 97401, within 4 months from the date of the first publication of this notice or such claims may be barred. **NOTICE IS FURTHER GIVEN** to all persons whose rights may be affected by the above entitled proceedings that additional information may be obtained from the records of the Court, the Personal Representative or the attorneys for the Personal Representative. Dated and first published this 21st day of March, 2013.

ADVERTISEMENT

HELLO! MY NAME IS

Sanctuary Massage



At Sanctuary Massage and Body Work we invite our guests in with open and accepting hearts. We connect with our clients and guide them through a postural integration journey which truly promotes better health and well being in the entire body while also rejuvenating ones appearance and joints. Postural Assessment and Integration can improve your appearance, and reverse chronic pain while balancing your energy and freeing your movement . Tammy Wise owner of Sanctuary Massage & Body Work says "This work is awe inspiring. I see peoples bodies transform in front of my eyes every day. I think that most of us believe that things like the arches in our feet or the way our neck arches over our bodies is a fixed thing, but that's not true. The truth is that the body and posture are very fluid and highly transformative."

A typical session includes before and after pictures of your posture so that we can locate problem areas and unwind the confusion in your muscular system. The pictures become a visual tool for learning about your own postural dysfunction as well as a teaching tool for your transformation from session to session.

Tammy Wise has been a Licensed Massage Therapist in our local community for 10 years. Along with her specialty in Postural Assessment and Alignment/ Integration she also specializes in Hot Stone Massage, Body Talk, Emotional Freedom Technique and Essential Oils.

Justus Grose Wise co-owner of Sanctuary Massage has been a massage therapist for 20 years originally licensed in Texas then again in Oregon. Justus also specializes in Postural Integration along with Myofascial Release and Advanced Whiplash Techniques and energy work to achieve a holistic healing experience.

Give us a call to schedule an appointment. In 10 sessions we will have you feeling and looking younger.

Our office is located in the Friendly St. Neighborhood at 25th and Adams. For questions and scheduling please call us at (541)343-0109.

Interested in writing about your business? It is now included as part of a discounted Classifieds ad package. Call 541-484-0519 for more info.

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY In the Matter of the Estate of ARNOLD S. ABRAHAMSON, Deceased. Case No. 50-13-02790 **NOTICE TO INTERESTED PERSONS** Notice is hereby given that Kristeen N. Abrahamson has been appointed and has qualified as the personal representative of said estate. All persons having claims against said estate are hereby required to present the same, with proper vouchers, within four months after the date of first publication of this notice, as stated below, to the personal representative at: c/o Marc D. Perrin, Attorney for Personal Representative, 777 High Street, Suite 110, Eugene, OR 97401 or they may be barred. All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of the court, the personal representative or the attorney for the personal representative. DATED AND first published: March 21, 2013. Daniel J. Barkovic, Personal Representative, 3549 Heimbucher Way, Santa Rosa, CA 95404. Marc D. Perrin OSB #82366, Attorney for Personal Representative, 777 High Street, Suite 110, Eugene, OR 97401.

NOTICE IS HEREBY GIVEN that Melissa C. Emerson has been appointed and has qualified as the personal representative of the Estate of Rhoye Sherry Wilson, deceased, in Lane County Circuit Court Case No. 50-13-01994. All persons having claims against the estate are hereby required to present their claims, with proper vouchers, within four months after the date of first publication of this notice, as stated below to the personal representative c/o Tami S.P. Beach,

1184 Olive Street, Eugene, OR 97401, or the claims may be barred. All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of the court, the personal representative, or the attorney for the personal representative. Date of first publication: March 28, 2013. PERSONAL REPRESENTATIVE: Melissa C. Emerson 2044 Aldabra Street Eugene, OR 97402. ATTORNEY FOR PERS. REP. Tami S.P. Beach, 1184 Olive Street, Eugene, OR 97401.

TRUSTEE'S NOTICE OF SALE
The Trustee under the terms of the Trust Deed described herein, at the direction of the Beneficiary, hereby elects to sell the property described in the Trust Deed to satisfy the obligations secured thereby. Pursuant to ORS 86.745, the following information is provided: **1. PARTIES:** Grantor: JAY STEVEN SHADWICK. Trustee: WESTERN TITLE & ESCROW COMPANY. Successor Trustee: NANCY K. CARY. Beneficiary: WASHINGTON FEDERAL FKA WASHINGTON FEDERAL SAVINGS. **2. DESCRIPTION OF PROPERTY:** The real property is described as follows: **PROPERTY DESCRIPTION** **PARCEL 1: GOVERNMENT LOTS 4 AND 5, IN SECTION 3, TOWNSHIP 19 SOUTH, RANGE 2 WEST OF THE WILLAMETTE MERIDIAN, IN LANE COUNTY, OREGON. EXCEPTING THEREFROM THE NORTH 60 FEET THEREOF FOR ROADWAY PURPOSES, IN LANE COUNTY, OREGON. ALSO EXCEPTING THAT PORTION WITHIN OLD COUNTY ROAD NO. 311, IN LANE COUNTY, OREGON. FURTHER EXCEPTING THE FOLLOWING PARCELS: A) BEGINNING AT A 1/2 INCH IRON PIPE MARKING THE INTERSECTION OF THE SOUTH LINE OF**

MIDTOWN DIRECT

SMOKE SHOP

New E-cigs and Vape pens!
Loads of new vaporizers!
New facebook giveaways!
Our 10th year kicking ass!

133 E. 13TH EUGENE WWW.MIDTOWNDIRECT.US



PET OF THE WEEK!
Everybody deserves a good home

541-689-1503
www.green-hill.org
 88530 Greenhill Rd



Marcus greets strangers with fearful resignation, but the hope in his heart compels him to approach. With head held low, he awaits what he hopes to be a kind hand with a gentle touch. Clearly he's experienced something else, but, Marcus craves love so badly, he's willing to take a chance. Grateful for and encouraged by the slightest bit of attention; he'll even climb cautiously into your lap and beg to be held. This scruffy little "Westie" terrier is only 20 months old and he's available for adoption at Greenhill Humane Society. Marcus is hoping for a patient and understanding new friend to ensure that his future doesn't resemble his past.

Dogs from all over town will be hunting for treat-filled eggs and posing for photos with the Easter bunny this Saturday. Join them at Petersen Park beginning at 10am. Get the details and see photos of previous years' Doggone Easter Egg Hunts at www.green-hill.org.

Hours: Fri-Tu 11am-6pm • Closed Wednesday & Thursday

S.A.R.A.'s

Shelter Animal Resource Alliance

Rescued Cat of the Week



Honey

Hello I'm **Honey!** I am a sweet older girl looking for a nice quiet home with some mellow folks to take care of me. I enjoy lounging in the sun, sleeping on the bed, watching TV from your lap, 3 wet food meals a day, bird watching, etc. . .

Stop by S.A.R.A.'s Treasures soon and ask to meet me!

S.A.R.A.'s Treasures
Gift and Thrift Shop
 volunteer • donate • shop • adopt
 871 River Road • 607-8892 • Open Everyday 10-6
www.sarastreasures.org



facebook.com/eugeneweekly

JONESIN' CROSSWORD

BY MATT JONES

"You'll Bounce Back"
 just like the theme entries.

©2013 Jonesin' Crosswords (editor@jonesincrosswords.com)

ACROSS

- Critical hosp. area
- Ranks on the reggae charts
- Reagan Supreme Court nominee
- Late "Soul Train" host Cornelius
- Creative type
- Model married to David Bowie
- Gets the final part of the collection
- Brand of tea owned by Starbucks
- System with an iconic joystick
- 90 degrees from starboard
- Scatter seeds
- Cash in a coupon
- Analgesic target
- "_ Day" (1993 rap hit)
- Cracker with seven holes

- They're big in the circulatory system
- Trite sentiment on a postcard
- Flame attract-ee
- Gets the message across
- _ a soul (nobody)
- Makes efforts to attend prom, say
- Harry Reid's place
- "Clueless" catchphrase
- [the spelling's intentional]
- Gets the keg rolling
- Something to lean on
- "Wishing Well" singer Terence Trent _
- Actress Zadora
- Third-largest city in Japan
- Falco of "Oz"
- The west side of Mexico
- Green gem
- Detective played by

Peter Lorre

66 Shriek from Michael Jackson

67 Part of ASL

68 Chart of constellations

69 Alternatives to urgent care clinics, for short

DOWN

- It's got your picture on it
- "Dukes of Hazzard" mechanic
- Like messed up beds
- Jealous composer
- Interior designer's choice
- _ Cat (pet food brand)
- Complaint
- Rhymes with rhymes
- Longtime Notre Dame coach Parseghian
- What some fight until
- Vizquel of baseball
- Demolish, as a building
- Have the 411
- Season opener?

- Exhibit
- Blunder
- Like some corrosives
- Vanessa's big brother
- Company behind FarmVille
- Syllable before "la la"
- _ Lingus (Irish airline)
- Reserved
- Golden brew
- Adoring poems
- The Cascades, e.g.
- Smelted stuff
- The only three-letter element
- Linger
- Genre for King Sunny Ade and Femi Kuti
- Awesome facial hair
- More gross
- Rubs the wrong way?
- Hybrid utensil
- "Burn Notice" network
- _ vu
- Levine of Maroon 5
- Take the bus
- "What _ problem?"
- Chemistry 101 study
- Metric ruler units, for short
- _ glance

1	2	3		4	5	6	7	8	9	10	11	12	13
14				15						16			
17			18							19			
20						21				22			
23					24		25	26					
27				28		29	30		31		32	33	34
			35						36				
37	38	39			40					41			
42				43						44			
45						46					47	48	49
				50			51		52		53		
54	55	56				57	58	59		60			
61						62				63			
64						65						66	
67						68							69

ANSWERS TO LAST WEEK'S

1	DOWN	2	DOWN	3	DOWN	4	DOWN	5	DOWN	6	DOWN	7	DOWN	8	DOWN	9	DOWN	10	DOWN	11	DOWN	12	DOWN	13	DOWN	14	DOWN	15	DOWN	16	DOWN	17	DOWN	18	DOWN	19	DOWN	20	DOWN	21	DOWN	22	DOWN	23	DOWN	24	DOWN	25	DOWN	26	DOWN	27	DOWN	28	DOWN	29	DOWN	30	DOWN	31	DOWN	32	DOWN	33	DOWN	34	DOWN	35	DOWN	36	DOWN	37	DOWN	38	DOWN	39	DOWN	40	DOWN	41	DOWN	42	DOWN	43	DOWN	44	DOWN	45	DOWN	46	DOWN	47	DOWN	48	DOWN	49	DOWN	50	DOWN	51	DOWN	52	DOWN	53	DOWN	54	DOWN	55	DOWN	56	DOWN	57	DOWN	58	DOWN	59	DOWN	60	DOWN	61	DOWN	62	DOWN	63	DOWN	64	DOWN	65	DOWN	66	DOWN	67	DOWN	68	DOWN	69	DOWN
---	------	---	------	---	------	---	------	---	------	---	------	---	------	---	------	---	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------	----	------

CLASSIFIEDS

SECTION 3 AND THE EASTERLY LINE OF THE WILLIAM DODSON DONATION LAND CLAIM NO. 43; THENCE NORTH 02° 14' WEST ALONG SAID EASTERLY DONATION LAND CLAIM LINE, 440.76 FEET TO A 5/8 INCH IRON ROD MARKING THE NORTHEAST CORNER OF SAID DONATION LAND CLAIM; THENCE NORTH 31° 43' 45" WEST CONTINUING ALONG SAID EASTERLY DONATION LAND CLAIM LINE, 411.20 FEET TO THE TRUE POINT OF BEGINNING; THENCE SOUTH 89° 00' 00" EAST 571.91 FEET TO A POINT; THENCE NORTH TO THE SOUTH LINE OF GOVERNMENT LOT 2, IN SAID SECTION 3; THENCE WESTERLY ALONG SAID SOUTH LINE OF LOT 2 AND THE SOUTH LINE OF LOT 3, IN SAID SECTION 3 TO A POINT ON THE AFOREMENTIONED EASTERLY DONATION LAND CLAIM LINE, SAID LAST MENTIONED BEARS NORTH 31° 43' 45" WEST FROM THE TRUE POINT OF BEGINNING; THENCE SOUTH 31° 43' 45" EAST ALONG SAID EASTERLY DONATION LAND CLAIM LINE TO THE TRUE POINT OF BEGINNING, IN LANE COUNTY, OREGON. B) A PORTION OF GOVERNMENT LOTS 4 AND 5, IN SECTION 3, TOWNSHIP 19 SOUTH, RANGE 2 WEST OF THE WILLAMETTE MERIDIAN, IN LANE COUNTY, OREGON, MORE PARTICULARLY DESCRIBED AS FOLLOWS: BEGINNING AT A 1/2 INCH IRON PIPE MARKING THE INTERSECTION OF THE SOUTH LINE OF SAID SECTION 3 AND THE EASTERLY LINE OF THE WILLIAM DODSON DONATION LAND CLAIM NO. 43; THENCE NORTH 02° 14' 00" WEST ALONG SAID EASTERLY DONATION LAND CLAIM LINE, 440.73 FEET TO A 5/8 INCH IRON ROD MARKING THE NORTHEAST CORNER OF SAID DONATION LAND CLAIM; THENCE NORTH 31° 43' 45" WEST CONTINUING ALONG SAID EASTERLY DONATION LAND CLAIM LINE, 375.54 FEET TO A POINT; THENCE SOUTH 89° 00' 00" EAST 553.94 FEET TO A POINT; THENCE NORTH 86° 00' 00" EAST 111.67 FEET TO THE TRUE POINT OF BEGINNING; THENCE SOUTH 03° 53' 00" WEST 286.00 FEET; THENCE EAST 240.00 FEET; THENCE NORTH 03° 53' 00" EAST TO A POINT NORTH 86° 00' 00" EAST OF THE TRUE POINT OF BEGINNING; THENCE SOUTH 86° 00' 00" WEST TO THE TRUE POINT OF BEGINNING, IN LANE COUNTY, OREGON. ALSO EXCEPTING ANY PORTION OF GOVERNMENT LOT 5 LYING WESTERLY OF THE EAST LINE OF THE WILLIAM DODSON DONATION LAND CLAIM NO. 43, IN LANE COUNTY, OREGON. ALSO EXCEPTING: BEGINNING AT A 1/2 INCH IRON PIPE MARKING THE INTERSECTION OF THE SOUTH LINE OF SECTION 3 AND THE EASTERLY LINE OF THE WILLIAM DODSON DONATION LAND CLAIM NO. 43; THENCE NORTH 02° 14' WEST ALONG SAID CLAIM LINE, 440.73 FEET TO A 5/8 INCH IRON ROD MARKING THE NORTHEAST CORNER OF SAID DONATION LAND CLAIM; NORTH 31° 43' 45" WEST CONTINUING ALONG SAID EASTERLY CLAIM LINE, 339.88 FEET TO THE TRUE POINT OF BEGINNING; RUNNING THENCE AND CONTINUING ALONG SAID CLAIM LINE, NORTH 31° 43' 45" WEST 71.32 FEET; THENCE LEAVING SAID CLAIM LINE, SOUTH 89° 00' EAST 571.89 FEET; THENCE NORTH 86° 00' EAST 0.81 FEET; THENCE NORTH 507.98 FEET TO A POINT 60.0 FEET SOUTHERLY OF AND WHEN MEASURED RIGHT ANGLES TO THE SOUTH LINE OF GOVERNMENT LOT NO. 2; THENCE PARALLEL TO AND 60.0 FEET RIGHT ANGLES TO THE SOUTH LINE OF GOVERNMENT LOT NO. 2, NORTH 88° 33' 33" EAST 898.41 FEET TO THE EAST LINE OF SECTION 3, TOWNSHIP 19 SOUTH, RANGE 2 WEST OF THE WILLAMETTE MERIDIAN; THENCE ALONG SAID SECTION LINE, SOUTH 00° 31' 53" EAST 155.98 FEET; THENCE LEAVING SAID SECTION LINE, SOUTH 61° 06' 30" WEST 501.21 FEET; THENCE SOUTH 11° 00' WEST 103.50 FEET; THENCE SOUTH 86° 00' WEST 41.0 FEET; THENCE

THE SOUTH LINE OF SAID SECTION 3; THENCE EASTERLY ALONG SAID SOUTH LINE OF SECTION 3, 323.00 FEET; THENCE NORTH 03° 53' 00" EAST TO A POINT EAST OF THE TRUE POINT OF BEGINNING; THENCE WEST TO THE TRUE POINT OF BEGINNING, IN LANE COUNTY, OREGON. D) THE SOUTH 256 FEET OF THE FOLLOWING DESCRIBED PARCEL: BEING A PORTION OF SECTION 3, TOWNSHIP 19 SOUTH, RANGE 2 WEST OF THE WILLAMETTE MERIDIAN, IN LANE COUNTY, OREGON, MORE PARTICULARLY DESCRIBED AS FOLLOWS: BEGINNING AT A 1/2 INCH IRON PIPE MARKING THE INTERSECTION OF THE SOUTH LINE OF SAID SECTION 3 AND THE EASTERLY LINE OF THE WILLIAM DODSON DONATION LAND CLAIM NO. 43; THENCE NORTH 02° 14' 00" WEST ALONG SAID EASTERLY DONATION LAND CLAIM LINE, 440.73 FEET TO A 5/8 INCH IRON ROD MARKING THE NORTHEAST CORNER OF SAID DONATION LAND CLAIM; THENCE NORTH 31° 43' 45" WEST CONTINUING ALONG SAID EASTERLY DONATION LAND CLAIM LINE, 375.54 FEET TO A POINT; THENCE SOUTH 89° 00' 00" EAST 553.94 FEET TO A POINT; THENCE NORTH 86° 00' 00" EAST 111.67 FEET TO THE TRUE POINT OF BEGINNING; THENCE SOUTH 03° 53' 00" WEST 286.00 FEET; THENCE EAST 240.00 FEET; THENCE NORTH 03° 53' 00" EAST TO A POINT NORTH 86° 00' 00" EAST OF THE TRUE POINT OF BEGINNING; THENCE SOUTH 86° 00' 00" WEST TO THE TRUE POINT OF BEGINNING, IN LANE COUNTY, OREGON. ALSO EXCEPTING ANY PORTION OF GOVERNMENT LOT 5 LYING WESTERLY OF THE EAST LINE OF THE WILLIAM DODSON DONATION LAND CLAIM NO. 43, IN LANE COUNTY, OREGON. ALSO EXCEPTING: BEGINNING AT A 1/2 INCH IRON PIPE MARKING THE INTERSECTION OF THE SOUTH LINE OF SECTION 3 AND THE EASTERLY LINE OF THE WILLIAM DODSON DONATION LAND CLAIM NO. 43; THENCE NORTH 02° 14' WEST ALONG SAID CLAIM LINE, 440.73 FEET TO A 5/8 INCH IRON ROD MARKING THE NORTHEAST CORNER OF SAID DONATION LAND CLAIM; NORTH 31° 43' 45" WEST CONTINUING ALONG SAID EASTERLY CLAIM LINE, 339.88 FEET TO THE TRUE POINT OF BEGINNING; RUNNING THENCE AND CONTINUING ALONG SAID CLAIM LINE, NORTH 31° 43' 45" WEST 71.32 FEET; THENCE LEAVING SAID CLAIM LINE, SOUTH 89° 00' EAST 571.89 FEET; THENCE NORTH 86° 00' EAST 0.81 FEET; THENCE NORTH 507.98 FEET TO A POINT 60.0 FEET SOUTHERLY OF AND WHEN MEASURED RIGHT ANGLES TO THE SOUTH LINE OF GOVERNMENT LOT NO. 2; THENCE PARALLEL TO AND 60.0 FEET RIGHT ANGLES TO THE SOUTH LINE OF GOVERNMENT LOT NO. 2, NORTH 88° 33' 33" EAST 898.41 FEET TO THE EAST LINE OF SECTION 3, TOWNSHIP 19 SOUTH, RANGE 2 WEST OF THE WILLAMETTE MERIDIAN; THENCE ALONG SAID SECTION LINE, SOUTH 00° 31' 53" EAST 155.98 FEET; THENCE LEAVING SAID SECTION LINE, SOUTH 61° 06' 30" WEST 501.21 FEET; THENCE SOUTH 11° 00' WEST 103.50 FEET; THENCE SOUTH 86° 00' WEST 41.0 FEET; THENCE

SOUTH 41° 00' WEST 42.43 FEET; THENCE SOUTH 4° 00' EAST 30.0 FEET; THENCE SOUTH 86° 00' WEST 374.46 FEET; THENCE NORTH 89° 00' WEST 535.99 FEET TO THE POINT OF BEGINNING, IN LANE COUNTY, OREGON. PARCEL 2 BEGINNING AT A 1/2 INCH IRON PIPE MARKING THE INTERSECTION OF THE SOUTH LINE OF SAID SECTION 3 AND THE EASTERLY LINE OF THE WILLIAM DODSON DONATION LAND CLAIM NO. 43; THENCE NORTH 02° 14' 00" WEST ALONG SAID EASTERLY DONATION LAND CLAIM LINE 440.73 FEET TO A 5/8 INCH ROD MARKING THE NORTHEAST CORNER OF SAID DONATION LAND CLAIM; NORTH 31° 43' 45" WEST CONTINUING ALONG SAID EASTERLY DONATION LAND CLAIM LINE, 304.22 FEET TO A POINT AND BEING THE CENTERLINE OF POINT OF BEGINNING OF A 60-FOOT ROADWAY AND RUNNING THENCE SOUTH 80° 00' EAST 519.31 FEET; THENCE NORTH 86° 00' EAST 351.67 FEET AND THERE ENDING, IN LANE COUNTY, OREGON. 3. RECORDING. The Trust Deed was recorded as follows: Date Recorded: January 31, 2006 Recording No.: 2006-006951 Official Records of Lane County, Oregon. 4. DEFAULT. The Grantor or any other person obligated on the Trust Deed and Promissory Note secured thereby is in default and the Beneficiary seeks to foreclose the Trust Deed for failure to pay: Monthly payments in the amount of \$1,967.00 each, due the first of each month, for the months of October 1, 2012 through January 1, 2013; plus late charges and advances; plus any unpaid real property taxes or liens, plus interest. 5. AMOUNT DUE. The amount due on the Note which is secured by the Trust Deed referred to herein is: Principal balance in the amount of \$268,224.41; plus interest at the rate of 5.875% per annum from September 1, 2012; plus late charges of \$475.84; plus advances and foreclosure attorney fees and costs. 6. SALE OF PROPERTY. The Trustee hereby states that the property will be sold to satisfy the obligations secured by the Trust Deed. A Trustee's Notice of Default and Election to Sell Under Terms of Trust Deed has been recorded in the Official Records of Lane County, Oregon. 7. TIME OF SALE. Date: May 30, 2013. Time: 11:00 a.m. Place: Lane County Courthouse, 125 E. 8th Avenue, Eugene, Oregon. 8. RIGHT TO REINSTATE. Any person named in ORS 86.753 has the right, at any time that is not later than five days before the Trustee conducts the sale, to have this foreclosure dismissed and the Trust Deed reinstated by payment to the Beneficiary of the entire amount then due, other than such portion of the principal as would not then be due had no default occurred, by curing any other default that is capable of being cured by tendering the performance required under the obligation or Trust Deed and by paying all costs and expenses actually incurred in enforcing the obligation and Trust Deed, together with the trustee's and attorney's fees not exceeding



PACIFICA
 VETERINARY SERVICES

Doreen J. Hock, DVM
 Certified Veterinary Acupuncturist
 Since 1994
 Energetic Medicine

Acupuncture
 Manual Therapy
 Craniosacral Therapy

(541)-345-1608
 E-mail - pacificavet@yahoo.com

Healing Massage

Deep Tissue • Swedish • Trigger Point
 Myofascial Release • Essential Oils

Lucia McKelvey, LMT
 541.683.3286 Days, Evenings, Weekends
 Nationally Certified LIC. # 8250

ADVANCED TREE CARE

541-606-8977

FREE ESTIMATES!

LOCAL & FAMILY OWNED

\$50 OFF

ANY SERVICE OVER \$200 EXP 12/31/13
 ONE COUPON PER CUSTOMER, NOT VALID WITH ANY OTHER OFFER
 CCB# 197851 LICENSED, BONDED, INSURED

HUNKY DORY PIPE & TOBACCO

Eugene's Largest Selection

Since 1972

541-345-1853

Mon-Sat 10am-8pm • Sun 12pm-6pm

SUDOKU

©SUDOKUPLACE.COM ALL RIGHTS RESERVED.

8			6		1		5	3
5								
		3		2		8		
3			4		9			2
		8				4		
4			7		6			9
		9		7	5			
								4
2	5		9		8			6

Place numbers 1-9 so that each row, column and 3x3 square has each number only once. There is only one solution. Good Luck! Stumped? Visit www.sudokuplace.com for a puzzle solver.

the amount provided in ORS 86.753. You may reach the Oregon State Bar's Lawyer Referral Service at 503-684-3763 or toll-free in Oregon at 800-452-7636 or you may visit its website at: www.osbar.org. Legal assistance may be available if you have a low income and meet federal poverty guidelines. For more information and a directory of legal aid programs, go to <http://www.oregonlawhelp.org>. Any questions regarding this matter should be directed to Lisa Summers, Paralegal, (541) 686-0344 [TS #15148.30829]. DATED: January 10, 2013. /S/ NANCY K. CARY Nancy K. Cary, Successor Trustee, Hershner Hunter, LLP, P.O. Box 1475, Eugene, OR 97440. First publication: March 28, 2013. Last publication: April 18, 2013.

FOR SALE

Furnishings

NEVER BEEN USED! Mattress set by Serta. \$150. 541-954-5012

QUALITY FURNITURE Clean, modern & antique, furniture, electronics, tools & collectibles. New estates arriving daily. We are also buying! 939 River Road, 689-4554, riverroad2ndhand.net **CHECK US OUT!!**

Stereo/Sound Equipment

CLEARANCE SALE 10-40% OFF ALL HOME THEATER/STEREO: Yamaha, Marantz, NAD, Boston Acous, GoldenEar & more! *Ronny's Audio Vision* 180 E. 5th Ave [in the same building as the David Minor Theater]. 1-6pm, Tues - Sat. Phone: 762-1700

Musical

SAMSON SERVO-170 STUDIO AMPLIFIER ... 85 Watt Stero, Balanced Inputs - Like New \$125.00.
4 CHANNEL MIXER Behringer: MX802A EURORACK GREAT ! condition \$60.00.
BUNDY SELMER TROMBONE/WITH CASE - \$200. obo
Plays, Looks, and Sounds GREAT!!
Contact 541-746-6222

ART

Classes

ABSTRACT OIL PAINTING WORKSHOPS
With Maureen Campbell 541-485-8414
Materials: \$20 Group lessons \$30 each
Private lessons - \$55 + materials
maureencampbellart.com

MUSIC

For Sale

SAM ADATO'S DRUM SHOP Buy/Sell/Traide. Used & Vintage, New Rentals & Repairs. 1755 W. 11th Ave. Room available, looking for drum instructors. 541-654-5296. www.samadatosdrums.com

Lessons

FEED YOUR HEART & SOUL Non Traditional Singing lessons for teens/adults. Voice training for pro's to non-singers. Linda 344-8192

FINGERPICKING/FOLK GUITAR Oldtime banjo and mandolin, fiddle, recorder, ukulele lessons. Patient, experienced teacher. All ages/levels. Emily Fox 345-5119

VIOLIN LESSONS WITH HANNAH MCGOWAN
Now accepting beginning and intermediate violin students for private instruction. Reasonable rates, encouraging and fun. South Eugene. 541-510-4376

HOME SERVICES

Building/Remodel

CONCRETE ASPHALT REMOVAL Land clearing • roads • driveways • heavy hauling • fire clearing • ponds • horse arenas • green-house prep ccb#107745 541-946-1000

CONCRETE CONTRACTOR Residential, Commercial & Industrial concrete contractor with 20+ years of experience. Licensed, Bonded & Insured. CCB #64344. **SCOTT BROWN CONSTRUCTION INC. CALL 541-726-7706. WWW.SCOTTBROWNCONSTRUCTIONINC.COM**

REMODEL & CARPENTRY CONTRACTOR Residential Light Commercial & New Construction. Serving Lane County for over 20 years. Licensed Bonded & Insured. MJ Meyer Construction CCB# 198548. 541-968-2806

Chimney Sweep

PROFESSIONAL CHIMNEY SERVICES 40 yrs+ experience. Jolly Good Chimney Sweep. David Stuart Bull Esq. CCB#51931. Call 541-344-5571

Cleaning

CONNIE'S CLEANING 1 time, monthly, weekly/bi-weekly. 22 yrs experience. Starting at \$15/hr. Excellent references. 541-222-0060

Painting

CUSTOM QUALITY HOUSE PAINTING by ArtTrek. Interior, Exterior. Faux Finish. Lead Safe. **WWW.ARTTREKINC.COM** 683-0626. ccb#62677

Plaster Stucco

INDEPENDENT PLASTERING & STUCCO, LLC. New remodel & old. Chimneys & fireplaces. 24 years. CCB# 151757. Greg 541-747-1287

Recycling

JIM CALHOUN since '89
1 Call Recycles All - Storm Clean-Up 541-953-6675 Gus Ramirez 541-514-4283
Garages, barns, junk, tires, hottubs, yards
TOTALLY FREE
appliance, metal and RV removal
Yard debris recycled at Lane Forest Prod

Yard & Garden

ANGEL'S GARDEN SERVICE Spring cleanup, mow, edge, weed, pressure wash & more. Reasonable rates. Commercial/residential 541-517-6162

BIANCA'S PLANT SALE. Lots of unusual & cottage garden plants. 3000 Calla St. 689-4686.

EARTHSCAPES PLUS Spring Clean-ups and Garden Prep. Weekly/Bi-weekly maintenance or one time clean ups. Makeovers are our specialty. Free estimates. Senior discounts. INSURED. 541-510-4333.

GET IT DONE! Weeding, pruning, edging, hedging, mowing, ivy/blackberry removal. Hauling. Call Janice 344-1968. janicesunseri@yahoo.com

HAVE A GARDEN AGAIN Flower & vegetable garden beds. Prep, plant, water, & weed. Will do it all or help you with just some of it. John 541-607-3568

MKB GARDENING SERVICE Master Gardener. 20 years experience. Complete lawn and garden care, specimen pruning, plantings and cleanup. Martina, 541-688-1619.

RETIRED HANDYMAN WITH YOUNG MUSCLE Mowing front & back \$35. Gutters, roofs, driveways, moving, hauling & more. Free estimate Nate 541-543-0571

SPRING YARD CARE Clean up, maintenance, trimming, pruning, weeding & other. 541-741-4899

TOM'S TOUCH YARD & GARDEN Spring clean up, weed, trim, prune, plant, mow, edge & haul. Weekly, biweekly, seasonal & year round maintenance. Since 1992. 541-913-2623

VAN'S YARDCARE One time cleanups or weekly and bi-weekly maintenance. Environmentally conscious, energetic. Leaves, English ivy, berries, mowing, weeds, pruning, digging. 28 years, insured. 541-343-2790

Home Services

PATIOS, DRIVEWAYS, FOUNDATIONS, PORCH, WALLS, STEPS ... CONCRETE CONTRACTOR Residential, Commercial & Industrial concrete contractor with 20+ years of experience. Licensed, Bonded & Insured. CCB #64344. **SCOTT BROWN CONSTRUCTION INC. CALL 541-726-7706.**

PROFESSIONAL SERVICES

Dance

LEARN TO DANCE Ballroom, Swing and Latin Dance. Private and group instruction with patient, professionally trained instructors. Dance With US. [541]342-3058 dancelaurarobert@rioussa.com

Film/Video/Photography

COMMUNITY TELEVISION [Comcast channel 29] offers hands-on classes in Studio, Field & Digital Editing. For info call 541-790-6616 or info@ctv29.org

Realtors

EUGENE'S ALTERNATIVE REALTOR Locally owned. Consciously operated. 588 E. 11th Ave, 541-302-5999. alternativerealtor.com

HANNAH & BILLY CLOTERE with Barnhart Associates. Experience, Integrity, Service, Results. 541-543-9345 HannahSellsHomes.com

RENTALS

Shared Housing

QUIET, CLEAN smoke-free home. \$370 mo. Includes cable, TV, hi-speed Internet, W/D and all utils. 541-515-2445

SUNNY RM IN MY FARMHOUSE, ELMIRA
Share home with my creative self & 2 cats. Eggs, garden space. I want an honest, independent thinker who's easy-going. Email phone # to learn more. \$375 inc. utils + = deposit. Stable income required. kecwaldentoo@efn.org

Rooms for Rent

ROOMS FOR RENT Weekly rates, furnished. Includes utilities, laundry, Internet, cable, kitchen. In Springfield 541-505-7756

AUTOS

Parts/Services

AFFORDABLE TRANSMISSION REPAIR Highest quality, lowest prices on transmissions for all makes. Computerized diagnostics, custom and performance transmissions by Master Mechanic with over 30 years of experience. Towing available. Automotive Specialties 541-942-8022

SUBARU, NISSAN, TOYOTA, HONDA
Cornerstone Auto (cornerstone211.com) Service specials! Oil change/tire rotate \$24.95. 30K service \$229. Brake pad service \$79. C/V axle service \$129. Timing belt service \$249.95. Drop by and say hi! 541-687-6466

DATING SERVICES

TREAT YOURSELF!...To that relaxing, sensual date you've needed. You deserve it. Mood lighting, candles, music, sensuality. Eugene-Coast-Travel. Classy gentlemen only. No blocked calls. Tia 541-216-3360

Karla Smith Karen Fine
541-736-6440 541-556-6374

SMITH & FINE

Real Estate Brokers

541-683-2200
WWW.EQUINOXREALESTATE.COM

Classic Bungalow
\$216,000
541-556-6374

SPECIALIZING IN BUYER REPRESENTATION • WE HAVE ACCESS TO ANY HOME LISTED BY ANY COMPANY

LOU ENGE
Real Estate Broker

GIVING **5%** BACK TO VULNERABLE POPULATIONS

541-729-3707 Lou@EquinoxRealEstate.com

Eugene's Alternative

Locally owned
Consciously operated

AlternativeRealtor.com
588 E 11th Ave. 541.302.5999

Cooper

DESIGN + PHOTOGRAPHY

email: todd@eugeneweekly.com
or call: 541.3372398

your key to positive results

Hannah & Billy Clotere
Direct: (541) 543-9345
HannahSellsHomes.com

BARNHART ASSOCIATES
REAL ESTATE
Licensed in the State of Oregon

SECTION 8 HOUSING CHOICE VOUCHER WAITING LIST TEMPORARILY OPEN

On Monday, April 8, 2013 at 9:00 AM through Monday, April 15, 2013 at 4:00 PM, the Housing And Community Services Agency of Lane County (HACSA) will temporarily open its Section 8 Housing Choice Voucher waiting list to low income families through an on-line (Internet) application process. All pre-applications received during this period will be eligible for a random drawing where 1,000 applications will be selected for the waiting list. No paper applications will be accepted. For additional information and a link to the on-line application, go to our website at www.hacsa.org or call 541-682-7417, for more information.

This is NOT a first come, first served application process, but a chance to participate in a lottery to be selected to be placed on the waiting list.

Si usted desea escuchar esta información en español, por favor llame a la Agencia De Viviendas (Housing Agency) 541-682-2603.

HACSA does not discriminate on the basis of handicapped status in the admission or access to, or treatment or employment in, its federally assisted programs or activities.

Housing And Community Services Agency of Lane County
177 Day Island Road | Eugene | 541-682-3755

EUGENE WEEKLY'S CHOW!

SPRING APRIL 4TH DEADLINE FOR ADVERTISING FRIDAY MARCH 29TH

FOOD CART SPECIAL ADS UPGRADE YOUR LISTINGS

CALL 541-484-0519

FREE WILL ASTROLOGY

BY ROB BREZNY

ARIES (March 21-April 19): I was too lazy to write your horoscope this week, so I went to a website that hawks bumper stickers and copied a few of their slogans to use as your “advice.” Here you go. 1. Never follow a rule off a cliff. 2. Have the courage to honor your peculiarities. 3. It's never too late to have a rebellious adolescence. 4. Criticize by creating. 5. Never make anything simple and efficient when it can be elaborate and wonderful. 6. Complex problems have simple, easy-to-understand, morally clear, wrong answers. APRIL FOOL! I lied. I wasn't lazy at all. I worked hard to ensure that all the suggestions I just provided are in strict accordance with the astrological gestalt.

TAURUS (April 20-May 20): It's a perfect time to watch the cult classic film *Night of the Day of the Dawn of the Son of the Bride of the Return of the Revenge of the Terror of the Attack of the Evil, Mutant, Alien, Flesh Eating, Hellbound, Zombified Living Dead*. It will provide you with just the right inspiration as you deal with your own problems. APRIL FOOL! I lied. Don't you dare watch any horror movies. You're in a phase when you can make dramatic progress in transforming long-standing dilemmas — but only if you surround yourself with positive, uplifting influences.

GEMINI (May 21-June 20): The coming week will be an excellent time to wash dishes, clean bathrooms, scrub floors, vacuum carpets, wash windows, do laundry, and clean the refrigerator. The more drudge work you do, the better you'll feel. APRIL FOOL! I lied. The truth is, you now have astrological license to minimize your participation in boring tasks like the ones I named. It's high time for you to seek out the most interesting work and play possible.

CANCER (June 21-July 22): You know what would be a really cool prank to pull off this April Fool's Day? Arrange to have rubber tires airlifted into a dormant volcano, then set them on fire. Smoke will pour out the top. Everyone who lives nearby will think the volcano is getting ready to explode. Don't forget to videotape the event for Youtube. Later, when you reveal the hoax, your video will go viral and you'll become a celebrity. APRIL FOOL! I don't really think you should try this prank. It's old hat. Back in 1974, a guy named Porky Bickar did it to Alaska's Mount Edgumbe. Here's my real oracle for you: It is a good time to boost your visibility by doing something funny. Or to build your brand by being mischievous. Or to demonstrate your power by showing off your sense of humor.

LEO (July 23-Aug. 22): In the animated TV show *The Simpsons*, 10-year-old Bart is constantly getting into trouble because of the monkey business he loves to perpetrate. His teachers punish him by compelling him to write corrective declarations on the classroom blackboard. It so happens that some of those apologetic statements should be coming out of your mouth in the coming week, Leo. They include the following: “I will not strut around like I own the place. I will not claim that I am deliciously saucy. I will not instigate revolution. I will not trade pants with others. I will not carve gods. I will not Xerox my butt. I will not scream for ice cream.” APRIL FOOL! I lied. The truth is, you SHOULD consider doing things like that. And don't apologize!

VIRGO (Aug. 23-Sept. 22): The sport of ferret legging is an endurance contest. Participants vie to determine who can last longest as a live ferret runs loose inside their pants. The current record is five hours and 26 minutes, held by a retired British miner. But I predict that a Virgo will soon break that mark. Could it be you? APRIL FOOL! I misled you. I don't really think you should put a ferret in your pants, not even to win a contest. It is possible, however, that there will soon be a pleasurable commotion happening in the area below your waist. And I suspect that you will handle it pretty well.

LIBRA (Sept. 23-Oct. 22): Risk being a crazed fool for love, Libra. Get as wild and extreme as you've ever been if it helps you rustle up the closeness you're hungry for. Get down on your knees and beg, or climb a tree with a megaphone and profess your passion. APRIL FOOL! I was exaggerating a little. It's true that now is an excellent time to be aggressive about going after the intimate connection you want. But I suggest you accomplish that by being ingenious and imaginative rather than crazy and extreme.

SCORPIO (Oct. 23-Nov. 21): British comedy team Monty Python did a sketch in which a policeman apprehends a criminal. The bad guy says, “Yes, I did it, but society is to blame.” And the cop says, “Right! We'll arrest them instead.” You should adopt this attitude, Scorpio. Blame everyone else but yourself for your problems and flaws. APRIL FOOL! I lied. In fact, the truth is the opposite of what I said. It's time to take more responsibility for your actions. Bravely accept the consequences of what you've done — with your sense of humor fully engaged and a lot of compassion for yourself.

SAGITTARIUS (Nov. 22-Dec. 21): Banzai skydiving is a step beyond ordinary skydiving. To do it, you hurl your folded-up parachute out of the airplane, wait a while, and then leap into mid-air yourself. If all goes well, you free-fall in the direction of your parachute and catch up to it. Once you grab it, you strap it on and open the chute, ideally before you hit the earth. This is the kind of beyond-ballsy activity that would be perfect for you right now. APRIL FOOL! In truth, I don't recommend banzai skydiving now or ever. Plain old skydiving is fine, though. The same principle applies in relation to any adventurousness you're considering: Push yourself, yes, but not to an absurd degree.

CAPRICORN (Dec. 22-Jan. 19): Should you relocate to Kazakhstan and grow sunflowers? Is it time to think about getting a job in Uruguay and living there for the next 10 years? Can you see yourself building your dream home in Morocco on a bluff overlooking the Atlantic Ocean? I suggest you spend some quality time thinking way, way outside the box about where you belong on this earth. APRIL FOOL! I went a bit overboard in my recommendations. It is true that you should brainstorm about the kind of home you want to create and enjoy in the future. But that probably means revising and refining your current situation rather than leaving it all behind and starting over.

AQUARIUS (Jan. 20-Feb. 18): Your brain has a bigger capacity than you realize. According to professor of psychology Paul Reber, it can hold the equivalent of three million hours' worth of television shows. As I'm sure you know, your brain is not even close to being full of that much data. And in accordance with the current astrological omens, I suggest you cram in as much new material as possible. APRIL FOOL! I told you a half-truth. While it's correct that now is an excellent time to pour more stuff into your brain, you should be highly discerning about what you allow in there. Seek out the richest ideas, the most stimulating information, the best stories. Avoid trivial crap.

PISCES (Feb. 19-March 20): July 2012 was a sad time in the history of mythic creatures. The National Ocean Service, a U.S. government agency, made a formal proclamation that there are no such things as mermaids. But I predict those stuffy know-it-alls will soon get a big shock when a Piscean scientist presents evidence that mermaids are indeed real. APRIL FOOL! I was exaggerating. I don't really foresee the discovery of a flesh-and-blood mermaid — by a Pisces or anyone else. I do, however, suspect that your tribe is now highly adept at extracting useful revelations and inspirations from dreams, visions, and fantasies — including at least one that involves a coven of Buddhist Ninja clown mermaids.

HOMEWORK: What quality or behavior in you would most benefit from healthy self-mocking? Tell how you keep yourself honest. Write Freewillastrology.com.

GO TO REALASTROLOGY.COM

CHECK OUT EXPANDED WEEKLY AUDIO HOROSCOPES AND DAILY TEXT MESSAGE HOROSCOPES. THE AUDIO HOROSCOPES ARE ALSO AVAILABLE BY PHONE AT 1-877-873-4888 [or] 1-900-950-7700



WOMEN SEEKING MEN

HEY MOUNTAINEER!

You're trying to contact me, but you've blocked emails from me, so if you want to talk to me you need to unblock me. **Griselda**, 70

REDHAired COUNTRY GIRL

Interested in traveling, art & music. Dancing is a favorite pastime. Loves a good sense of humor & lots of laughter. **Simply**. **Single**, 62,

POETIC PRAGMATIST

I am a mostly-retired health care professional, attractive, fit, healthy. I was widowed about 3 years ago and am now interested in exploring the world of pal-ship and relationship again. **K Walker**, 65,

POSITIVE, CURIOUS, SECURE

looking for a travel companion and friend who is honest and trustworthy. i'm ready to enjoy life with someone who is fun to be with. healthy food and activities. **razeberry**, 72,

LET'S GO HIKING!

I'm happiest out of doors. Liking my life of creativity and friends, but would sure like to add a honey to the mix. Looking for intelligence, humor, compassion and creativity. **magnolia**, 64,

AT THE BEACH

I run on the beach (weather permitting!) and practice yoga. Singer, songwriter, percussionist, dancer. Seals at sunset, travel and hot springs. The natural world always calls me to return. **yaquinalady**, 61,

MEN SEEKING WOMEN

BABE NEEDS DATE

Bodacious babe looking for prom date. I rock climb and play Ultimate frisbee. I love the out doors, except when its really wet... then I feel pretty miserable :). **hotbabe-james**, 18

HARLEY SEEKING PASSENGER

Harley rider seeking good humored lady passenger that likes to snuggle. I am retired/live alone and life is to short alone. Roddy Run is coming soon, how about you? **Photomusicman**, 69,

GENTLEMAN AT HEART

looking for friends first and then a long time relationship maybe marriage. loves g a m e s , d i f f e r e n t movies,music,reading,helping people,beac hes,camping,exploring,garage sales or flea markets>window shopping,some crafts,learning new things,. **bobobear**, 52,

THERIOGENOLOGIST

Looking for a, mutually, joyous adventure with a healthy optimistic woman who is financially, emotionally and otherwise secure. Are you open to new ideas and like to have fun? **blueboy**, 58

OLDER MALE ANIMAL

Tall handsome friendly funny fun loving looking for a friend to do fun things with walk and talk get to know each other. **HoundDog**, 61,

LOVES THE OUTDOORS

looking for hiking, backpacking friends, with the possibility of romance. I'm 69, in fair health, love to play bass guitar with friends, and participate in causing social change. **Mountaineer**, 70,

HIKING SPRING 2012?

I am 58 5'11" and weigh 160, average looking. Would like to meet someone to get out sometimes for a hike (Mt Pisgah) or bike rides among other things. **Sparky57**, 59

JEANS PARK LOVER

SWM, 49 years of age, 5'6", 195 pounds, brown hair and green eyes. never married, no children. Am looking for SWF's between 21 and 40 for friendship and dating. **tallen-lark63**, 50,

MEN SEEKING MEN

MAPLE, BACON, BROWN

I'm not getting any prettier, nicer, or younger... I WANT MY MAPLE BACON BROWN BOY... Must be able to cook, clean, and follow specific instructions. **mb3**, 43,

JUST FRIENDS

GENTLE 2A FAULT

Looking for a dear friend/travel companion. Love dogs, movies, music, reading, art, camping. Too long a widower now looking to explore the wide world alongside a confident and secure woman. **terrier_fan**, 62,

MATURE EXPERIENCED HEALTHY

Looking for a Friend to smoke with and pleasure once or twice a week to fill your need and your schedule No relationship required one will develop. S0dancing and Gardening. **waiting4u2**, 64

SEARCHING: OUTDOOR GIRL

I love outdoor activities, mountain hiking, mountain biking, cross country skiing and riding my road bike around Eugene, and the bike paths, early in the morning and the late afternoon. **robark**, 81,

I SAW YOU

BOOK GIRL ST.VINNIES

gorgeous girl, putting up books at St.vinnies, off river road. Myself- wearing black benie with little old book, asking for a discount. **When: Tuesday, March 19, 2013. Where: st.vinnies, river road. You: Woman. Me: Man. #902769**

GO BIG.

Camo pants and matching gloves. Snowboarding was good :) found your jacket, shirt and knife? Lets meet up? **When: Sunday, March 24, 2013. Where: Salt creek falls snow park. You: Man. Me: Woman. #902775**

JEAN MARIE

You had short blonde hair (recently died) at Horse Head Friday night. I was the handsome gentleman in the red jacket. I would really enjoy seeing you again **When: Friday, March 22, 2013. Where: Horse Head. You: Woman. Me: Man. #902774**

KURT

Let's hang out. You and your bearded sidekick seem like a lot of fun, I'd hate to let the opportunity fly by. Let us drink and juggle and be merry. **When: Friday, March 22, 2013. Where: JoAnn Fabrics. You: Man. Me: Woman. #902773**

BEAUTIFUL SMILE

seen you around since we both had babies in burlys. You always hiding behind your aviator shades. It was nice to see your eyes and you have a beautiful smile. **When: Friday, March 22, 2013. Where: Morning Glory. You: Woman. Me: Man. #902772**

5 YEARS

Seems to have come early. What I thought was buried was always there. Can't help myself. I'm already underwater. Oh well... Here we go. **When: Friday, March 15, 2013. Where: Everywhere. You: Woman. Me: Man. #902771**

ANGEL EYES,LITTLE CUB

Hello,I thought that you might of forgot that my heart is ur radio,when ur sad ur suppost to turn me up,Miss you Angel Eyes take care. Cam. **When: Friday, January 1, 2010. Where: in my soul. You: Man. Me: Man. #902770**

VACATION IS NEAR

19.981047;155.827551 You would be such a great travel partner. You are truly a remarkable person. Your infectious smile brightens every ones days, making me the luckiest man in the world. **When: Sunday, March 17, 2013. Where: Google the coordinates. You: Woman. Me: Man. #902768**

BARK IN THE PARK

5k RUN & 2K WALK
SUNDAY, MAY 19TH 2013
ALTON BAKER PARK
REGISTER NOW AT: **WWW.GREEN-HILL.ORG**
HELP THE ANIMALS!
FORM A TEAM. GATHER PLEDGES
100% GOES TO CARING FOR HOMELESS PETS
YOU CAN MAKE A DIFFERENCE!



LEGAL NOTICES

place your legal notices in the *Eugene Weekly*
FAST, EFFICIENT SERVICE

call Jayme 541.484.0519 ext 10 | e: legals@eugeneweekly.com | FAX: 541.484.4044

— In-House Notary Public — Eugene Weekly qualifies for posting legal ads —



WOMEN SEEKING MEN

WET AND WILD

Fun and Fucking.... No strings.....loves to play and looking for intense pleasure. Pics upon request! **Hereforyou**, 43

LET'S PLAY!

22 yr old bi curvy lady just looking for some fun. Love cuddles. Love to play. Don't be shy!! **pandagirl**, 22,

WOMEN SEEKING WOMEN

CRAFTY POLY

Crafty Poly Couple wanting more feminine play... **CraftyGirl**, 29,

WOMEN SEEKING ?

DRUNK-ON-LUST OR DEPRIVED-OF-DEPRIVITY

Single college female seeking to indulge her erotic fantasies. Fetish, BDSM, Rope-Bondage, Flagellation, Corsetry, Stockings, Garter-Belts, Burlesque, Toys, Gothic, Industrial Music, Rubber, Latex, PVC, Piercings. Under-appreciated Dolly wants to play... **PiercedPeach**, 35,

THAT'S MZBITCH

Dominant woman interested in submissive man, woman or couple for discrete play. I adore pain sluts but abhor brats. Be real, be truthful, or be on your way. **MzBitch**, 47,

MEN SEEKING WOMEN

SMOOTHCRIMINAL

I'm a devilishly handsome, terribly charming, scary-smart, criminal with more money than friends (the demands of 'work'). You are a beautiful woman w/o a banal bone in her body. **GoodyWuthrie**, 32

EATER BITER HARDER!

Not much to say. I'm good at eating out. **Shady97**, 19

YOU LIKE THATDONTCHA

Jrb lookin 4various fun.. completely straight fun tho of course.. hit me up 4pix/ various fun activities. **Jrb4life420**, 28

TOUCH, LICK, TASTE

Looking for woman with NEEDS who knows she can meet the needs of her man. Discreet encounters or getting to know my way around the right woman. oral giver :). **LovinCup**, 43

BUILTUP PASSIONS DANGER

looking for twice aweek hookups 2-4 hours more if needed not looking for long term your schedule my Skills OMMP Grower my home my fireplace need you free hugs-kisses. **waiting4U**, 64,

FUN PLAYMATE

Hi sweeties. Let's have a hot playdate! Im single, a young 41, tall, fit. I'm down for dancing, bathing, rubbing, licking deep and cuddling your tail :). Fucking too. **Lever**, 41

MEN SEEKING MEN

ASS NEED DICK

Im straight male married that loves to party and bend over for big dick. I have done this before not for a long time though. Has to be very discreet. **intheass69**, 32

CURIOUS

Bi-curious male, clean, fit, seeks beautiful boy for first time encounter. I want to adore your smooth, lean body. A lot to ask for? Of course. **maxd**, 42

COUPLES

POLYAMOROUS, SPIRITUAL, CONVERSATIONAL

New to the Springfield/Eugene area. Looking to meet other poly people and check out the local area. Friendship and possible dating right now, maybe more with the right people. Namaste. **darkorion69**, 38

JUICY ASS,TITS

she's 22 curvy, big ass & big tits. he's 21 slender we want a curvy lady with big tits for 3some. we can host. 420 friendly. pics? **TenaciousKitty**, 23,

SAVAGE LOVE



WORDS OF WISDOM BY DAN SAVAGE

My brother is 22 years old and mentally ill with social anxiety on the scale of agoraphobia (officially diagnosed). He's made significant progress in the past few years, but he's stuck on the fact that he's a virgin and is convinced that he's not going to make any real social progress until that's no longer a fact. His particular problem makes it impossible to reason with him — he's a little Asperger's-y — and he is convinced that he will only be able to pursue a job, have a social life, and tackle other obstacles after he loses his virginity. Financially, it would be easy for me to drive him to Nevada and eliminate the virginity issue. He's asked our mom to do so. My family isn't hung up on "purity" where sex and virginity are concerned, so we're open to this. I don't have any illusions that this will solve his problems, but my mom and I are hopeful that it would eliminate an excuse that's keeping him from taking positive steps forward. Should I offer to take him? Or force him to sort it out on his own despite his crippling social issues?

Socially Interactive Sister

"I want to commend SIS for considering the services of a sex worker in such a positive and non-judgmental way," said Siouxsie Q, a San Francisco-based sex worker and the creator and host of The WhoreCast, a weekly podcast that seeks to humanize people working in the sex industry. "And I want to reassure her that the right provider is out there for her brother."

Some will object to your hiring a sex worker to help your brother out, of course, but you can tell those people to go fuck themselves — or you can tell them to rent The Sessions. In that acclaimed 2012 film, John Hawkes played a poet who is paralyzed from the neck down. Helen Hunt played a sexual surrogate — a clinical/glorified sex worker — that the poet, with the blessing of his priest, hires to take his virginity. No one had a problem with the sex-work aspect of The Sessions because Hawkes's character is so profoundly and obviously disabled that audiences sympathized with his plight. It would be difficult, if not impossible, for him to get laid any other way.

While Hawkes's disability in The Sessions was immediately apparent, SIS, your brother's disability is no less real for being invisible. So I don't see why anyone should object to your brother getting a little professional assistance with his plight.

So hire a sex worker for your brother, SIS, if you think it will help — even if it just eliminates an excuse that's blocking his progress — and there's no need to drive to Nevada. Siouxsie suggests you look for an "experienced" (read: somewhat older) escort with an online presence in your area. A sex worker who's over 25 or 30 and maintains her own website — and has write-ups on escort review sites — is not just far less likely to be trafficked or exploited, she's far more likely to be experienced and patient. She may have even worked with men like your brother before.

"A friend had a client who used her services to 'practice' dating," Siouxsie said. "Over time, the client gained enough confidence to start dating. I hope SIS's brother has a wonderful experience, and that boosts his confidence and helps him move forward in his life, too."

So what do you do once you locate a prospective sex worker in you area?

"Send an e-mail explaining the situation and your brother's special needs," said Siouxsie. "There are sex workers out there who specialize in working with clients with disabilities, and many have experience working with clients who might be very similar to her brother," and with a little searching, you should be able to find one. If the first woman you contact doesn't work with men like your brother, she may be able to refer you to someone who does.

Once you find your local Helen Hunt, SIS, prep your brother for the experience. "Give him a pep talk," said Siouxsie. "Let him know about etiquette and protocol: no haggling, no prying for personal information, his personal hygiene needs to be impeccable, and he should know the basics on protection and STI transmission. Above all, he needs to treat her with respect."

Listen to The WhoreCast at thewhorecast.com. Follow Siouxsie Q on Twitter @WhoreCast.

I'm a straight guy who recently got out of a long-term relationship. Best sex of my life: Physically, she rocked my world. Unfortunately, she rocked my world mentally, too. It was a toxic relationship for both of us, but we couldn't keep our hands off each other. We ended things a few months ago. I finally feel ready to date again, and last week I met this drop-dead gorgeous girl. Intelligent, successful, positive — an unbelievable catch. She even pursued me! But there is just one thing, and it's killing me: She is a skinny girl. In the past, I've always dated women with curves. This girl is gorgeous and athletic but she's also skinny. Am I objectifying women's bodies here? Am I fetishizing curvy girls too much? What is my dick thinking here?

My Dick, My Annoyance

The dick wants what it wants.

That said, MDMA, sometimes the dick wants more than the guy attached to it realizes. You may discover, once you start fucking around with this girl, that your dick must have curves and this girl is just too skinny for you. Or you may discover that you want her so bad — that you're so attracted to her — that your dick can make the leap for her alone, i.e., she's the lone exception to your curvy-girl rule. Or you may discover, as so many men have discovered before you, that your dick wants more than one narrow type. Sometimes it takes meeting someone wonderful who isn't the ideal you've locked onto to realize that your dick was into more than one thing, but your brain — your bigger and more powerful sex organ — was shutting your dick down.

Here's hoping your dick surprises you, MDMA.

I'm a 23-year-old bi female from Vancouver, BC, and I've been heavily sub-identified since I started having sex nine years ago. (Don't worry — the age of consent was 14 then!) But lately, with the helpful guidance of my lovely boyfriend, I've been realizing I have a very pronounced Dom streak. Do you have any pointers on starting out? I read The New Topping Book by Dossie Easton and Janet Hardy, and it was helpful, but I was wondering if you had any tips. I'm pretty uncomfortable topping my boyfriend — he's always been the top, and I'm nervous about doing it wrong.

Another Novice Top

Give yourself permission to do it "wrong," ANT. I don't mean "wrong" in the accidentally-injure-or-kill-the-boyfriend sense of doing BDSM wrong. I mean "wrong" in the go-your-own-way sense. You'll be less nervous about topping if you relax and give yourself permission to be yourself, i.e., nervous and inexperienced, a little awkward in your new role. Remember: You don't have to be the perfect snarling dominatrix the very first time you pick up a crop. You don't have to be a snarling dominatrix ever, ANT, if that's not who you want to be. Check out the wonderful Beyond the Valley of the FemDoms — beyondthevalleyofthefemdoms.tumblr.com — for some insight on being your own dominant woman, not some FemDom porn cliché. Good luck!

FIND THE SAVAGE LOVECAST (MY WEEKLY PODCAST) EVERY TUESDAY AT THESTRANGER.COM/SAVAGE

See
Democracy Now!



www.ctv29.org

Frances 541-510-5773
waxing specialist

there's nothing I can't wax
barebodywaxingstudio.com

SATISFY YOUR FANTASIES!

Sweet ILLUSIONS

NUDE DANCER AUDITIONS

HOURS DAILY NOON TO 2:15 AM CALL 541-517-7196

NO COVER MON/WED \$15 TABLE DANCES NO COVER

1836 S. A STREET • SPRINGFIELD • 541-762-1503

MARCH MADNESS SALE

CLEARANCE BLOW OUT!

50% OFF studio collection

25% OFF Eggs & Rabbits

Adult Shop

290 River Rd | 86784 Franklin Blvd | 720 Garfield

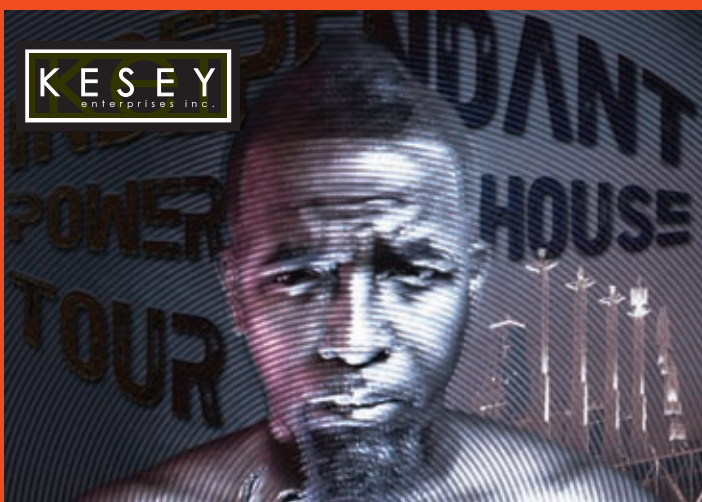
www.e-adultshop.com - 541.636.3203

enter coupon code EW for 20% off all online orders in March

MCDONALD THEATRE

MUSIC
IS BETTER
LIVE

1010 WILLAMETTE STREET • DOWNTOWN EUGENE • MCDONALDTHEATRE.COM



TECH N9NE

WITH BROTHA LYNCH HUNG,
KRIZZ KALIKO, & KUTT CALHOUN

THURSDAY
APR 04

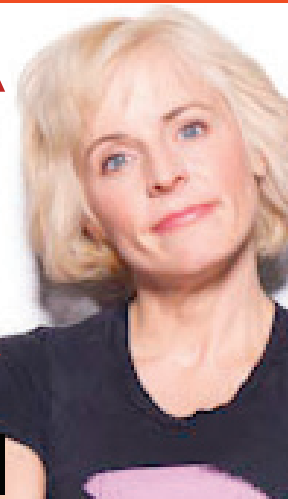
7PM DOORS || 8PM SHOW

MARIA BAMFORD FRIDAY APR 05

7PM DOORS || 8PM SHOW

RESERVED SEATING

ravensflightcreative
productions



JEFF MANGUM WITH GUEST TALL FIRS APR 07

7PM DOORS || 8PM SHOW

WWW.MIKETHRASHERPRESENTS.COM
MIKE THRASHER
PRESENTS



DARK STAR ORCHESTRA CONTINUING THE GRATEFUL DEAD EXPERIENCE

APR 17

7PM DOORS || 8PM SHOW

YONDER MOUNTAIN STRING BAND FRIDAY APR 19 & SATURDAY APR 20

7:30 DOORS || 8:30 SHOW

WITH SPECIAL GUEST
HEAD FOR THE HILLS

KESEY
enterprises inc.



KESEY
enterprises inc.

APR 25

7PM DOORS || 8PM SHOW



* TIX AVAIL. BY CALLING 1-800-992-TIXX.
also avail. at **TicketsWest** (S)SAFEWAY
the EMU or online at mcdonaldtheatre.com



SOJA WITH GUESTS LOS RAKAS & ROOTZ

UNDERGROUND

APR 28

7PM DOORS || 8PM SHOW

KESEY
enterprises inc.

Nancy's
cultured
dairy and soy

EUGENE
weekly

MCDONALD
THEATRE.COM